

❖ from The Second Sex ❖

For a long time I have hesitated to write a book on woman. The subject is irritating, especially to women; and it is not new. Enough ink has been spilled in the quarreling over feminism, now practically over, and perhaps we should say no more about it. It is still talked about, however, for the voluminous nonsense uttered during the last century seems to have done little to illuminate the problem. After all, is there a problem? And if so, what is it? Are there women, really? Most assuredly the theory of the eternal feminine still has its adherents who will whisper in your ear: "Even in Russia women still are *women*"; and other erudite persons—sometimes the very same—say with a sigh: "Woman is losing her way, woman is lost." One wonders if women still exist, if they will always exist, whether or not it is desirable that they should, what place they occupy in this world, what their place should be. "What has become of women?" was asked recently in an ephemeral magazine.

But first we must ask: what is a woman? "*Tota mulier in utero*," says one, "woman is a womb." But in speaking of certain women, connoisseurs declare that they are not women, although they are equipped with a uterus like the rest. All agree in recognizing the fact that females exist in the human species; today as always they make up about one half of humanity. And yet we are told that femininity is in danger; we are exhorted to be women, remain women, become women. It would appear, then, that every female human being is not necessarily a woman; to be so considered she must share in that mysterious and threatened reality known as femininity. Is this attribute something secreted by the ovaries? Or is it a Platonic essence, a product of the philosophic imagination? Is a rustling petticoat enough to bring it down to earth? Although some women try zealously to incarnate this essence, it is hardly patentable. It is frequently described in vague and dazzling terms that seem to have been borrowed from the vocabulary of the seers, and indeed in the times of St. Thomas it was considered an essence as certainly defined as the somniferous virtue of the poppy.

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But conceptualism has lost ground. The biological and social sciences no longer admit the existence of unchangeably fixed entities that determine given characteristics, such as those ascribed to woman, the Jew, or the Negro. Science regards any characteristic as a reaction dependent in part upon a *situation*. If today femininity no longer exists, then it never existed. But does the word *woman*, then, have no specific content? This is stoutly affirmed by those who hold to the philosophy of the enlightenment, or rationalism, of nominalism; women, to them, are merely the human beings arbitrarily designated by the word *woman*. Many American women particularly are prepared to think that there is no longer any place for woman as such; if a backward individual still takes herself for a woman, her friends advise her to be psychoanalyzed and thus get rid of this obsession. In regard to a work, *Modern Woman: The Lost Sex*, which in other respects has its irritating features, Dorothy Parker has written: "I cannot be just to books which treat of woman as woman. . . . My idea is that all of us, men as well as women, should be regarded as human beings." But nominalism is a rather inadequate doctrine, and the antifeminists have had no trouble in showing that women simply *are not* men. Surely woman is, like man, a human being, but such a declaration is abstract. The fact is that every concrete human being is always a singular, separate individual. To decline to accept such notions as the eternal feminine, the black soul, the Jewish character, is not to deny that Jews, Negroes, women exist today—this denial does not represent a liberation for those concerned, but rather a flight from reality. Some years ago, a well-known woman writer refused to permit her portrait to appear in a series of photographs especially devoted to women writers; she wished to be counted among the men. But in order to gain this privilege she made use of her husband's influence! Women who assert that they are men lay claim none the less to masculine consideration and respect. I recall also a young Trotskyite standing on a platform at a boisterous meeting and getting ready to use her fists, in spite of her evident fragility. She was denying her feminine weakness; but it was for love of a militant male whose equal she wished to be. The attitude of defiance of many American women proves that they are haunted by a sense of their femininity. In truth, to go for a walk with one's eyes open is enough to demonstrate that humanity is divided into two classes of individuals whose clothes, faces, bodies, smiles, gaits, interests, and occupations are manifestly different. Perhaps these differences are superficial, perhaps they are

destined to disappear. What is certain is that right now they do most obviously exist.

If her functioning as a female is not enough to define woman, if we decline also to explain her through "the eternal feminine," and if nevertheless we admit, provisionally, that women do exist, then we must face that question: what is a woman?

