# Methodology: Al-Powered Fatigue Detection System

#### 1. Data Collection

Capture relevant data from existing hardware and software sources:

#### 1. Cameras:

- Use low-cost or existing cameras (e.g., workplace CCTV, laptop webcams).
- o Capture video at low resolution (e.g., 640x480) to reduce computational load.
- Use libraries for video streaming:
  - OpenCV (for real-time video capture and processing).
  - GStreamer (for handling camera feeds in large systems).

## 2. Desktop Activity:

- o Track typing speed, errors, and mouse movement using:
  - Pynput (Python library for tracking mouse and keyboard activity).
  - PyAutoGUI (for GUI interaction tracking).

#### 3. Optional: Environmental Data:

- Measure ambient light levels from video frames.
- Noise levels using microphones:
  - PyAudio (for capturing and processing audio data).

#### 2. Preprocessing

Process raw input data to make it suitable for Al analysis.

#### 1. Posture Analysis:

- Use **pose estimation** to extract skeletal keypoints from video:
  - MediaPipe (Google's lightweight pose tracking library, fast and effective on low-end systems).
  - OpenPose (for more robust skeletal tracking but requires higher computational resources).

# 2. Eye Gaze and Blink Detection:

- Detect eyes and track blinks using:
  - **Dlib** (for face and eye landmark detection).
  - OpenCV (for image preprocessing, such as grayscale conversion and histogram equalization).

### 3. Task Monitoring Data:

- o Normalize typing speed and mouse movement data:
  - Scale input data using Scikit-learn (for preprocessing functions like MinMaxScaler).
- Smooth data using moving averages to remove noise.

#### 4. Environmental Features:

- Light levels: Compute brightness intensity from video using OpenCV.
- o Noise levels: Convert audio amplitude into a decibel scale with NumPy.

#### 3. Feature Extraction

Extract meaningful features that correlate with fatigue.

#### 1. Posture Features:

- o Extract:
  - Head tilt angle (indicates slouching or nodding off).
  - Spine curvature (slouching posture).
  - Movement frequency (reduced movement as a fatigue sign).
- Tools:
  - NumPy and Pandas (for numerical feature calculations).

## 2. Eye Features:

- Calculate:
  - Blink rate (blinks per minute).
  - Blink duration (average blink time).
  - Gaze deviation (focus vs. wandering).
- Tools:
  - OpenCV for eye bounding box detection.
  - SciPy for temporal feature analysis.

#### 3. Behavioral Features:

- o Analyze:
  - Typing speed variance.
  - Mouse trajectory patterns (straight vs. erratic movement).
- Tools:
  - Matplotlib for visualizing behavioral patterns.

#### 4. Contextual Features:

- Aggregate environmental factors:
  - Low brightness levels as a fatigue indicator.
  - High noise as a stressor.

### 4. Model Training

Use supervised machine learning or deep learning models to classify fatigue levels.

## 1. Data Preparation:

- Create labeled datasets:
  - Simulate fatigue by recording real-world scenarios (e.g., workers under fatigue and normal conditions).
  - Annotate datasets with fatigue levels (low, medium, high).

### 2. Models:

- o Posture and Gesture Recognition:
  - Use Convolutional Neural Networks (CNNs) for image data:
    - MobileNet (lightweight, pre-trained on COCO dataset).
  - Alternatively, use pose-based models like Graph Convolutional Networks (GCNs) for skeletal data.

## Eye Gaze Analysis:

 Use time-series models like LSTMs or GRUs to analyze blink and gaze data over time.

## Behavioral and Contextual Analysis:

Train tree-based models like LightGBM on combined features.

## 3. **Tools**:

- o **TensorFlow** or **PyTorch** for deep learning models.
- o Scikit-learn for traditional machine learning models.

## 5. Integration and Inference

Combine model outputs for a comprehensive fatigue score.

### 1. Multi-Model Fusion:

- o Use an ensemble approach to combine predictions from:
  - Posture model.
  - Eye gaze model.
  - Behavioral model.
- Weight each model's contribution based on validation accuracy.

### 2. Real-Time Inference:

- o Deploy models on lightweight systems:
  - ONNX Runtime (for optimized deep learning model inference).
  - TensorFlow Lite (for mobile or edge device deployment).

### 3. Dashboard and Alerts:

- o Visualize fatigue levels using:
  - Streamlit for building interactive dashboards.
  - Send alerts via notifications or email using SmtpLib.

### 6. Feedback and Recommendations

Provide actionable insights to users or supervisors.

## 1. Feedback:

- o Real-time alerts (e.g., "Take a break!" or "Adjust posture").
- o Weekly summaries of fatigue trends.

### 2. Recommendations:

o Suggest ergonomic interventions, breaks, or workload adjustments.

# 7. Evaluation and Optimization

Assess system performance and improve as needed.

## 1. Metrics:

- $\circ\quad$  Accuracy, precision, recall, and F1-score for model evaluation.
- o Use **TensorBoard** for tracking experiments.

# 2. Deployment Testing:

- o Simulate real-world conditions for validation.
- o Optimize latency and computational efficiency.