

## CHAPTER - X

### THE FOLLOWING TRAINS SYSTEM

**10.01. Essentials of the Following Trains System.—**

- (1) Where trains are worked on the Following Trains System, they may be despatched from one station to the next, following each other in succession in the same direction on the same line in such manner and at such intervals of time as may be prescribed by special instructions.
- (2) Trains shall not be worked on the Following Trains System unless the Station Master of the block station in advance has exchanged messages regarding his readiness to receive the trains and has, in addition, given his assurance that no train will be allowed to leave his station for the station from which the following trains are to be despatched, until the latter have all arrived at his station and until he has received permission to despatch trains in the opposite direction.

S.R 10.01. This system of working is not in use on this railway. However, this may be introduced in case of emergency when specially ordered by the authorised officer.

**10.02. Report to the Commissioner of Railway Safety.—**

When the Following Trains System is introduced on any portion of a railway under Rule 7.01, a report shall be sent by telegram to the Commissioner of Railway Safety.

**10.03. Conditions to be observed in working trains on the Following Trains System.—**

When the Following Trains System is adopted, the following conditions shall be observed, namely:-

- (a) no train shall start until the Loco Pilot has been given a written authority to proceed in the form prescribed for the purpose and a written acknowledgement thereof has been obtained from him, the trains being stopped for the purpose, if not booked to stop,
- (b) the authority to proceed shall state the station at which the train is next to stop, the speed at which it is to run and the actual time of departure of the preceding train,
- (c) the Loco Pilot and Guard of each preceding train shall have been informed of the fact that a train will follow, and of the probable period which will elapse the following train shall start,
- (d) a train shall not follow another from a station unless there has elapsed since the departure of the previous train, an interval of not less than 15 minutes, or such shorter interval as may be fixed by special instructions,
- (e) all the trains following the first train shall be timed to run at the same speed and such speed shall not exceed 25 kilometres an hour except under special instructions.

- (f) the actual time of the departure of each train shall at once be intimated to the block station in advance and the actual time of arrival of each train shall at once be intimated to the block station in rear, and
- (g) the number of following trains running at the same time between any two block stations shall not be more than one for each 5 kilometres of station interval; and unless permitted by special instructions, shall never exceed four, whatever may be the length of the station interval.

S.R10.03 Passenger trains shall neither follow any train nor be followed by any other train for this purpose. No passenger train shall be allowed to enter a block section on which the Following Trains System has been introduced, unless the block section is clear of all trains. Further, no train shall be allowed to follow a passenger train until it has cleared the line between the two stations.

#### **10.04. Delivery of authority to proceed to Loco Pilot or Guard on the Following Trains System.—**

- (1) Every authority to proceed shall be delivered to the Guard or Loco Pilot by the Station Master, or by some railway servant appointed in this behalf under special instructions.
- (2) When such authority to proceed is delivered to the Loco Pilot under sub-rule (1), a duplicate shall be given to the Guard.
- (3) When an authority to proceed is delivered to the Guard under sub-rule (1), it shall be either—
  - (a) handed personally by the Guard to the Loco Pilot; or
  - (b) countersigned by the Guard and then handed to the Loco Pilot either by the Station Master or by some railway servant appointed in this behalf by special instructions.
- (4) An authority to proceed shall not be handed to the Loco Pilot under sub-rule (2) or (3) —
  - (a) until the train is ready to start, and
  - (b) if the train is waiting to pass another train, until the whole of the latter train has come in and is clear of the running line for the former train.

#### **10.05. Authority to proceed on the Following Trains System.—**

The written authority to proceed for use on the Following Trains System shall be in the following form—