KNN MODEL

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Practice on Predictive Analytics of Health Indicators and Diabetes

Introduction

In this practice, a predictive analysis on health indicators and diabetes is performed using the k-Nearest Neighbors (KNN) algorithm. The objective is to understand the relationship between various health indicators and the presence of diabetes. A detailed data exploration is carried out, the data is prepared for machine learning and a KNN model is trained to make predictions. The code is explained part by part below.

Part 1: Exploration and Data Manipulation

```
library(tidyverse)
## -- Attaching core tidyverse packages ----- tidyverse 2.0.0 --
## v dplyr
              1.1.2
                        v readr
                                     2.1.4
## v forcats
              1.0.0
                        v stringr
                                     1.5.0
## v ggplot2
              3.4.3
                        v tibble
                                     3.2.1
## v lubridate 1.9.2
                                     1.3.0
                        v tidyr
## v purrr
               1.0.1
## -- Conflicts ----- tidyverse_conflicts() --
## x dplyr::filter() masks stats::filter()
## x dplyr::lag()
                    masks stats::lag()
## i Use the conflicted package (<a href="http://conflicted.r-lib.org/">http://conflicted.r-lib.org/</a>) to force all conflicts to become error
library(caret)
## Loading required package: lattice
##
## Attaching package: 'caret'
## The following object is masked from 'package:purrr':
##
##
       lift
library(MASS)
```

```
##
## Attaching package: 'MASS'
##
## The following object is masked from 'package:dplyr':
##
##
       select
library(glmnet)
## Loading required package: Matrix
##
## Attaching package: 'Matrix'
##
## The following objects are masked from 'package:tidyr':
##
##
       expand, pack, unpack
##
## Loaded glmnet 4.1-8
library(boot)
##
## Attaching package: 'boot'
##
## The following object is masked from 'package:lattice':
##
##
       melanoma
```

- install.packages(c("caret", "MASS", "glmnet", "boot")) installs the specified R packages if they are not already installed. These packages are essential for various data analysis tasks.
- library(tidyverse) loads the tidyverse package, which is a collection of R packages designed for data manipulation and visualization. It includes packages like ggplot2 and dplyr.
- library(caret), library(MASS), library(glmnet), and library(boot) load the respective packages into the R environment. These packages are used for machine learning, statistical modeling, and bootstrapping techniques.

Reading the Dataset:

```
data <- read.csv("diabetes_012_health_indicators_BRFSS2015.csv")</pre>
```

read.csv("diabetes_012_health_indicators_BRFSS2015.csv") reads the CSV (Comma-Separated Values) file named "diabetes_012_health_indicators_BRFSS2015.csv" into an R dataframe named data. This dataset likely contains health-related indicators, possibly including information related to diabetes, which will be used for further analysis in the subsequent parts of the code

Part 2: Data Sampling and Preparation

1. Setting Seed and Sampling Data:

```
set.seed(123)
sampled_data <- data %>% sample_frac(0.01)
```

- set.seed(123): Sets the random seed to 123. This ensures that if you run the code again, you will get the same random results. It's useful for reproducibility in data analysis.
- data %>% sample_frac(0.01): Takes a random 1% sample of the original dataset (data). The %>% operator, also known as the pipe operator, is used here to pipe the output of the previous command (data) into the sample_frac function, which then samples 1% of the data.

2. Creating Binary Diabetes Labels:

```
sampled_data$DiabetesBinary <- make.names(factor(ifelse(sampled_data$Diabetes_012 > 0, 1, 0)))
sampled_data$DiabetesBinary <- factor(sampled_data$DiabetesBinary, levels = c("X0", "X1"))</pre>
```

- make.names(factor(ifelse(sampled_data\$Diabetes_012 > 0, 1, 0))): Converts the numeric variable Diabetes_012 into a binary factor variable. If Diabetes_012 is greater than 0, it's set to 1, otherwise 0. factor converts these numeric values into factors.
- sampled_data\$DiabetesBinary <- factor(...): Assigns the resulting factors to a new column called DiabetesBinary in the sampled_data dataframe.
- factor(..., levels = c("X0", "X1")): Specifies the levels of the factor. Here, "X0" represents the absence of diabetes (when Diabetes_012 is 0) and "X1" represents the presence of diabetes (when Diabetes_012 is greater than 0).