To state the question is, to me, to suggest, at once, a preliminary answer. The fact that I ask it is in itself significant. A man would never get the notion of writing a book on the peculiar situation of the human male. But if I wish to define myself, I must first of all say: "I am a woman"; on this truth must be based all further discussion. A man never begins by presenting himself as an individual of a certain sex; it goes without saying that he is a man. The terms *masculine* and *feminine* are used symmetrically only as a matter of form, as on legal papers. In actuality the relation of the two sexes is not quite like that of two electrical poles, for man represents both the positive and the neutral, as is indicated by the common use of *man* to designate human beings in general: whereas woman represents only the negative, defined by limiting criteria, without reciprocity. In the midst of an abstract discussion it is vexing to hear a man say: "You think thus and so because you are a woman"; but I know that my only defense is to reply: "I think thus and so because it is true," thereby removing my subjective self from the argument. It would be out of the question to reply: "And you think the contrary because you are a man," for it is understood that the fact of being a man is no peculiarity. A man is in the right in being a man; it is the woman who is in the wrong. It amounts to this: just as for the ancients there was an absolute vertical with reference to which the oblique was defined, so there is an absolute human type, the masculine. Women has ovaries, a uterus, these peculiarities imprison her in her subjectivity, circumscribe her within the limits of her own nature. It is often said that she thinks with her glands: Man superbly ignores the fact that his anatomy also includes glands, such as the testicles, and that they secrete hormones. He thinks of his body as a direct and normal connection with the world, which he believes he apprehends objectively, whereas he regards the body of woman as a hindrance, a prison, weighed down by everything peculiar to it. "The female is a female by virtue of a certain *lack* of qualities," said Aristotle: "we should regard the female nature as afflicted with a natural defectiveness." And St. Thomas for his part pronounced woman to be an "im-

perfect man," an "incidental" being. This is symbolized in Genesis where Eve is depicted as made from what Bossuet called "a supernumerary bone" of Adam.

Thus humanity is male and man defines woman not in herself but as relative to him; she is not regarded as an autonomous being. Michelet writes: "Woman, the relative being. . . ." And Benda is most positive in his *Rapport d'Uriel*: "The body of man makes sense in itself quite apart from that of woman, whereas the latter seems wanting in significance by itself. . . . Man can think of himself without woman. She cannot think of herself without man." And she is simply what man decrees; thus she is called "the sex," by which is meant that she appears essentially to the male as a sexual being. For him she is sex—absolute sex, no less. She is defined and differentiated with reference to man and not he with reference to her; she is the incidental, the inessential as opposed to the essential. He is the Subject, he is the Absolute—she is the Other.

The category of the *Other* is as primordial as consciousness itself. In the most primitive societies, in the most ancient mythologies, one finds the expression of a duality—that of the Self and the Other. This duality was not originally attached to the division of the sexes; it was not dependent upon any empirical facts. It is revealed in such works as that of Granet on Chinese thought and those of Dumézil on the East Indies and Rome. The feminine element was at first no more involved in such pairs as Varuna-Mitra, Uranus-Zeus, Sun-Moon, and Day-Night than it was in the contrasts between Good and Evil, lucky and unlucky auspices, right and left, God and Lucifer. Otherness is a fundamental category of human thought.

Thus it is that no group ever sets itself up as the One without at once setting up the Other over against itself. If three travelers chance to occupy the same compartment, that is enough to make vaguely hostile "others" out of all the rest of the passengers on the train. In small-town eyes all persons not belonging to the village are "strangers" and suspect; to the native of a country all who inhabit other countries are "foreigners"; Jews are "different" for the anti-Semite, Negroes are "inferior" for American racists, aborigines are "natives" for colonists, proletarians are the "lower class" for the privileged.

Lévi-Strauss, at the end of a profound work on the various forms of primitive societies, reaches the following conclusion: "Passage from the state of Nature to the state of Culture is marked by man's ability to view biological relations as a series of contrasts; duality, alterna-

tion, opposition, and symmetry, whether under definite or vague forms, constitute not so much phenomena to be explained as fundamental and immediately given data of social reality." These phenomena would be incomprehensible if in fact human society were simply a *Mitsein* or fellowship based on solidarity and friendliness. Things become clear, on the contrary, if, following Hegel, we find in consciousness itself a fundamental hostility toward every other consciousness; the subject can be posed only in being opposed—he sets himself up as the essential, as opposed to the other, the inessential, the object.

