

# Eric Graf

**4th dan, shido in  
aikido seminar 2016  
18-20 November**



**Sanshinkai Aikido  
Utrecht**

► **Friday evening, 18 Nov.**

**19:30 – 21:30 aikido**

► **Saturday morning, 19 Nov.**

**09:30 – 10:45 aikido,**

**11:00 – 11:30 weapons,**

**11:35 – 12:30 exams**

► **Saturday afternoon, 19 Nov.**

**15:00 – 16:30 aikido,**

**16:30 – 17:00 weapons,**

**17:00 – 17:30 genkikai**

► **Sunday morning, 20 Nov.**

**10:00 – 10:45 weapons,**

**11:00 – 12:30 aikido**

► **4 trainings € 55**

► **3 trainings € 50**

► **2 trainings € 40**

► **1 training € 25**

**€ 10 discount reservation all  
4 trainings before Oct. 29th**

**25% discount students and U-pas**

**Reserve now <http://utrecht.sanshinkai.eu>  
Tamboersdijk 9, Utrecht, free parking**