

S. No.Railway
THE FOLLOWING TRAINS SYSTEM	
AUTHORITY TO PROCEED	
UP (OR DOWN)	
Train No	up (or Down) Date
	Time..... Hours Minutes.
Fromstation to.....station.	
To	
Loco Pilot and Guard.	
(1) You are hereby authorised to proceed with your train from..... station to station.	
*(2) Train Noahead of your train left this station athours minutes.	
*(3) Train No..... shall follow your train from this station athoursminutes.	
(4) You are required to observe a speed restriction ofkilometres an hour.	
Signature of Guard atstation	
*Strike out whichever is inapplicable, This ticket shall be given up by the Loco Pilot immediately on arrival to the Station Master or other person authorised to receive it and such person shall immediately cancel it and place it on record.	
Signed Station Master at (Station stamp)	

10.06. Responsibility as to proper preparation of authority to proceed on the Following Trains System.—

- (1) When an authority to proceed is delivered to the Loco Pilot under sub-rule (1) of Rule 10.04, the Station Master shall see-
 - (a) that it is properly filled up in the form prescribed for the purpose, and
 - (b) that it is signed in full and in ink.
- (2) When the authority to proceed is delivered to the Loco Pilot under sub-rule (1) of Rule 10.04, he shall satisfy himself that the authority to proceed delivered to him has been correctly and completely prepared in the form prescribed for the purpose and he shall not proceed with his train until he has done so and the mistake or omission, if any, has been rectified.
- (3) When an authority to proceed is delivered to the Guard of the train under sub-rule (3) of Rule 10.04, he shall, before it is handed to Loco Pilot, satisfy himself similarly.