3. Creating Subsets:

```
sampled_data_bmi <- sampled_data
sampled_data_menthlth <- sampled_data
sampled_data_physhtlth <- sampled_data</pre>
```

These lines create three new dataframes (sampled_data_bmi, sampled_data_menthlth, and sampled_data_physhtlth), each containing the same data as sampled_data. These subsets are likely created to perform specific analyses or modeling tasks on different health indicators while keeping the original sampled data intact for reference.

Part 3: K-Nearest Neighbors (KNN) Classification

1. Setting Seed and Creating Training and Test Sets:

```
set.seed(123)
train_index <- createDataPartition(sampled_data$DiabetesBinary, p = 0.8, list = FALSE, times = 1)
train_data <- sampled_data[train_index, ]
test_data <- sampled_data[-train_index, ]</pre>
```

- set.seed(123): Sets the random seed to 123 for reproducibility.
- createDataPartition(sampled_data\$DiabetesBinary, p = 0.8, list = FALSE, times = 1): Splits the sampled_data into training and test sets. 80% of the data is used for training (train_data), and 20% is used for testing (test_data). The indices for the training set are stored in train_index.

2. Setting up Control Parameters for KNN Model:

```
sampled_data_bmi <- sampled_data
sampled_data_menthlth <- sampled_data
sampled_data_physhtlth <- sampled_data
ctrl <- trainControl(method = "cv", number = 10, classProbs = TRUE, summaryFunction = twoClassSummary)</pre>
```

trainControl(...): Configures the control parameters for the model training process. In this case, 10-fold cross-validation (method = "cv") is used with class probabilities enabled (classProbs = TRUE). The twoClassSummary function is specified for summarizing the results for binary classification.

3. Training and Evaluating K-Nearest Neighbors (KNN) Model:

```
set.seed(20)
knn_model <- train(DiabetesBinary ~ ., data = train_data, method = "knn", trControl = ctrl, tuneLength
## Warning in train.default(x, y, weights = w, ...): The metric "Accuracy" was not
## in the result set. ROC will be used instead.
predictions_knn <- predict(knn_model, newdata = test_data)</pre>
confusionMatrix(predictions_knn, test_data$DiabetesBinary)
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction XO X1
           X0 425 51
##
##
           Х1
                3 27
##
##
                  Accuracy : 0.8933
##
                    95% CI: (0.8631, 0.9188)
##
       No Information Rate: 0.8458
       P-Value [Acc > NIR] : 0.00128
##
##
##
                     Kappa: 0.4532
##
##
   Mcnemar's Test P-Value: 1.596e-10
##
               Sensitivity: 0.9930
##
               Specificity: 0.3462
##
##
            Pos Pred Value: 0.8929
##
            Neg Pred Value: 0.9000
```

Prevalence: 0.8458

##

```
## Detection Rate : 0.8399
## Detection Prevalence : 0.9407
## Balanced Accuracy : 0.6696
##
## 'Positive' Class : X0
##
```

