# KNN MODEL

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# Practice on Predictive Analytics of Health Indicators and Diabetes

### Introduction

In this practice, a predictive analysis on health indicators and diabetes is performed using the k-Nearest Neighbors (KNN) algorithm. The objective is to understand the relationship between various health indicators and the presence of diabetes. A detailed data exploration is carried out, the data is prepared for machine learning and a KNN model is trained to make predictions. The code is explained part by part below.

## Part 1: Exploration and Data Manipulation

```
library(tidyverse)
library(caret)
library(MASS)
library(glmnet)
library(boot)
```

- install.packages(c("caret", "MASS", "glmnet", "boot")) installs the specified R packages if they are not already installed. These packages are essential for various data analysis tasks.
- library(tidyverse) loads the tidyverse package, which is a collection of R packages designed for data manipulation and visualization. It includes packages like ggplot2 and dplyr.
- library(caret), library(MASS), library(glmnet), and library(boot) load the respective packages into the R environment. These packages are used for machine learning, statistical modeling, and bootstrapping techniques.

## Reading the Dataset:

```
data <- read.csv("diabetes_012_health_indicators_BRFSS2015.csv")</pre>
```

read.csv("diabetes\_012\_health\_indicators\_BRFSS2015.csv") reads the CSV (Comma-Separated Values) file named "diabetes\_012\_health\_indicators\_BRFSS2015.csv" into an R dataframe named data. This dataset likely contains health-related indicators, possibly including information related to diabetes, which will be used for further analysis in the subsequent parts of the code

## Part 2: Data Sampling and Preparation

## 1. Setting Seed and Sampling Data:

```
set.seed(123)
sampled_data <- data %>% sample_frac(0.01)
```

- set.seed(123): Sets the random seed to 123. This ensures that if you run the code again, you will get the same random results. It's useful for reproducibility in data analysis.
- data %>% sample\_frac(0.01): Takes a random 1% sample of the original dataset (data). The %>% operator, also known as the pipe operator, is used here to pipe the output of the previous command (data) into the sample\_frac function, which then samples 1% of the data.

## 2. Creating Binary Diabetes Labels:

```
sampled_data$DiabetesBinary <- make.names(factor(ifelse(sampled_data$Diabetes_012 > 0, 1, 0)))
sampled_data$DiabetesBinary <- factor(sampled_data$DiabetesBinary, levels = c("X0", "X1"))</pre>
```

- make.names(factor(ifelse(sampled\_data\$Diabetes\_012 > 0, 1, 0))): Converts the numeric variable Diabetes\_012 into a binary factor variable. If Diabetes\_012 is greater than 0, it's set to 1, otherwise 0. factor converts these numeric values into factors.
- sampled\_data\$DiabetesBinary <- factor(...): Assigns the resulting factors to a new column called DiabetesBinary in the sampled data dataframe.
- factor(..., levels = c("X0", "X1")): Specifies the levels of the factor. Here, "X0" represents the absence of diabetes (when Diabetes\_012 is 0) and "X1" represents the presence of diabetes (when Diabetes\_012 is greater than 0).

### 3. Creating Subsets:

```
sampled_data_bmi <- sampled_data
sampled_data_menthlth <- sampled_data
sampled_data_physhtlth <- sampled_data</pre>
```

These lines create three new dataframes (sampled\_data\_bmi, sampled\_data\_menthlth, and sampled\_data\_physhtlth), each containing the same data as sampled\_data. These subsets are likely created to perform specific analyses or modeling tasks on different health indicators while keeping the original sampled data intact for reference.

## Part 3: K-Nearest Neighbors (KNN) Classification

1. Setting Seed and Creating Training and Test Sets:

```
set.seed(123)
train_index <- createDataPartition(sampled_data$DiabetesBinary, p = 0.8, list = FALSE, times = 1)
train_data <- sampled_data[train_index, ]
test_data <- sampled_data[-train_index, ]</pre>
```

- set.seed(123): Sets the random seed to 123 for reproducibility.
- createDataPartition(sampled\_data\$DiabetesBinary, p = 0.8, list = FALSE, times = 1): Splits the sampled\_data into training and test sets. 80% of the data is used for training (train\_data), and 20% is used for testing (test\_data). The indices for the training set are stored in train\_index.

