**EXISTING SYSTEM**

* Fitness seeker has to go the Gym directly and enquire the details.
* Human errors that may occurs during the enquiry process.
* Man power is required and is time consuming.
* Existing System is time consumed
* Chance for manual error
* Existing System is have location constraints
* Chances of security thread and data loss chances are very high

**PROPOSED SYSTEM**

This will be automated and ease the life of fitness seeker by providing the below features

* This system will automatically determine diet plan on base of fitness seeker specifications
* The presented system systematically allow the used to find the fitness trainer
* Existing done the data mine to determine diet plan
* This system will break the time and location constraints