- set.seed(20): Sets a different random seed (20) for the KNN model training process.
- train(...): Trains the KNN model. DiabetesBinary ~ . indicates that the column DiabetesBinary is the target variable, and all other columns are used as features. The training data is train_data, and the control parameters are specified by trControl.
- predict(...): Uses the trained knn_model to make predictions on the test data (test_data).
- confusionMatrix(...): Computes the confusion matrix to evaluate the performance of the KNN model by comparing the predicted values (predictions_knn) with the actual values (test_data\$DiabetesBinary).

```
print(knn_model)
```

```
## k-Nearest Neighbors
##
## 2031 samples
##
     22 predictor
##
      2 classes: 'X0', 'X1'
##
## No pre-processing
## Resampling: Cross-Validated (10 fold)
## Summary of sample sizes: 1827, 1828, 1827, 1828, 1827, 1829, ...
  Resampling results across tuning parameters:
##
##
        ROC
     k
                    Sens
                               Spec
##
     5
        0.9039012 0.9802020
                               0.4092742
        0.9157860 0.9854413
##
                              0.3492944
##
     9
        0.9157347
                   0.9871855
                              0.3146169
##
     11 0.9193260
                   0.9912621
                               0.2608871
##
     13 0.9163338 0.9935979 0.2262097
##
     15 0.9110241 0.9935945 0.1881048
##
     17
        0.9150622
                   0.9970862
                              0.1719758
##
     19
       0.9159526 0.9959200 0.1559476
##
     21 0.9106427 0.9959200 0.1335685
##
     23 0.9108658 0.9976676 0.1114919
##
## ROC was used to select the optimal model using the largest value.
## The final value used for the model was k = 11.
```

knn_model

```
## k-Nearest Neighbors
##
## 2031 samples
## 22 predictor
```

```
##
      2 classes: 'XO', 'X1'
##
## No pre-processing
## Resampling: Cross-Validated (10 fold)
## Summary of sample sizes: 1827, 1828, 1827, 1828, 1827, 1829, ...
## Resampling results across tuning parameters:
##
##
     k
         ROC
                    Sens
                               Spec
##
     5
        0.9039012
                    0.9802020
                               0.4092742
##
     7
        0.9157860
                    0.9854413
                               0.3492944
##
        0.9157347
                    0.9871855
                               0.3146169
        0.9193260
##
     11
                    0.9912621
                               0.2608871
##
     13 0.9163338 0.9935979
                               0.2262097
        0.9110241 0.9935945 0.1881048
##
     15
##
                    0.9970862
                               0.1719758
     17
        0.9150622
##
     19
        0.9159526
                    0.9959200
                               0.1559476
##
     21
        0.9106427
                    0.9959200
                               0.1335685
##
        0.9108658
                    0.9976676
                              0.1114919
##
## ROC was used to select the optimal model using the largest value.
## The final value used for the model was k = 11.
```

print(knn_model): This line of code prints the details of the knn_model, which was trained using the train function. When you print a trained model in R, it shows various information about the model, including its parameters, training performance, and tuning results (if applicable). This information is crucial for understanding the characteristics of the trained model.

Part 4: Linear and Multilinear Regression

1. Linear Regression Model for BMI:

```
model_bmi <- lm(BMI ~ ., data = sampled_data_bmi)</pre>
```

• lm(BMI ~ ., data = sampled_data_bmi): Fits a linear regression model where BMI is the dependent variable, and . represents that all other columns in the sampled_data_bmi dataframe are used as independent variables. This means the model is trying to predict BMI based on other available variables in the dataset.

2. Cross-Validation for the BMI Regression Model:

```
cv_results_bmi <- cv.glm(data = sampled_data_bmi, glmfit = model_bmi, K = 10)</pre>
```

cv.glm(data = sampled_data_bmi, glmfit = model_bmi, K = 10): Performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model_bmi) on the data in sampled_data_bmi. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves dividing the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each of the folds used exactly once as the validation data.