But the other consciousness, the other ego, sets up a reciprocal claim. The native traveling abroad is shocked to find himself in turn regarded as a "stranger" by the natives of neighboring countries. As a matter of fact, wars, festivals, trading, treaties, and contests among tribes, nations, and classes tend to deprive the concept *Other* of its absolute sense and to make manifest its relativity; willy-nilly, individuals and groups are forced to realize the reciprocity of their relations. How is it, then, that this reciprocity has not been recognized between the sexes, that one of the contrasting terms is set up as the sole essential, denying any relativity in regard to its correlative and defining the latter as pure otherness? Why is it that women do not dispute male sovereignty? No subject will readily volunteer to become the object, the inessential; it is not the Other, who, in defining himself as the Other, establishes the One. The Other is posed as such by the One in defining himself as the One. But if the Other is not to regain the status of being the One, he must be submissive enough to accept this alien point of view. Whence comes this submission in the case of woman?

There are, to be sure, other cases in which a certain category has been able to dominate another completely for a time. Very often this privilege depends upon inequality of numbers—the majority imposes its rule upon the minority or persecutes it. But women are not a minority, like the American Negroes or the Jews; there are as many women as men on earth. Again, the two groups concerned have often been originally independent; they may have been formerly unaware of each other's existence, or perhaps they recognized each other's autonomy. But a historical event has resulted in the subjugation of the weaker by the stronger. The scattering of the Jews, the introduction of slavery into America, the conquests of imperialism are examples in point. In these cases the oppressed retained at least the

memory of former days; they possessed in common a past, a tradition, sometimes a religion or a culture.

The parallel drawn by Bebel between women and the proletariat is valid in that neither ever formed a minority or a separate collective unit of mankind. And instead of a single historical event it is in both cases a historical development that explains their status as a class and accounts for the membership of *particular individuals* in that class. But proletarians have not always existed, whereas there have always been women. They are women in virtue of their anatomy and physiology. Throughout history they have always been subordinated to men, and hence their dependency is not the result of a historical event or a social change—it was not something that *occurred*. The reason why otherness in this case seems to be an absolute is in part that it lacks the contingent or incidental nature of historical facts. A condition brought about at a certain time can be abolished at some other time, as the Negroes of Haiti and others have proved; but it might seem that a natural condition is beyond the possibility of change. In truth, however, the nature of things is no more immutably given, once for all, than is historical reality. If woman seems to be the inessential which never becomes the essential, it is because she herself fails to bring about this change. Proletarians say "We"; Negroes also. Regarding themselves as subjects, they transform the bourgeois, the whites, into "others." But women do not say "We," except at some congress of feminists or similar formal demonstration; men say "women," and women use the same word in referring to themselves. They do not authentically assume a subjective attitude. The proletarians have accomplished the revolution in Russia, the Negroes in Haiti, the Indo-Chinese are battling for it in Indo-China; but the women's effort has never been anything more than a symbolic agitation. They have gained only what men have been willing to grant; they have taken nothing, they have only received.

The reason for this is that women lack concrete means for organizing themselves into a unit which can stand face to face with the correlative unit. They have no past, no history, no religion of their own; and they have no such solidarity of work and interest as that of the proletariat. They are not even promiscuously herded together in the way that creates community feeling among the American Negroes, the ghetto Jews, the workers of Saint-Denis, or the factory hands of Renault. They live dispersed among the males, attached through residence, housework, economic condition, and social stand-

ing to certain men—fathers or husbands—more firmly than they are to other women. If they belong to the bourgeoisie, they feel solidarity with men of that class, not with proletarian women; if they are white, their allegiance is to white men, not to Negro women. The proletariat can propose to massacre the ruling class, and a sufficiently fanatical Jew or Negro might dream of getting sole possession of the atomic bomb and making humanity wholly Jewish or black; but woman cannot even dream of exterminating the males. The bond that unites her to her oppressors is not comparable to any other. The division of the sexes is a biological fact, not an event in human history. Male and female stand opposed within a primordial *Mitsein*, and woman has not broken it. The couple is a fundamental unity with its two halves riveted together, and the cleavage of society along the line of sex is impossible. Here is to be found the basic trait of woman: she is the Other in a totality of which the two components are necessary to one another.

... it is doubtless impossible to approach any human problem with a mind free from bias. The way in which questions are put, the points of view assumed, presuppose a relativity of interest, all characteristics imply values, and every objective description, so called, implies an ethical background. Rather than attempt to conceal principles more or less definitely implied, it is better to state them openly at the beginning. This will make it unnecessary to specify on every page in just what sense one uses such words as *superior*, *inferior*, *better*, *worse*, *progress*, *reaction*, and the like. If we survey some of the works on women, we note that one of the points of view most frequently adopted is that of the public good, the general interest; and one always means by this the benefit of society as one wishes it to be maintained or established. For our part, we hold that the only public good is that which assures the private good of the citizens; we shall pass judgment on institutions according to their effectiveness in giving concrete opportunities to individuals. But we do not confuse the idea of private interest with that of happiness, although that is another common point of view. Are not women of the harem more happy than women voters? Is not the housekeeper happier than the working-woman? It is not too clear just what the word *happy* really means and still less what true values it may mask. There is no possibility of measuring the happiness of others, and it is always easy to describe as happy the situation in which one wishes to place them.

