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- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MR SANTOSH VISHWAKARMA  
**Referred By Dr :** CONNECT & HEAL  
**Sex :** MALE **Age :** 29 Years  
**Collected At :** VASAI NALASOPARA MAIN BRANCH

**Lab No. :** LGC0889 \*LGC0889\*  
**Reg. Date :** 06-Jul-2024 8:25 am  
**Report Date :** 06-Jul-2024 3:51 pm  
**Print Date :** 09-Jul-2024 11:09 am

## BIOCHEMISTRY

TEST	RESULT	UNITS	NORMAL VALUES
Blood Urea	30.1	mg / dl	15 - 45 mg / dl
Serum Calcium	8.60	mg / dl	8.6 - 10.2 mg/dl
CREATININE	1.06	mg/dl	0.7 - 1.3 mg/dl
Serum Uric Acid	7.10	mg%	Male 3.5 - 7.2 mg%
Blood Urea Nitrogen (BUN)	14.06	mg / dl	5 - 20 mg / dl
Age of the Patient	29		
eGFR	87.79	ml/min	

eGFR calculation based on MDRD guideline 2012

More than 90 ml / min / 1.73 Sqm - Normal eGFR

60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .

Suggest reapt testing in 6 to 12 months.

Exclude kidney disease in those at high risk (Diabetes & Hypertension

30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .

Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.

15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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DR. BHAVINI KAMDAR  
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- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	105.4	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: $\geq 126$ (on more than one occasion)
BLOOD SUGAR (Post prandial)	123.1	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: $\geq 200$ (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood sugar values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	15.5	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	5.61	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	49.5	%	Male : 37 - 51 %
MCV	88.20	fl	80- 96 fl
MCH	27.70	pg	27 - 32 pg
MCHC	31.40	gm%	32 - 37 gm%
RDW	14.6	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	6230	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	45	%	40 - 75
Lymphocytes	46	%	20 - 40
Eosinophils	04	%	0 - 6
Monocytes	05	%	2 - 8
Platelet count	268000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Adequate		

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	152	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl -----
SR. TRIGLYCERIDES	274	mg / dl	--- Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl -----
HDL CHOLESTEROL	49	mg / dl	--- 35.3 - 79.5 mg / dl -----
VLDL	54.80	mg / dl	--- 6 - 38 mg / dl -----
LDL CHOLESTEROL	48.20	mg / dl	- Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl -----
CHOLESTEROL / HDL	3.10		----- < 5 -----
LDL / HDL	0.98		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

\*Result rechecked.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.7	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.32	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.38	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	<b>60.0</b>	U / L	Up to 45 U / L
S.G.O.T.	39.50	U / L	Up to 46 U / L
Alkaline Phosphatase	107.00	U/l	1 - 12 Years: 54 - 369 U/l 20 - 59 Years: 53 - 128 U/l > 60 Years: 56 - 119 U/l
Total Proteins	6.94	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.48	gm / dl	3.5 - 5.2 gm / dl
Globulin	2.46	mg/dl	2 - 3.5 mg / dl
A / G Ratio	1.82		1.0- 2.3
GGT	37.2	IU/L	55 IU/L

\*Result rechecked.

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## T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	188.569	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	9.769	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	2.380	uIU/mL	HYPOTHYROID : Less than 4.71 µg/dl 0.3 - 4.3 uIU/ml Hypothyroid > 15.0 Hyperthyroid : < 0.3 First Trimester : 0.1 - 2.5 Second Trimester : 0.2 - 3.0 Third Trimester : 0.3 - 3.0

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

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## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.010

<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal

<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>		
Red Blood Cells	Absent	
Pus Cells	1-2/ hpf	/hpf
Epithelial Cells	1-2/ hpf	/hpf
Casts	Not seen	
Crystals	Not seen	/hpf
Yeast	Not seen	
Bacteria	Absent	

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<b>KANDIVALI CENTRE</b>	SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2885 7171 / 89288 41541
<b>DAHISAR CENTRE</b>	NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90229 58504
<b>GORAI CENTRE</b>	VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2869 6556 • MOB.: 90224 80354 / 72080 02565
<b>GOREGAON CENTRE</b>	M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
"Home Visit Facility Call On 76667 66307"



