

What is Phishing?

Phishing is a type of cyberattack where criminals send fake emails or messages pretending to be from trusted sources. Their goal? To trick you into revealing sensitive information like passwords, bank details, or to get you to click on harmful links.

How to Identify Phishing Emails

- Suspicious sender addresses (like random numbers or misspelled domains)
- Urgent or threatening language ("Your account will be closed!")
- Poor spelling and grammar (nowadays these errors can be subtle or non-existent)
- Unexpected attachments or links
- Requests for personal or financial information (or other out of the ordinary requests)

Best Practices

- Always verify the sender's email address carefully
- Don't click on links or open attachments from unknown or suspicious emails
- Use multi-factor authentication (MFA) for important accounts
- Report phishing emails to your IT department or email provider
- Keep your software and antivirus updated