

CHAPTER XIII

THE ONE TRAIN ONLY SYSTEM

13.01. Use of the One Train Only System.—

Trains may be worked on the One Train Only System, only on short terminal branches on the single line.

13.02. Essentials of the One Train Only System.—

Where trains are worked on the One Train Only System, only one train shall be on the section on which this system is in force, at one and the same time.

13.03. Authority to enter the section.—

A Loco Pilot shall not take his train into the section unless he is in possession of the authority to proceed as prescribed by special instructions.

S.R.13.03.1.1. A single metal token bearing the following inscription is provided at 'X' station for use as 'Authority to proceed'.

ONE TRAIN ONLY
'X' STATION - 'Y' STATION

S.R.13.03.1.2 The Station Master on duty shall keep the Metal Token locked in the box, specially provided for the purpose, and retain the key of the box in his personal custody.

S.R.13.03.1.3. The Station Master shall not take the Metal Token out of the box, except when it is necessary for handing it over as 'Authority to proceed' to the Loco Pilot of a train ready to enter the section. On receipt of the Metal Token from the Loco Pilot of the train, after completion of the round trip, the Station Master shall immediately secure the token in the box meant for it.

S.R.13.03.1.4 The absence of the Metal Token from the box shall be regarded by the Station Master as an indication that the section is occupied by a train.

S.R.13.03.2.1. The Metal Token constitutes the sole 'Authority to proceed' for a train to work on the section,

S.R.13.03.2.2. The Station Master shall before allowing a train to enter the section, 'set the route, lock the facing points/take 'off' relevant departure signals', then personally hand over the authorized Metal Token to the Loco Pilot of the train, and

S.R.13.03.2.3. The Loco Pilot of the train shall not enter the section until he has authorized Metal Token in his possession.

S.R.13.03.3. The Loco Pilot of the train, on completion of the round trip shall personally hand over the Metal Token to the Station Master.

S.R.13.03.4. The Station Master is also responsible for promptly recovering the Metal Token from the Loco Pilot. He shall satisfy himself that the train has arrived complete and immediately secure the Metal Token in the box meant for it.

S.R.13.03.5. In the event of the Metal Token in normal use being lost or badly damaged requiring replacement, the Emergency Metal Token, bearing the following inscription which is kept in a sealed box in the Duty Station Master's office shall be brought into use:—

EMERGENCY ONE TRAIN ONLY
‘X’ STATION - ‘Y’ STATION

S.R.13.03.5.1. The Station Master alone is authorized, in the exceptional circumstances referred to above, to break the seal and use the Emergency Metal Token for permitting the working of trains on the section.

S.R.13.03.5.2 Whenever the Station Master brings into use the Emergency Metal Token, before breaking the seal of the box, he shall record the fact in the station diary, detailing the circumstances under which the use of Emergency Metal Token was necessary and the time at which the Emergency Metal Token was brought into use. He shall also advise the Traffic Inspector of the section and the Sr.DOM/DOM of the division by a special letter.

S.R.13.03.5.3 Sr.DOM/DOM shall immediately arrange to supply a duplicate Metal Token, (with the following inscription) through the Traffic Inspector of the section:

DUPLICATE ONE TRAIN ONLY
‘X’ STATION - ‘Y’ STATION

S.R.13.03.5.4 The Traffic Inspector shall on receipt of the Duplicate Metal Token, proceed to the station and bring the Duplicate Metal Token into use. (Emergency Metal Token will be locked in the box and sealed). He shall advise the Sr.DOM/DOM of the division. The Station Master shall record the fact in the station diary.

S.R.13.03.5.5. If the original Metal Token, which was lost, is subsequently found, it shall not be handed over as ‘Authority to proceed’ to any Loco Pilot. The Station Master shall immediately return it to the Sr.DOM/DOM of the division, advising the Traffic Inspector of the section.

S.R.13.03.6. The Sr.DOM/DOM shall arrange through the Traffic Inspector of the section to supply a metal token and withdraw duplicate metal token.

13.04. Procedure in case of accident or disablement on the One Train Only System.—

- (1) (a) If the train becomes disabled and requires assistance or if an accident occurs which renders it impossible for the train to proceed, the train shall be protected in accordance with the provisions of Rule 6.03 in the direction from which assistance, if necessary, is being obtained.
- (b) The Guard of the train shall convey advice of the circumstances under which the train has become disabled and is not able to proceed, to the Station Master of the station from which assistance can best be obtained, and if it is necessary for such Guard to proceed to such station, he shall instruct the Loco Pilot in writing to keep the train stationary until his return, and obtain his written acknowledgement.
- (2) (a) Such Station Master, if he is not the Station Master of the base station, shall communicate this information to the Station Master of the base station. On receipt of such information, the Station Master of the base station may allow another engine to enter the line.