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR.SANTOSH VISHWAKARMA	DATE	6/7/2024
HEIGHT-170 CMS	WEIGHT : 73.9 KGS	AGE	29 YRS
REFERRED BY	CONNECT AND HEAL	SEX	MALE
<b>PRESENT COMPLAINT: NIL</b>			
<b>CURRENT MEDICATIONS : NIL</b>			
<b>PAST HISTORY : NIL</b>			
<b>ALLERGY: NIL HABITS : NIL APPETITE: GOOD</b>			
<b>BLADDER: NAD</b>		<b>BOWEL: NAD</b>	
<b>FAMILY HISTORY: MOTHER:THYROIDISM/HTN ON RX.</b>			
<b>GENERAL EXAMINATION:ADVICE-</b>			
<b>P : 84b / MIN</b>		<b>BP- 130/90 MMHG</b>	
<b>PALLOR: NIL ICTERUS: NIL</b>		<i>↑ fluid intake</i>	
<b>OEDEMA: NIL OTHERS: NAD</b>		<i>Tab Uditer 150mg</i>	
<b>RS: AEBE CVS-NAD</b>		<i>↓ salt intake</i>	
<b>PA: SOFT CNS-CONSCIOUS</b>		<i>3 months</i>	
<b>INVESTIGATION:</b>			

**DR. Y. J. MERTTAI**  
 MBBS, DIPLOMA CARDIOLOGY (PODCC)  
 Reg. No.: 2018115643

**HEALTHCARE MEDICAL CENTRE AND  
 DIAGNOSTICS**  
 SHOP NO.4, JAY VIJAY GREEN CHS.,  
 VASA, VIRAR LINK ROAD,  
 NALLASOPARA (E), PIN - 401209.  
 MOBILE - 8591922640 / 8591601677



# Patient Information

Name : MR SANTOSH VISHWAKARMA

DATE : 06-07-24 11:28:34

AGE : 29 /M

ID : 320

Height : 171

REF.BY : Dr.CONNCT & HEAL

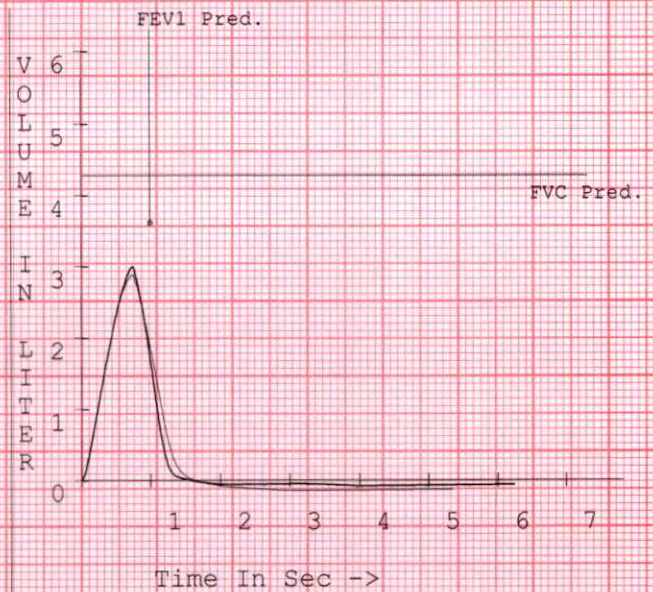
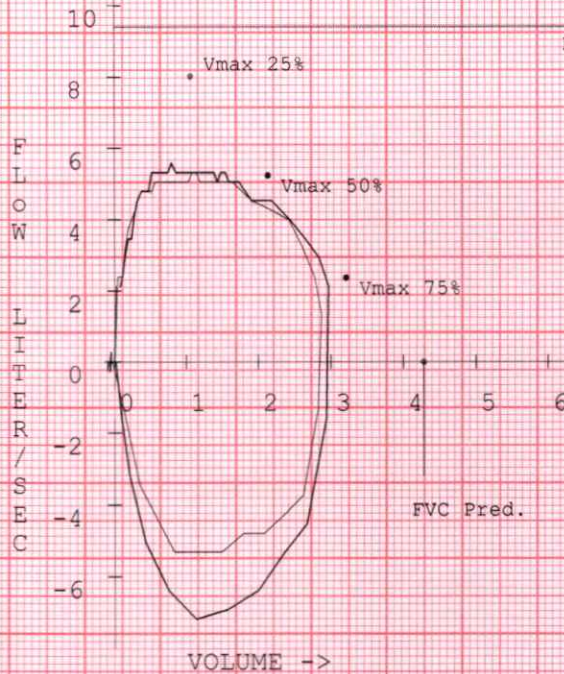
Weight : 73

