

Std. of  $R_{\text{cont}}$  ( $\Omega$ )

12  
10  
8  
6  
4  
2  
0

0

1

2

3

Iteration

16  
14  
12  
10  
8  
6  
4  
2  
0

Std. of  $F_{\text{cont}}$  (nN)