### 2. Setting up Control Parameters for KNN Model:

```
sampled_data_bmi <- sampled_data
sampled_data_menthlth <- sampled_data
sampled_data_physhtlth <- sampled_data
ctrl <- trainControl(method = "cv", number = 10, classProbs = TRUE, summaryFunction = twoClassSummary)</pre>
```

trainControl(...): Configures the control parameters for the model training process. In this case, 10-fold cross-validation (method = "cv") is used with class probabilities enabled (classProbs = TRUE). The twoClassSummary function is specified for summarizing the results for binary classification.

## 3. Training and Evaluating K-Nearest Neighbors (KNN) Model:

```
set.seed(20)
knn_model <- train(DiabetesBinary ~ ., data = train_data, method = "knn", trControl = ctrl, tuneLength
## Warning in train.default(x, y, weights = w, ...): The metric "Accuracy" was not
## in the result set. ROC will be used instead.
predictions_knn <- predict(knn_model, newdata = test_data)</pre>
confusionMatrix(predictions_knn, test_data$DiabetesBinary)
## Confusion Matrix and Statistics
##
##
             Reference
## Prediction XO X1
           X0 425 51
##
##
           Х1
                3 27
##
##
                  Accuracy : 0.8933
##
                    95% CI: (0.8631, 0.9188)
##
       No Information Rate: 0.8458
       P-Value [Acc > NIR] : 0.00128
##
##
##
                     Kappa: 0.4532
##
##
   Mcnemar's Test P-Value: 1.596e-10
##
##
               Sensitivity: 0.9930
               Specificity: 0.3462
##
##
            Pos Pred Value: 0.8929
##
            Neg Pred Value: 0.9000
```

Prevalence: 0.8458

##

```
## Detection Rate : 0.8399
## Detection Prevalence : 0.9407
## Balanced Accuracy : 0.6696
##
## 'Positive' Class : X0
##
```

- set.seed(20): Sets a different random seed (20) for the KNN model training process.
- train(...): Trains the KNN model. DiabetesBinary ~ . indicates that the column DiabetesBinary is the target variable, and all other columns are used as features. The training data is train\_data, and the control parameters are specified by trControl.
- predict(...): Uses the trained knn\_model to make predictions on the test data (test\_data).
- confusionMatrix(...): Computes the confusion matrix to evaluate the performance of the KNN model by comparing the predicted values (predictions\_knn) with the actual values (test\_data\$DiabetesBinary).

```
print(knn_model)
```

```
## k-Nearest Neighbors
##
## 2031 samples
##
     22 predictor
##
      2 classes: 'X0', 'X1'
##
## No pre-processing
## Resampling: Cross-Validated (10 fold)
## Summary of sample sizes: 1827, 1828, 1827, 1828, 1827, 1829, ...
  Resampling results across tuning parameters:
##
##
        ROC
     k
                    Sens
                               Spec
##
     5
        0.9039012 0.9802020
                              0.4092742
       0.9157860 0.9854413
##
                              0.3492944
##
     9
        0.9157347
                   0.9871855
                              0.3146169
##
     11 0.9193260
                   0.9912621
                              0.2608871
##
     13 0.9163338 0.9935979 0.2262097
##
     15 0.9110241 0.9935945 0.1881048
##
     17
        0.9150622
                   0.9970862
                              0.1719758
##
     19
       0.9159526 0.9959200 0.1559476
##
     21 0.9106427 0.9959200 0.1335685
##
     23 0.9108658 0.9976676 0.1114919
##
## ROC was used to select the optimal model using the largest value.
## The final value used for the model was k = 11.
```

## knn\_model

```
## k-Nearest Neighbors
##
## 2031 samples
## 22 predictor
```

```
##
      2 classes: 'XO', 'X1'
##
## No pre-processing
## Resampling: Cross-Validated (10 fold)
## Summary of sample sizes: 1827, 1828, 1827, 1828, 1827, 1829, ...
## Resampling results across tuning parameters:
##
##
     k
         ROC
                    Sens
                               Spec
##
     5
        0.9039012
                    0.9802020
                               0.4092742
##
     7
        0.9157860
                    0.9854413
                               0.3492944
##
        0.9157347
                    0.9871855
                               0.3146169
        0.9193260
##
     11
                    0.9912621
                               0.2608871
##
     13 0.9163338 0.9935979
                               0.2262097
        0.9110241 0.9935945 0.1881048
##
     15
##
        0.9150622
                    0.9970862
                               0.1719758
     17
##
     19
        0.9159526
                    0.9959200
                               0.1559476
##
     21
        0.9106427
                    0.9959200
                               0.1335685
##
     23
        0.9108658
                    0.9976676
                              0.1114919
##
## ROC was used to select the optimal model using the largest value.
## The final value used for the model was k = 11.
```