Indication:

Smoker : Non Smoker

Pre

Post



Parameter	Predict Value	Observed Pre	Observed %Pred	Observed Post	Observed %Pred	Pre.dif%
FVC (L)	4.28	2.89	67.48	3.00	70.09	3.87
FEV0.5 (L)		2.27		2.27		
FEV1 (L)	3.62	2.89	79.79	3.00	82.88	3.87
FEV1/FVC %	84.57	100.00	118.24	100.00	118.24	0.00
PEF (L/S)	9.40	5.19	55.16	5.59	59.40	7.69
PIF (L/S)		5.59		7.18		
FEF25-75%(L/S)	4.77	4.79	100.35	4.81	100.89	0.54
VMax25 %	8.03	5.19	64.62	5.59	69.59	7.69
VMax50 %	5.23	5.19	99.13	5.19	99.13	0.00
VMax75 %	2.37	4.39	185.23	4.39	185.23	0.00
FET100 %		0.74		0.74		
FEF50 % (L/S)		5.19		5.19		
FIF50 % (L/S)		5.59		7.18		
FEF50/FIF50 %		0.93		0.72		

Mild Eosinophilia

HEALTHCARE MEDICAL CENTRE AND  
DIAGNOSTICS  
SHOP NO. 4 JAY VIJAY GREEN CHS.,  
VASA, VIRAR LINK ROAD,  
NALLASOPARA (E), PIN - 401209.  
MOBILE - 8501922840 / 8501601877

