

Bedtime Stories for Stressed Out Adults

Tales to Soothe Tired Souls

By Lucy Mangan

1. The Gentle Moon

Once upon a time in a place not far from dreams, the gentle moon became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the gentle moon became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the gentle moon became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Close your eyes, breathe deeply, and let this tale carry you gently into the night.

2. Whispers of the Forest

Once upon a time in a place not far from dreams, whispers of the forest became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, whispers of the forest became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, whispers of the forest became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, whispers of the forest became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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3. The Cloud That Couldn't Sleep

Once upon a time in a place not far from dreams, the cloud that couldn't sleep became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the cloud that couldn't sleep became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the cloud that couldn't sleep became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the cloud that couldn't sleep became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the cloud that couldn't sleep became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

4. Luna and the Star Garden

Once upon a time in a place not far from dreams, luna and the star garden became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, luna and the star garden became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, luna and the star garden became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, luna and the star garden became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

5. The Snoring Cat

Once upon a time in a place not far from dreams, the snoring cat became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the snoring cat became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the snoring cat became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the snoring cat became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, the snoring cat became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

6. The Lighthouse Keeper's Dream

Once upon a time in a place not far from dreams, the lighthouse keeper's dream became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the lighthouse keeper's dream became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the lighthouse keeper's dream became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the lighthouse keeper's dream became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, the lighthouse keeper's dream became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

7. The Meadow of Murmurs

Once upon a time in a place not far from dreams, the meadow of murmurs became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the meadow of murmurs became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the meadow of murmurs became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, the meadow of murmurs became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

8. A Cup of Sleepy Tea

Once upon a time in a place not far from dreams, a cup of sleepy tea became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, a cup of sleepy tea became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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9. Driftwood and Dreams

Once upon a time in a place not far from dreams, driftwood and dreams became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, driftwood and dreams became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

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10. The Sleepy Clock Tower

Once upon a time in a place not far from dreams, the sleepy clock tower became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the sleepy clock tower became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the sleepy clock tower became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

Close your eyes, breathe deeply, and let this tale carry you gently into the night.

Once upon a time in a place not far from dreams, the sleepy clock tower became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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Once upon a time in a place not far from dreams, the sleepy clock tower became the reason even the stars closed their eyes. This story whispers through moonbeams and tucks you in with soft clouds...

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