



## Why Password Security Matters

**Passwords are the first line of defense to protect your personal information and accounts.** Weak or reused passwords make it easy for hackers to gain access to your data, potentially leading to identity theft, financial loss, or unauthorized use.

## Creating Strong Passwords

- At least 12 characters long
- A mix of uppercase and lowercase letters
- Include numbers and special characters
- Not based on personal info like birthdays, names or part of your email address

## Password Pitfalls to Avoid

- Using the same password on multiple sites
- Using simple or easy to guess passwords (e.g., "yourname123")
- Writing the passwords down in places where others can find them
- Sharing passwords with others

## Password Managers

Password managers help you create, store, and autofill complex passwords securely so you don't have to remember them all.

### Pros:

- Generate and store strong, unique passwords automatically
- Simplify login by autofilling credentials securely
- Sync passwords across multiple devices for easy access
- Help protect against password reuse and weak passwords

### Cons:

- If the master password is compromised, all stored passwords are at risk
- It can be difficult to set up for new users
- Dependence on the software means technical issues can block access
- Although encrypted, password managers are still a potential target for hackers

**Most common password managers:** [Bitwarden](#)    [1Password](#)    [NordPass](#)

**Check your password:** [Kaspersky](#)

**Note:** When inputting your password, change just one or two characters as a recommendation, never put your actual password. Remember, it is better to be safe.

**Reminder:** While password managers can enhance your security, **it is your responsibility to research and choose** a trusted and reputable password manager that fits your needs. We do not endorse or recommend any specific product, and encourage you to consider the features, privacy policies, and security practices before use.