Dr. NUPUR RAI  
MBBS, DPLC, DRC, DCC  
Reg. No. 2018/155624



# Patient Information

Name : MR SANTOSH VISHWAKARMA

DATE : 06-07-24 11:28:34

AGE : 29 /M ID : 320

Height : 171

REF.BY : Dr.CONNECT & HEAL

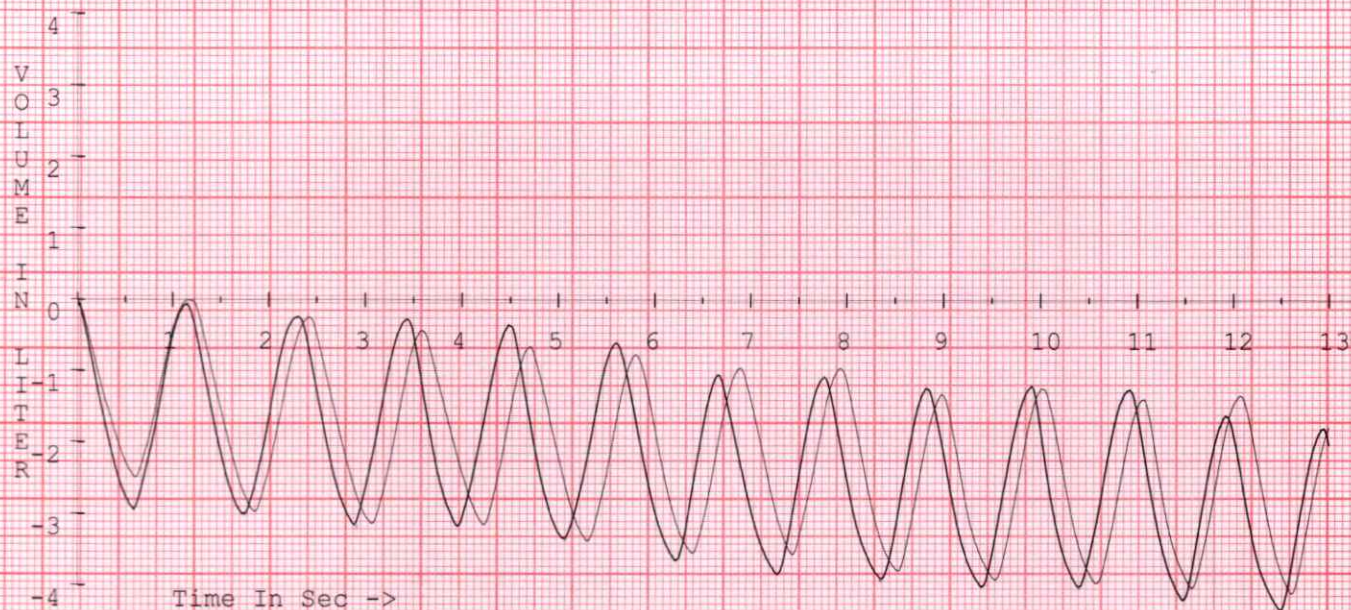
Weight : 73

Indication:

Smoker : Non Smoker

Pre

Post



Parameter	Predict Value	Observed		Observed		Pre.dif%
		Pre	%Pred	Post	%Pred	
MVV	127.69	145.77	114.16	155.15	121.50	6.43

Dr. NUPUR RAI



• COMPU. PATHOLOGY • ALLERGY TESTING  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR SANTOSH VISHWAKARMA	DATE	06.07.2024
		AGE	29.YRS
REF. BY DR.	CNH	SEX	MALE

**X-RAY CHEST (PA.VIEW).**

The lungs on the either side show equal translucency. The heart and trachea are central in position.

No mediastinal abnormality is visible.

The peripheral pulmonary vasculature is normal.

No focal lung lesion is seen.

The pleural spaces are normal.

Both hila are normal in size, have equal density and bear normal relationship.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**

**NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

*Khilji Faiz*

**DR.KHILJI FAIZ  
CONS.RADIOLOGIST**

COMPU. PATHOLOGY • ALLERGY TESTING  
 • DIGITAL WHOLE BODY X-RAYS  
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR SANTOSH VISHWAKARMA	DATE	06.07.2024
		AGE	29 YRS
REF. BY DR.	CNH	SEX	MALE

### REAL TIME ABDOMINAL SONOGRAPHY SHOWS

**LIVER** : Liver is normal in size showing homogenous parenchymal **bright** echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**GALL BLADDER** : The Gall bladder is physiologically distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS** : Pancreas is normal in size with smooth margin.and homogenous parenchymal echotexture.No focal lesion seen.

**KIDNEYS** : Both kidneys are normal in size and shows homogenous cortical echotexture.Central calyceal echoes appears normal.

(a) Right kidney measures: 9.0 x 4.0 cms.

(b) Left kidney measures: 9.5 x 4.5 cms.

**Left kidney 4.0mm a single calculus is seen in the upper pole.**

**SPLEEN** : The spleen is normal in size with homogenous parenchymal echotexture.No focal lesion are seen.

**URINARY BLADDER** : Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen in the bladder.

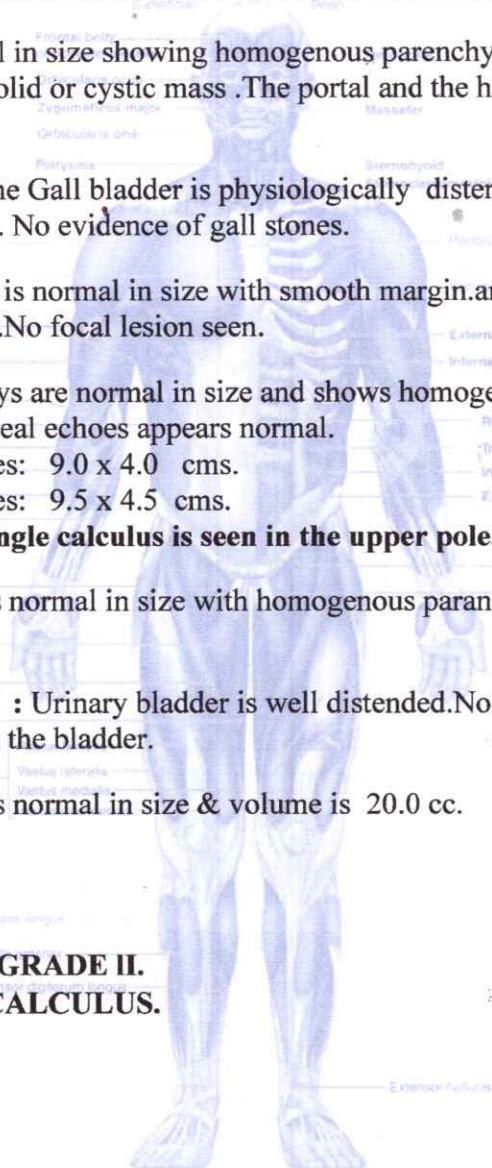
**PROSTATE** :Prostate is normal in size & volume is 20.0 cc.

