

# IOT Based Disease Prediction and Diagnosis System for Healthcare

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**Abstract**— IoT plays an important role in Healthcare system. The patients those who are undergoing medical treatment in the hospital are non-ambulatory, and it would be useful for them if there is disease prediction system. IOT is the latest trends used for Healthcare system. IOT device enables users to reduce the health related risks and healthcare costs by collect the patients details and analyses data to sharing data stream using cloud computing. This system to propose a cloud based approach for an automated disease predictive System that uses sensors to measure various parameters of the patient like blood pressure, heart beat rate, and temperature etc. Here, in this project to predict the disease by getting the data from sensors and sends the data through cloud to the doctor. Using this proposal to save the time of both doctor and patient to taking decision for ensuing medical treatment quickly and it access at anytime and anywhere them requisite. The patient can get proper and efficient medical treatment by collecting data through monitor the current status of patient stored by the cloud using IOT.

**Keywords**—Internet of Thing, Arduino, GSM, disease prediction system.

## I. INTRODUCTION

IoT device is the set of smart device that are related to each other and exchange the data through an internet. These techniques used to detect the various healthcare problem, to implement this system, which will be accommodating to detect and predict the multiple diseases. The objective of such a system to quickly predict the disease from the parameters like blood pressure, body temperature and heartbeat rate of patient. Patient data's are collected by blood pressure, Body temperature and heartbeat sensors using wireless communication. It maintains to record the patient's data and to provide emergency alert if necessary, using Internet of Things (IOT); where it allows to store the patient's data on the cloud. Thus the history records of the patient will be helpful for doctors. Therefore, timely intervention make sure positive results of patient.

In the healthcare, data mining plays a vital role for predicting the disease. For recognizing a disease N number of patient's health tests are required. Alternatively the number of tests can be reduced by using data mining technique. Data mining technique is process of selecting, realizing and displaying the enormous amount of data to track in encounter of useful hidden patterns. Predicting the different types of diseases by using Data mining problems are regularly solved by using various types of soft computing, approaches such as machine learning, data visualization and multidimensional databases. IoT disease predictive system concentrating to predict the disease form different tools and processes used for early prediction of various diseases.

In hospitals, where patient detail regularly monitored by observing some important sensor, such as body temperature, heartbeat, and blood pressure that can be done by doctors. Only few systems available clinical data for prediction purposes. They are restricted by large number of association rules that apply. Diagnosis of the condition depends upon the Doctor's intuition and patient's records. By implementing this project we can monitor patients in real-time. In this system ARDUINO acts as a bridge of wireless sensors placed in the patient's body such as blood pressure sensor, temperature sensor, heart beat rate sensor etc., and cloud. Provide disease predictive health monitoring at home, particularly useful for patients, who have to live alone.

## II. PROPOSED SYSTEM

In the Internet of Things devices collect and share data directly with each other, making it possible to datamining technique to collect record and create a new data streams faster with more accurately. This proposes an IoT based disease predict and diagnostic system predict the disease early. Most of the disease affected people die because they do not acquire proper treatment at the correct time. The current health parameters of patients are collected using sensors. Sensor is a device which senses a physiological information which is analyzed and stored then send signals to the controller. Sensors acquire information from human body and reduce the human error. Microcontroller ARDUINO acts as a bridge of wireless sensors further analysed and sent to the cloud for storage.

IoT Healthcare system monitors patient's health status real time patient health condition send continuously to the cloud and cloud stores the patient's information in its server. The goal of the IoT disease predict system is to provide most convenient information to the respective members. The doctor can easily configure the patient's as per updating health status. Thus patients with diseases, can use the system to contact doctor as soon as possible.

Temperature sensor

Temperature sensor is used to detect the resistance of temperature level. LM35 is a precision Integrated Circuit temperature sensor using its output proportional to the temperature (in °C). Its act as thermometer or thermocouples, used to determine the human body temperature. LM35 sensor have 3 pins, ground pin, output voltage pin, supply voltage pin. LM35 is a high output voltage, this voltage directly proportional to temperature of Celsius. Temperature sensor measures temperatures from -55°C to

+150°C range, with the accuracy range  $\pm 0.5^\circ\text{C}$ . The LM35 die's temperature will not be affected by the air temperature, so it provides accurate temperature level of patient.

