Objective of the project is to create a website will help people to get registered and choose the trainer. In this system there are four entity namely Admin, Member, Trainer and diet plan using AI. Admin can login, Add new members. Admin can also delete the members who left the gym. Admin will add new trainer, Update the information of trainer and delete the trainer. Admin can also modify member’s data and trainers shih.Member can login using credentials and choose trainers they need. Trainer can login and mark the attendance of the members and physical features of members. In diet recommendation we give a diet plan to the members using AI by analyzing their physical features.