In particular those who are condemned to stagnation are often pronounced happy on the pretext that happiness consists in being at rest. This notion we reject, for our perspective is that of existentialist ethics. Every subject plays his part as such specifically through exploits or projects that serve as a mode of transcendence, he achieves liberty only through a continual reaching out toward other liberties. There is no justification for present existence other than its expansion into an indefinitely open future. Every time transcendence falls back into immanence, stagnation, there is a degradation of existence into the "*en-soi*"—the brutish life of subjection to given conditions—and of liberty into constraint and contingency. This downfall represents a moral fault if the subject consents to it: if it is inflicted upon him, it spells frustration and oppression. In both cases it is an absolute evil. Every individual concerned to justify his existence feels that his existence involves an undefined need to transcend himself, to engage in freely chosen projects.

Now, what peculiarly signalizes the situation of woman is that she—a free and autonomous being like all human creatures—nevertheless finds herself living in a world where men compel her to assume the status of the Other. They propose to stabilize her as object and to doom her to immanence since her transcendence is to be overshadowed and forever transcended by another ego (*conscience*) which is essential and sovereign. The drama of woman lies in this conflict between the fundamental aspirations of every subject (ego)—who always regards the self as the essential—and the compulsions of a situation in which she is the inessential. How can a human being in woman's situation attain fulfillment? What roads are open to her? Which are blocked? How can independence be recovered in a state of dependency? What circumstances limit woman's liberty and how can they be overcome? These are the fundamental questions on which I would fain throw some light. This means that I am interested in the fortunes of the individual as defined not in terms of happiness but in terms of liberty.

A world where men and women would be equal is easy to visualize, for that precisely is what the Soviet Revolution *promised*: women raised and trained exactly like men were to work under the same conditions and for the same wages. Erotic liberty was to be recognized by custom, but the sexual act was not to be considered a "service" to be paid for; woman was to be *obliged* to provide herself

with other ways of earning a living; marriage was to be based on a free agreement that the spouses could break at will; maternity was to be voluntary, which meant that contraception and abortion were to be authorized and that, on the other hand, all mothers and their children were to have exactly the same rights, in or out of marriage; pregnancy leaves were to be paid for by the State, which would assume charge of the children, signifying not that they would be *taken away* from their parents, but that they would not be *abandoned* to them.

But is it enough to change laws, institutions, customs, public opinion, and the whole social context, for men and women to become truly equal? "Women will always be women," say the skeptics. Other seers prophesy that in casting off their femininity they will not succeed in changing themselves into men and they will become monsters. This would be to admit that the woman of today is a creation of nature; it must be repeated once more that in human society nothing is natural and that woman, like much else, is a product elaborated by civilization. The intervention of others in her destiny is fundamental: if this action took a different direction, it would produce a quite different result. Woman is determined not by her hormones or by mysterious instincts, but by the manner in which her body and her relation to the world are modified through the action of others than herself. The abyss that separates the adolescent boy and girl has been deliberately opened out between them since earliest childhood; later on, woman could not be other than what she *was made*, and that past was bound to shadow her for life. If we appreciate its influence, we see clearly that her destiny is not predetermined for all eternity.

We must not believe, certainly, that a change in woman's economic condition alone is enough to transform her, though this factor has been and remains the basic factor in her evolution; but until it has brought about the moral, social, cultural, and other consequences that it promises and requires, the new woman cannot appear. At this moment they have been realized nowhere, in Russia no more than in France or the United States, and this explains why the woman of today is torn between the past and the future. She appears most often as a "true woman" disguised as a man, and she feels herself as ill at ease in her flesh as in her masculine garb. She must shed her old skin and cut her own new clothes. This she could do only through a social evolution. No single educator could fashion a *female*

human being today who would be the exact homologue of the *male human being*; if she is raised like a boy, the young girl feels she is an oddity and thereby she is given a new kind of sex specification. Stendhal understood this when he said: "The forest must be planted all at once." But if we imagine, on the contrary, a society in which the equality of the sexes would be concretely realized, this equality would find new expression in each individual.