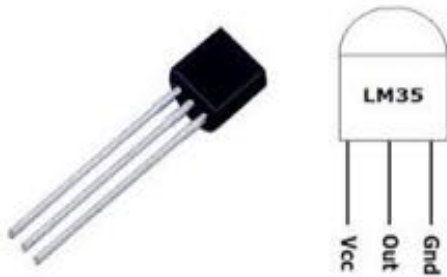


Figure 1. Temperature sensor



Figure 2. Heartbeat sensor

#### Pressure sensor

Pressure sensor used to sense the human body pressure. Pressure sensor are based on the piezo resistive technology. The Blood Pressure sensor is intelligent device which shows systolic, diastolic and pulse readings. These values convert to analog electric signal. By using digital pressure sensors that provide flexibility by eliminating a separate ADC component. These pressure values send to controller. Hypotension and Hypertension disease predicted by patient blood pressure level.

#### Heartbeat sensor

The heartbeat sensor consists of a light emitting diode and photodiode. The LED placed front side of the sensor. Finger placed directly on top of LED. The LED emits the light that will be fall the veins when the heart is pumping, So heart beats monitor by the flow of blood. From received light is evaluated over time to determine heart beats. This heartbeat pulse sensor can operate both at +5V or 3.3V system.

#### Audino

AT mega328 is open source microcontroller. In AT mega328 microcontroller can be program, erase, and reprogrammed easily. Arduino is better than other controller because burn the program only required USB cable. Arduino is known as open source software. There is no requirement for other device to burn code in IC. Operating voltage of Arduino is 5V. It has 14 digital input and output pins, 6 analog input pin. ARDUINO is to control the all device and Input data collect from sensors. In this system ARDUINO acts as a bridge of wireless sensors placed in the patient's body such as blood pressure sensor, temperature sensor, heart beat rate sensor etc., and cloud.

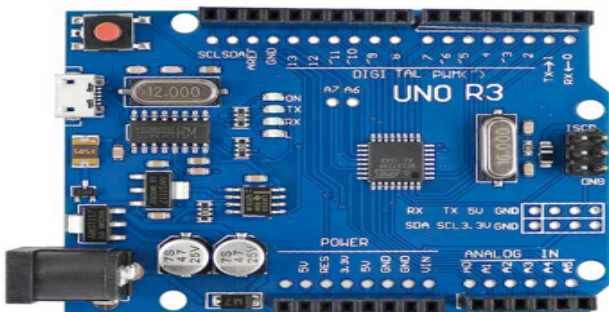


Figure 3. ARDUINO



Figure 4. GSM SIM 800C

#### GSM

GSM is stand Global system for mobile communication; it is used for mobile communication. It transmit mobile data and voice by cellular technology, operates at the frequency 850MHz to max 1900MHz. It have time division multiple access technique. GSM modem is communication device that used to connect the network to computer system or other device. Modem

device connected to the computer through serial or USB cables. It requires a SIM card for accesses the network. A common set of standard AT commands supported by Modem.

SIM800 is quad band of GSM/GPRS module. It supports Bluetooth function, USB interface, PCM/SPI/SD interface and one PWM. It allows one SIM card to interface. Its power supply range 3.4 to 4.4 V so it is Low power consumption device. It used AT command for data stream.

#### LCD

Liquid Crystal Display is used for display the initial project title, temperature, pressure and heartbeat range. It also display the name of the disease. So that LCD used to display both the input data and output data stream. This 2x16 line LED display 16 character in two line. In the 16 packages, 8 pins are data pins connect to Arduino Atmega 328.



Figure 5. LCD (Liquid Crystal Display)

### III. DESIGN METHODOLOGY

In the proposed system, sensor used to detect the health disease prediction and diagnosis system for healthcare. Block diagram is shown in Figure 6 to measure various parameters of the patient like pressure, heartbeat, and temperature using wireless communication. Here, in this project Arduino acts as a bridge which communicates to the sensors placed in the patient's body. These Three wearable sensor nodes are worn by the subject. Sensor1 to sense the heart beat rate. And while Sensor2 is to sense the body temperature measurement and sensor3 is to sense the pressure level of the human body. This corresponding measurement rates to display on LCD.