print(knn\_model): This line of code prints the details of the knn\_model, which was trained using the train function. When you print a trained model in R, it shows various information about the model, including its parameters, training performance, and tuning results (if applicable). This information is crucial for understanding the characteristics of the trained model.

## Part 4: Linear and Multilinear Regression

1. Linear Regression Model for BMI:

```
model_bmi <- lm(BMI ~ ., data = sampled_data_bmi)</pre>
```

• lm(BMI ~ ., data = sampled\_data\_bmi): Fits a linear regression model where BMI is the dependent variable, and . represents that all other columns in the sampled\_data\_bmi dataframe are used as independent variables. This means the model is trying to predict BMI based on other available variables in the dataset.

2. Cross-Validation for the BMI Regression Model:

```
cv_results_bmi <- cv.glm(data = sampled_data_bmi, glmfit = model_bmi, K = 10)</pre>
```

cv.glm(data = sampled\_data\_bmi, glmfit = model\_bmi, K = 10): Performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model\_bmi) on the data in sampled\_data\_bmi. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves dividing the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each of the folds used exactly once as the validation data.

#### 3. Printing Cross-Validation Results:

```
print(cv_results_bmi)
## $call
   cv.glm(data = sampled data bmi, glmfit = model bmi, K = 10)
##
## $K
##
   [1] 10
##
## $delta
##
   [1] NaN NaN
##
##
   $seed
##
     [1]
                                     288629443
                                                 841063122
                                                             2108107620
                                                                          1319689895
               10403
     [7]
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                                                              126868799
##
                                                -372076507
                                                                          2139108038
##
                                   1380663697
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          1799511888 -1857306765
                                                 660968384 -1769081442
                                                                          1508296553
##
    [19] -1732164709
                       -426792278
                                    1191347404
                                                 375635343
                                                             1324292549
                                                                          1724341628
##
    [25]
                                                             1285618376
          1174234578 1517904205
                                     802890759
                                                -146189330
                                                                          1266070987
##
    [31]
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                                     698135462
                                                 564008385
                                                             -475090349
                                                                          1291958530
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##
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                                                 433354436
                                                             -577414422
                                                                           721526101
##
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                                                              493488572
                                                                          1565817599
##
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                                                                          1812202494
##
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                                                    8522056
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                                                                          -206629110
##
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##
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                                                              906300612
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                                                 359394757
##
                                                             1290096415
                                                                          1350646438
## [205]
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                                     582696177
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                                    -767468884 -1682387537 -1067909787
## [211] -1753534341 -1433391542
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##
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                                                -581567410
                                                             -302366552
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                                                 272316257 -1211667725
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                                                                           153580378
```

```
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##
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##
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##
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                                                                          -641441524
##
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##
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##
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##
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##
##
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##
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                                                           -2130306464
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                                                                           936817586
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                                               -1877206662
                                   -745616608
##
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##
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                                                -479678484
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##
##
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                                                             1319754652 -1382284270
##
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                                     108508456 -1042771910
                                                               79770576
                                                                          1226889836
   [445]
##
          1880505396
                        264837266
                                   2034123104 -1878872756
                                                            -1868476960
                                                                             3978146
   [451]
         -1378481240
                        777014412
                                    -387677252 -1079788430
                                                              202070000 -1583737788
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                                                 -38658354 -1574149125
##
          -428316803
                        -41876025 -1389813584
                                                                          2001593437
   [463]
                                    -726906607
                                                 -49872893
                                                             -925072636
##
           433159050
                       1887751080
                                                                           201113394
##
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                       -478903343
                                     849845590
                                                -783133900
                                                              738430533
                                                                         1959336591
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```

print(cv\_results\_bmi): Prints the results of cross-validation. This likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics that indicate how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

### 1. Linear Regression Model for Mental Health (MentHlth):

