

- (f) the actual time of the departure of each train shall at once be intimated to the block station in advance and the actual time of arrival of each train shall at once be intimated to the block station in rear, and**
- (g) the number of following trains running at the same time between any two block stations shall not be more than one for each 5 kilometres of station interval; and unless permitted by special instructions, shall never exceed four, whatever may be the length of the station interval.**

S.R10.03 Passenger trains shall neither follow any train nor be followed by any other train for this purpose. No passenger train shall be allowed to enter a block section on which the Following Trains System has been introduced, unless the block section is clear of all trains. Further, no train shall be allowed to follow a passenger train until it has cleared the line between the two stations.

10.04. Delivery of authority to proceed to Loco Pilot or Guard on the Following Trains System.—

- (1) Every authority to proceed shall be delivered to the Guard or Loco Pilot by the Station Master, or by some railway servant appointed in this behalf under special instructions.**
- (2) When such authority to proceed is delivered to the Loco Pilot under sub-rule (1), a duplicate shall be given to the Guard.**
- (3) When an authority to proceed is delivered to the Guard under sub-rule (1), it shall be either—**
 - (a) handed personally by the Guard to the Loco Pilot; or**
 - (b) countersigned by the Guard and then handed to the Loco Pilot either by the Station Master or by some railway servant appointed in this behalf by special instructions.**
- (4) An authority to proceed shall not be handed to the Loco Pilot under sub-rule (2) or (3) —**
 - (a) until the train is ready to start, and**
 - (b) if the train is waiting to pass another train, until the whole of the latter train has come in and is clear of the running line for the former train.**

10.05. Authority to proceed on the Following Trains System.—

The written authority to proceed for use on the Following Trains System shall be in the following form—