In this proposed system the health parameters such as temperature, heart beat and pressure are sensed to predict the disease of the patient intelligently. These parameters are predetermined and the sensed parameters from the patient is compared to predict the diseases of the patient. The patient's pressure is sensed and compared and if the pressure is greater than the predetermined value, the patient is said to be HYPERTENSED and if the sensed pressure is below the predetermined value then the patient is said to be HYPOTENSED. If the heart-beat sensed is lesser, then the patient is named as BRADYCARDIAN. If both the sensed temperature and the sensed pressure is higher than the threshold value, then it is determined as CEPHALGIA. If the sensed temperature patient pressure is higher than the threshold value, is alerted as PYREXIA and if all the three parameters which are sensed is between the threshold value, then the patient is said to be healthy. The data are stored in cloud. Hence, the healthcare professional a monitor their patients from a remote location at any time. Our system is simple and patient's data can be easily accessed.

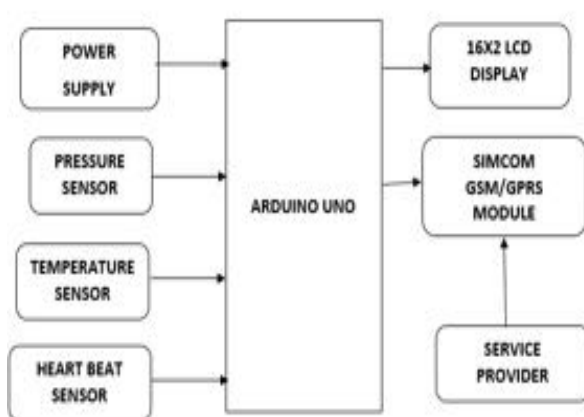


Figure 6. Transmitter section of the proposed system

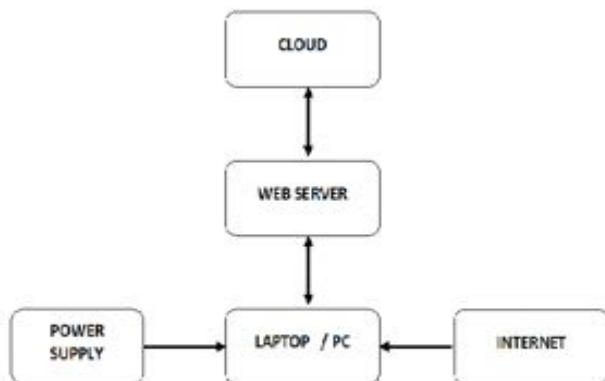


Figure 7. Receiver section

The abnormal rates of data collected from wearable sensor nodes, that process time alert message transmitted to a smart phone. This will be monitored by the subject or a healthcare professional. The patient's status will be recorded and stored on the cloud. A data mining smart phone application is designed to display the sensor nodes data and send emergency notifications. By using this system the healthcare professionals can be monitor, predict, diagnose, and advice their patients any the time.



#### IV. HARDWARE IMPLEMENTATION

Hardware implement of Disease Prediction System predicts the disease respective to patient's body temperature, heartbeat rate, and pressure. The sensors are placed on the patient's body to measure the patient's body temperature, heart rate, Blood Pressure and it send data to ARDUINO controller from that data it predict and diagnosis the disease. In this data stored in cloud via GSM module. It can be monitor anywhere and anytime through internet.

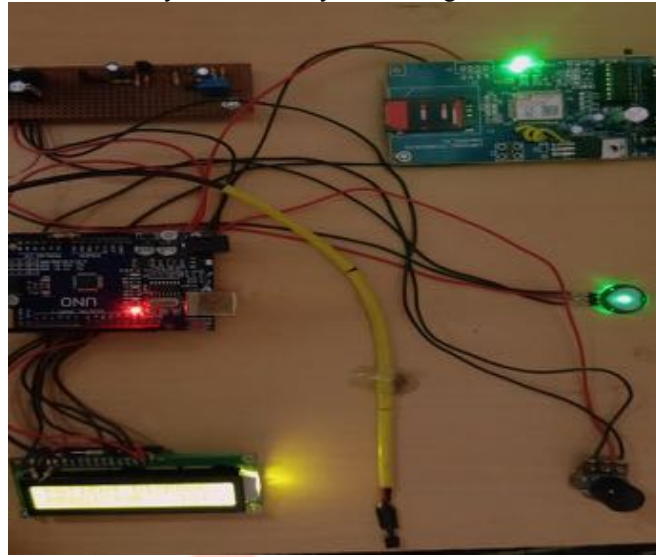


Figure 8. Experimental Setup

#### V. RESULT

The temperature, blood pressure and heartbeat rate sensed by appropriate sensor. If temperature of patient is sense higher than the threshold value, is alerted as PYREXIA it's shown in Figure 9.



