

Meals on Wheels

Do you know someone who is having trouble cooking their meals???

**Did they just get home from the hospital or
nursing home?
Are they over 60?**

WE CAN HELP

*If you are over 60, need to stay close to home and
in need of a tasty, nutritious meal at
lunchtime....*

**Please call Carol Espelage at 557-2730 Ext. 402
to see if you or your loved ones qualify**

**We have 200 volunteers who look forward to
seeing you each day!**