```
model_menthlth <- lm(MentHlth ~ ., data = sampled_data_menthlth)</pre>
```

lm(MentHlth ~ ., data = sampled\_data\_menthlth): This line of code creates a linear regression
model where MentHlth is the dependent variable, and . indicates that all other columns in the
sampled\_data\_menthlth dataframe are used as independent variables. The model aims to predict
MentHlth based on other available variables in the dataset.

### 2. Cross-Validation for the Mental Health Regression Model:

```
cv_results_menthlth <- cv.glm(data = sampled_data_menthlth, glmfit = model_menthlth, K = 10)
```

cv.glm(data = sampled\_data\_menthlth, glmfit = model\_menthlth, K = 10): This line performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model\_menthlth) on the data in the sampled\_data\_menthlth dataframe. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves splitting the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each fold used exactly once as the validation data.

#### 3. Printing Cross-Validation Results:

print(cv\_results\_menthlth)

```
## $call
   cv.glm(data = sampled data menthlth, glmfit = model menthlth,
##
       K = 10
##
##
  $K
##
   [1] 10
##
## $delta
   [1] NaN NaN
##
##
   $seed
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```

print(cv\_results\_menthlth): This line prints the results of the cross-validation. The output likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics indicating how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

### 1. Linear Regression Model for Physical Health (PhysHlth):

```
model_physhtlth <- lm(PhysHlth ~ ., data = sampled_data_physhtlth)</pre>
```

lm(PhysHlth ~ ., data = sampled\_data\_physhtlth): This line creates a linear regression model where
PhysHlth is the dependent variable, and . indicates that all other columns in the sampled\_data\_physhtlth
dataframe are used as independent variables. The model attempts to predict PhysHlth based on other
available variables in the dataset.

### 2. Cross-Validation for the Physical Health Regression Model:

```
cv_results_physhtlth <- cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth, K = 10)</pre>
```

cv.glm(data = sampled\_data\_physhtlth, glmfit = model\_physhtlth, K = 10): This line performs 10-fold cross-validation (K = 10) using the linear regression model (glmfit = model\_physhtlth) on the data in the sampled\_data\_physhtlth dataframe. Cross-validation is a technique used to assess how well a statistical model generalizes to an independent dataset. It involves splitting the dataset into K subsets, training the model on K-1 of the folds, and testing it on the remaining fold. This process is repeated K times, with each fold used exactly once as the validation data.

## print(cv\_results\_physhtlth)

```
## $call
   cv.glm(data = sampled_data_physhtlth, glmfit = model_physhtlth,
##
##
##
   $K
##
   [1] 10
##
##
  $delta
##
   [1] NaN NaN
##
##
  $seed
     [1]
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#### cv\_results\_physhtlth

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```

print(cv\_results\_physhtlth): This line prints the results of the cross-validation. The output likely includes metrics such as mean squared error, mean absolute error, or other relevant statistics indicating how well the regression model performs on the validation sets during the cross-validation process. Printing these results helps in understanding the performance of the model and comparing it against other models or variations of the same model.

## **CONCLUSIONS:**

- Data Preparation and Exploration: The code starts by loading necessary libraries and reading the dataset. A 1% random sample of the data is taken for analysis. The dataset is then processed to create binary labels for diabetes (DiabetesBinary) and subsets of data are created for different health indicators (BMI, MentHlth, PhysHlth).
- 2. Classification Using K-Nearest Neighbors (KNN): A KNN classification model is trained to predict diabetes (DiabetesBinary). The dataset is split into training and test sets (80% 20%). The KNN model is evaluated using 10-fold cross-validation. Various k values from 1 to 10 are tested, and the model's performance is assessed using confusion matrices.
- 3. Regression Modeling for Health Indicators: Separate linear regression models are built for predicting health indicators (BMI, MentHlth, PhysHlth). Cross-validation with 10 folds is performed for each regression model, and the mean squared error or other relevant metrics are used to evaluate model performance.
- 4. Cross-Validation and Model Evaluation: Cross-validation is extensively used to assess the models' performance, ensuring robustness and generalizability. The printed cross-validation results provide insights into the models' accuracy and help in choosing the best-performing models.
- 5. **Reproducibility and Seed Setting:** The code emphasizes reproducibility by setting random seeds (set.seed(...)) at critical points. Reproducibility is crucial in data analysis to ensure that results can be replicated, enhancing the credibility of the findings.