Figure 9. Hardware output for Pyrexia

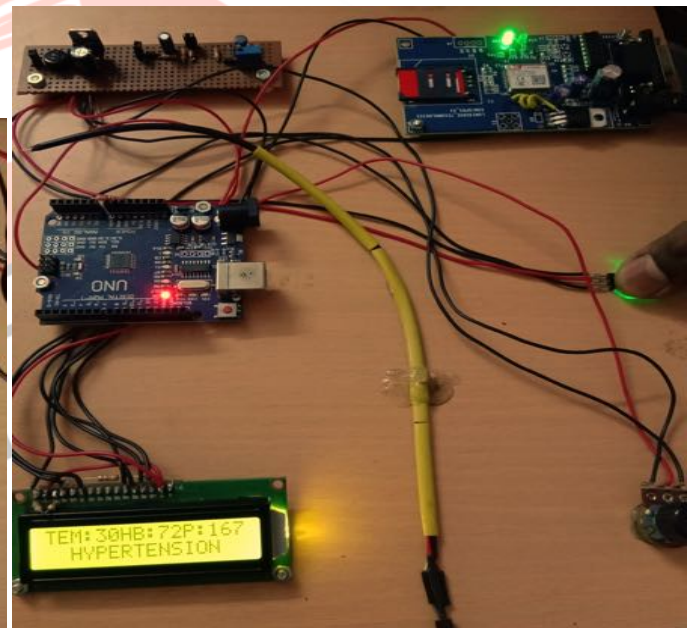
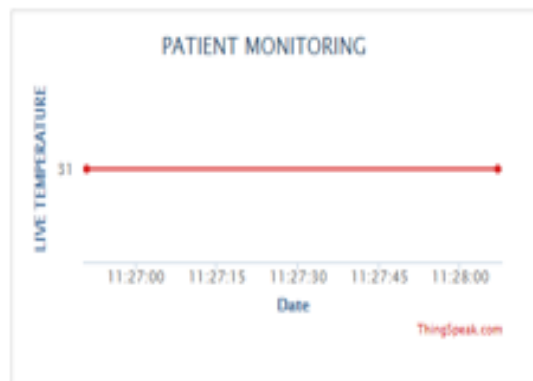


Figure 10. Hardware output of Hypertension for Healthcare

Normal blood pressure is 120 over 80 mm of mercury (mmHg), when blood pressure is exceed then 130 over 80 mmHg it denotes the disease of hypertension shown in Figure 10.

**PATIENT LIVE PRESSURE GRAPH****PATIENT TEMPERATURE GRAPH****INFERENCES**

**INFERENCE 1: TEMPERATURE>50 => PYREXIA ALERT**

**INFERENCE 2: BLOOD PRESSURE>140 => HYPERTENSION ALERT**

**INFERENCE 3: BLOOD PRESSURE<90 => HYPOTENSION ALERT**

**INFERENCE 4: TEMPERATURE>50 AND BLOOD PRESSURE>140 => CEPHALGIA ALERT**

**INFERENCE 5: HEARTBEAT<50 => BRADYCARDIA ALERT**

Figure 11. Displaying the details of patient parameters and inferences in online

From the graph can be observe and analysis the patient parameter when it found that parameter exceed the threshold level it alert the name of diseases which shown in Figure 11.

**VI. CONCLUSION**

By using this system the healthcare professional can be predict and diagnose disease and that useful for further medical treatment. It concludes by IoT Based Disease Prediction and Diagnosis System for Healthcare Using Data Mining Techniques. Patient physical parameters like temperature heartbeat and pressure measured by sensor that can stored in cloud by GSM module. From that doctor can access history of patient detail it will help to provide appropriate medicine. It also provide interactive service to the patient who wants to know about their health illness. Disease predictive system designed by low power consumption and portable for patient. The Future work of the project is automatically predict the disease and also suggest the appropriate medicine by system. To taking the medicine at proper time reduced the problem so established this system by providing the medicine.

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