**Prevoid-350cc.**

**Postvoid-nil.**

#### IMPRESSION :

- **FATTY LIVER GRADE II.**
- **LEFT RENAL CALCULUS.**



*Khilji Faiz*

**DR.KHILJI FAIZ**  
**CONS.RADIOLOGIST**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Patient was explained in detail about the USG findings and its limitations. Please interpret accordingly.



- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



## ELECTROCARDIOGRAM (ECG)

MR SANTOSH VISHWAKARM  
ELGC0889 06-Jul-2024  
ECG

PATIENT Mr. Santosh Vishwakarma AGE 29 years SEX Male  
REF. BY DR. CHN. DATE 6/7/24

INTERPRETATION :

CHN

Dr.

DR. NUPUR RAI

MBBS, DIPLOMA IN CARDIOLOGY (2006)

Reg. No. 201819643

DIAGNOSTICS

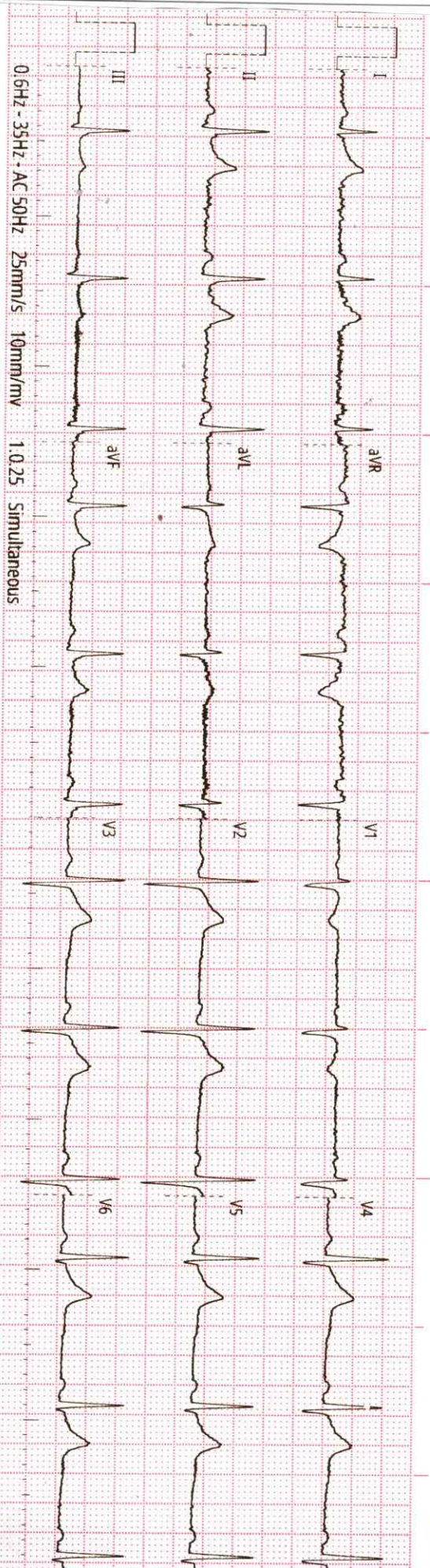
CLINIC NO. 4, JAY MAHAR GREEN, 3<sup>rd</sup>

VASAI, VIRAR LINK ROAD, PIN - 401209.

ALIA, A S O P A R A (E) PIN - 401209.

MOBILE - 8581922040 / 8581601677

inferior  
VENA CAVA



*[Handwritten signature]*



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... 760 bpm

Ventricular Rate : ..... 3

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : ..... }

P. Waves : .....

PR Interval : .....

Q. Waves : ..... (N) }

QRS Interval : .....

ST Segment : .....

T. Waves : .....

QT Interval : ..... }

Extra Systoles : .....

REMARKS & CONCLUSIONS : ..... lower