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As a matter of fact, man, like woman, is flesh, therefore passive, the plaything of his hormones and of the species, the restless prey of his desires. And she, like him, in the midst of the carnal fever, is a consenting, a voluntary gift, an activity; they live out in their several fashions the strange ambiguity of existence made body. In those combats where they think they confront one another, it is really against the self that each one struggles, projecting into the partner that part of the self which is repudiated; instead of living out the ambiguities of their situation, each tries to make the other bear the abjection and tries to reserve the honor for the self. If, however, both should assume the ambiguity with a clear-sighted modesty, correlative of an authentic pride, they would see each other as equals and would live out their erotic drama in amity. The fact that we are human beings is infinitely more important than all the peculiarities that distinguish human beings from one another; it is never the given that confers superiorities: "virtue," as the ancients called it, is defined at the level of "that which depends on us." In both sexes is played out the same drama of the flesh and the spirit, of finitude and transcendence; both are gnawed away by time and laid in wait for by death, they have the same essential need for one another; and they can gain from their liberty the same glory. If they were to taste it, they would no longer be tempted to dispute fallacious privileges, and fraternity between them could then come into existence.

I shall be told that all this is utopian fancy, because woman cannot be "made over" unless society has first made her really the equal of man. Conservatives have never failed in such circumstances to refer to that vicious circle; history, however, does not revolve. If a caste is kept in a state of inferiority, no doubt it remains inferior; but liberty can break the circle. Let the Negroes vote and they become worthy of having the vote; let woman be given responsibilities and she is able to assume them. The fact is that oppressors cannot be ex-

pected to make a move of gratuitous generosity; but at one time the revolt of the oppressed, at another time even the very evolution of the privileged caste itself, creates new situations; thus men have been led, in their own interest, to give partial emancipation to women: it remains only for women to continue their ascent, and the successes they are obtaining are an encouragement for them to do so. It seems almost certain that sooner or later they will arrive at complete economic and social equality, which will bring about an inner metamorphosis.

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To begin with, there will always be certain differences between man and woman; her eroticism, and therefore her sexual world, have a special form of their own and therefore cannot fail to engender a sensuality, a sensitivity, of a special nature. This means that her relations to her own body, to that of the male, to the child, will never be identical with those the male bears to his own body, to that of the female and to the child; those who make much of "equality in difference" could not with good grace refuse to grant me the possible existence of differences in equality. Then again, it is institutions that create uniformity. Young and pretty, the slaves of the harem are always the same in the sultan's embrace; Christianity gave eroticism its savor of sin and legend when it endowed the human female with a soul; if society restores her sovereign individuality to woman, it will not thereby destroy the power of love's embrace to move the heart.

It is nonsense to assert that revelry, vice, ecstasy, passion, would become impossible if man and woman were equal in concrete matters; the contradictions that put the flesh in opposition to the spirit, the instant to time, the swoon of immanence to the challenge of transcendence, the absolute of pleasure to the nothingness of forgetting, will never be resolved; in sexuality will always be materialized the tension, the anguish, the joy, the frustration, and the triumph of existence. To emancipate woman is to refuse to confine her to the relations she bears to man, not to deny them to her; let her have her independent existence and she will continue none the less to exist for him *also*: mutually recognizing each other as subject, each will yet remain for the other an *other*. The reciprocity of their relations will not do away with the miracles—desire, possession, love, dream, adventure—worked by the division of human beings into two separate

categories; and the words that move us—giving, conquering, uniting—will not lose their meaning. On the contrary, when we abolish the slavery of half of humanity, together with the whole system of hypocrisy that it implies, then the "division" of humanity will reveal its genuine significance and the human couple will find its true form. "The direct, natural, necessary relation of human creatures is the *relation of man to woman*," Marx has said.¹ "The nature of this relation determines to what point man himself is to be considered as a *generic being*, as mankind; the relation of man to woman is the most natural relation of human being to human being. By it is shown, therefore, to what point the *natural* behavior of man has become *human* or to what point the *human* being has become his *natural* being, to what point his *human nature* has become his *nature*."

The case could not be better stated. It is for man to establish the reign of liberty in the midst of the world of the given. To gain the supreme victory, it is necessary, for one thing, that by and through their natural differentiation men and women unequivocally affirm their brotherhood.

¹ *Philosophical Works*, Vol. VI (Marx's italics).