3. Printing Cross-Validation Results:

print(cv_results_bmi) ## \$call cv.glm(data = sampled data bmi, glmfit = model bmi, K = 10) ## ## \$K ## [1] 10 ## ## \$delta ## [1] NaN NaN ## ## \$seed ## [1] 288629443 841063122 2108107620 1319689895 10403 [7] 1124255741 -1916009996 -1369100582 126868799 ## -372076507 2139108038 1380663697 ## [13] 1799511888 -1857306765 660968384 -1769081442 1508296553 ## [19] -1732164709 -426792278 1191347404 375635343 1324292549 1724341628 ## [25] 1285618376 1174234578 1517904205 802890759 -146189330 1266070987 ## [31] -986189783 -1142548872 698135462 564008385 -475090349 1291958530 ## [37] 68857908 -1225209417 2119179693 433354436 -577414422 721526101 ## [43] -757050641 1987293430 -1512222688 -1032932893 2025640577 1835220208 ## [49] 1720578958 1961643257 546076299 -462125382 493488572 1565817599 ## [55] -1518682539 -546780820 -573089342 259936797 -131544425 1812202494 ## [61] 1939070904 -194817125 -1871185415 8522056 -478464906 -1395203663 ## [67] -685682717 1460718770 -964919036 457599559 -1960932067 -109855852 ## [73] -976097478 -1387654267 -1891137441 -1151354138 -1788296848 -1674360173 ## [79] 143520561 105624032 1416218238 -1077891831 996507451 -206629110 ## [85] -803272980 1426322287 -734427995 729757276 285359666 421600557 ## [91] 1236110311 -289641714 1953434856 -313383189 -824686711 -1711246568 [97] -713308602 -2037557599 -1361594061 ## 198088866 1587222420 -49891817 ## [103] -1992269299 -1266125020 1597977354 2035334773 863239631 -1935137066 258329646 [109] -1665815936 1243026627 1075827297 -293492016 -380100135 ## [115] 384351723 -1346447270 -896443876 1578253087 -809832587 -724552180 ## [121] -1498976286 38868157 769725239 -1916503074 1948399896 -998044549 ## 1189501014 1500558545 [127] -924569063 -1858817368 542232707 -677125358 Γ1337 1550808740 1827545703 2031860669 -311085772 -619606374 691215589 [139] -150741377 -692811770 1668492176 -1860045261 708273617 1448785792 ## [145] -1296192930 -1180003927 -1983774629 327669866 1130576140 1459147599 ## [151] 31297541 -2125320516 532260754 -330115955 -1863150905 1400898478 ## [157] 416783880 -688558664 1907952230 611193355 339493609 960706305 ## [163] 1633665427 297491010 -118673932 160913399 -656258067 -1500289916 ## [169] -436028758 54833173 1416231087 640521910 -1713904416 -1220270045 [175] -307316927 -463422928 -1474451378 1885788345 -456061749 1032769914 [181] -1112781700 1730914495 149675413 -613966420 -1205110910 1787813213 [187] -1551707049 -867716290 582163320 219273307 -666640455 -862953976 745199218 ## [193] 3722422 584211441 -362764765 906300612 328125063 [199] 8602205 1472840788 -1489187206 359394757 ## 1290096415 1350646438 ## [205] 608173104 1423400659 582696177 1222924320 -977174850 -808166711 -767468884 -1682387537 -1067909787 ## [211] -1753534341 -1433391542 -82973924 ## [217] 629346162 -818109459 2063623207 -581567410 -302366552 2078731947 [223] 1624837065 241412056 784608902 272316257 -1211667725 -1155091102 [229] -1966849068 1677638130 -1166415568 1198840996 -1062057288 153580378

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```

```
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```

print(cv_results_bmi): Prints the results of cross-validation. This likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics that indicate how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

1. Linear Regression Model for Mental Health (MentHlth):

```
model_menthlth <- lm(MentHlth ~ ., data = sampled_data_menthlth)</pre>
```

lm(MentHlth ~ ., data = sampled_data_menthlth): This line of code creates a linear regression
model where MentHlth is the dependent variable, and . indicates that all other columns in the
sampled_data_menthlth dataframe are used as independent variables. The model aims to predict
MentHlth based on other available variables in the dataset.

2. Cross-Validation for the Mental Health Regression Model:

```
cv_results_menthlth <- cv.glm(data = sampled_data_menthlth, glmfit = model_menthlth, K = 10)</pre>
```

cv.glm(data = sampled_data_menthlth, glmfit = model_menthlth, K = 10): This line performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model_menthlth) on the data in the sampled_data_menthlth dataframe. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves splitting the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each fold used exactly once as the validation data.

3. Printing Cross-Validation Results:

print(cv_results_menthlth)

```
## $call
   cv.glm(data = sampled data menthlth, glmfit = model menthlth,
##
       K = 10
##
##
  $K
##
   [1] 10
##
## $delta
   [1] NaN NaN
##
##
   $seed
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```

print(cv_results_menthlth): This line prints the results of the cross-validation. The output likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics indicating how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

1. Linear Regression Model for Physical Health (PhysHlth):

```
model_physhtlth <- lm(PhysHlth ~ ., data = sampled_data_physhtlth)</pre>
```

lm(PhysHlth ~ ., data = sampled_data_physhtlth): This line creates a linear regression model where
PhysHlth is the dependent variable, and . indicates that all other columns in the sampled_data_physhtlth
dataframe are used as independent variables. The model attempts to predict PhysHlth based on other
available variables in the dataset.

2. Cross-Validation for the Physical Health Regression Model:

```
cv_results_physhtlth <- cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth, K = 10)</pre>
```

cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth, K = 10): This line performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model_physhtlth) on the data in the sampled_data_physhtlth dataframe. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves splitting the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each fold used exactly once as the validation data.

print(cv_results_physhtlth)

```
## $call
   cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth,
##
##
##
   $K
##
   [1] 10
##
##
  $delta
##
   [1] NaN NaN
##
##
  $seed
     [1]
##
               10403
                              501
                                   -998478309 2025147153
                                                            2131157516
                                                                        1204875709
##
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          1959715502
                       1182780599
                                    796517853 -1817230012
                                                             1285445053 -1899384932
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         -1314656260
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                                   1889447085 -1784616947
                                                             1737451913
                                                                           770648557
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##
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##
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                                   -720237235
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##
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                                                                           398474302
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## [625]
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```

cv_results_physhtlth

```
cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth,
##
       K = 10
##
## $K
## [1] 10
##
## $delta
   [1] NaN NaN
##
##
   $seed
##
     [1]
               10403
                              501
                                   -998478309
                                               2025147153
                                                            2131157516 1204875709
##
     [7]
          1959715502
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                                                            1285445053 -1899384932
##
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                                                                         770648557
##
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                                                             -73466082
                                                                        -115043679
    [31]
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##
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                                               1785615374
                                                            1288265728
                                                                         486592706
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##
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                      -622632796
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print(cv_results_physhtlth): This line prints the results of the cross-validation. The output likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics indicating how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

CONCLUSIONS:

- 1. Data Preparation and Exploration: The code starts by loading necessary libraries and reading the dataset. A 1% random sample of the data is taken for analysis. The dataset is then processed to create binary labels for diabetes (DiabetesBinary) and subsets of data are created for different health indicators (BMI, MentHlth, PhysHlth).
- 2. Classification Using K-Nearest Neighbors (KNN): A KNN classification model is trained to predict diabetes (DiabetesBinary). The dataset is split into training and test sets (80% 20%). The KNN model is evaluated using 10-fold cross-validation. Various k values from 1 to 10 are tested, and the model's performance is assessed using confusion matrices.
- 3. Regression Modeling for Health Indicators: Separate linear regression models are built for predicting health indicators (BMI, MentHlth, PhysHlth). Cross-validation with 10 folds is performed for each regression model, and the mean squared error or other relevant metrics are used to evaluate model performance.
- 4. Cross-Validation and Model Evaluation: Cross-validation is extensively used to assess the models' performance, ensuring robustness and generalizability. The printed cross-validation results provide insights into the models' accuracy and help in choosing the best-performing models.
- 5. **Reproducibility and Seed Setting:** The code emphasizes reproducibility by setting random seeds (set.seed(...)) at critical points. Reproducibility is crucial in data analysis to ensure that results can be replicated, enhancing the credibility of the findings.

