

Wagih Saqqaw

Completed 140 labs earning 9000 points.



Activity Report

Date	Lab	Description	Points Earned
2023-02-07	Snort Rules: Ep.3 – HTTP	Demonstrate usage of Snort rules	300
2023-02-07	Snort Rules: Ep.2 – DNS	Create Snort rules for DNS events	300
2023-02-07	Snort Rules: Ep.1	Demonstrate proficiency in basic Snort rules	200
2023-02-06	Parsing PST	Investigate email client files	200
2023-02-06	tcpdump	Analyse network packet captures	200
2023-02-06	Wireshark: Stream/Object Extraction	Analyse network packet captures	200
2023-02-06	Packet Capture Basics	Analyse network packet captures	100
2023-01-28	Exfiltration Over Alternative Protocol	Practise identifying instances where data has been exfiltrated	100
2023-01-28	Defence in Depth	Discover the principles of defence systems	20
2023-01-26	Windows Sysmon	Analyse and investigate system logs	100

Activity Report Page 2 of 10

Date	Lab	Description	Points Earned
2023-01-26	Clipboard Data Theft	Analyse techniques used by adversaries to steal clipboard data	100
2023-01-26	Process Explorer	Use Process Explorer effectively	100
2023-01-26	Windows Sysinternals	An overview of the Sysinternals suite	100
2023-01-26	IR: Ep.3 – Compromised Host	Investigate host-based compromise and IOCs	400
2023-01-25	Domain Intel	Understand the information associated with domain names	40
2023-01-24	IR: Ep.1 – Suspicious Email	Investigate and gain information from suspected malicious documents	200
2023-01-17	MongoDB: An Introduction	A basic understanding of NoSQL Databases	100
2023-01-17	Stack Overflow	Demonstrate the risk of using code found online	10
2023-01-17	SQL: An Introduction	Gain an understanding of the SQL language and queries	100
2023-01-17	Wireshark Display Filters: An Introduction	Analyse network packet captures	100
2023-01-17	Intro to Wireshark	Analyse network packet captures	100
2023-01-10	PowerShell: Working with files	Practice reading from and writing to files in PowerShell	100
2023-01-10	PowerShell: Getting Started	Practise using the PowerShell cmdlets	100
2022-12-16	Intrusion Detection Systems	Describe intrusion detection and prevention principles	20
2022-12-15	The Bombe Machine	Recognize how the Bombe machine works	200

Activity Report Page 3 of 10

Date	Lab	Description	Points Earned
2022-12-15	The Typex Machine	Recognize how a Typex machine works	200
2022-12-15	CertUtil	Analyse the function of CertUtil	100
2022-12-15	Protocols – LDAP	Analyse the LDAP protocol in an enterprise context	100
2022-12-15	Background Intelligent Transfer Service (BITS)	Gain an understanding of BITS and how it can be abused	100
2022-12-15	Protocols – ARP	Identify packet structure of ARP requests and responses	100
2022-12-15	Scheduled Tasks	Demonstrate how to navigate information in Windows Scheduled Tasks	100
2022-12-15	Windows Registry	Evaluate registry values	100
2022-12-15	Windows File Permissions	Analyse Windows file permissions	100
2022-12-14	The Enigma Machine	Recall how the Enigma machine works	200
2022-12-14	Spiderfoot	Scan and analyse data using speciality OSINT tools	40
2022-12-14	Encryption Tools: CyberChef — Recipes	Recall how CyberChef recipes work	40
2022-12-14	Encryption Tools: CyberChef	Recall how CyberChef functions	40
2022-12-14	Caesar Ciphers	Recall how Caesar cipher encoding works	40
2022-12-14	What Is IoT?	Recognise IoT devices and their associated risks	10
2022-12-14	Default Credentials	Knowledge of default credentials	20

Activity Report Page 4 of 10

Date	Lab	Description	Points Earned
2022-12-14	Investigator Operations Security (OPSEC)	Source online information relevant to an investigation	40
2022-12-09	Protocols – FTP	Explain the core concepts of the File Transfer Protocol	100
2022-12-09	Linux CLI: Ep. 12 – Using Find	Recognise how the find command works and the filters and arguments that go with it	200
2022-12-09	Linux CLI: Ep. 10 – Using Sudo	Identify different user privileges in Linux	100
2022-12-09	Linux CLI: Ep. 14 – Using Screen	Be able to explain screen's CLI usage	100
2022-12-09	Linux CLI: Ep. 8 – Manipulating Text	Know how to modify text within files using basic command line tools	200
2022-12-09	Linux CLI: Ep. 13 – Searching and Sorting	Know how to employ searching techniques to find patterns in files	100
2022-12-09	Linux CLI: Ep. 16 – Combining Commands	Identify the different ways of combining commands on the terminal	200
2022-12-09	Linux CLI: Ep. 6 – Editing Files	Be able to recall some common Linux command line text editors	100
2022-12-09	Linux CLI: Ep. 7 – Using wc	Be able to count elements in a file using the wc tool	200
2022-12-09	Linux CLI: Ep. 9 – Stream Redirection	Know how data can be manipulated via the terminal	100
2022-12-09	Linux CLI: Ep. 15 – Generating File Hashes	Be able to recognise file hashes	100
2022-12-09	Linux CLI: Ep. 11 – Using SSH and SCP	Recall what the SSH protocol is	100
2022-12-08	Linux CLI: Ep.1 – Introduction to the Linux Command Line Interface	Recall Linux command line fundamentals	40
2022-12-08	Introduction to Encryption	Identify different types of encryption algorithms	100

Activity Report Page 5 of 10

Date	Lab	Description	Points Earned
2022-12-08	Introduction to Hashing	Identify the characteristics of a good hashing algorithm	100
2022-12-08	Introduction to Computer Memory and Architecture	Gain a high level understanding of how memory works in a computer system	40
2022-12-08	Linux CLI: Ep. 2 – Getting Started with the Terminal	Be able to recall fundamental concepts of the Linux terminal	100
2022-12-08	Rainbow Tables	Describe what a rainbow table is	40
2022-12-08	Linux CLI: Ep. 5 – File Permissions	Be able to read Linux file permissions	100
2022-12-08	Introduction to ELF Reverse Engineering	Exposure to ELF binary analysis	100
2022-12-08	Linux CLI: Ep. 4 – Changing Things	Know the five Linux CLI commands explored in the lab and be able to describe their basic usage	100
2022-12-08	Linux CLI: Ep. 3 – Moving Around	Have the ability to navigate through directories on the command line	100
2022-12-08	Symmetric vs Asymmetric Key Encryption	Apply symmetric key encryption and decryption techniques	100
2022-12-08	Hashing – MD5	Apply the MD5 hashing algorithm to strings	100
2022-12-08	Hashing – SHA-1	Apply the SHA1 hashing algorithm to strings	100
2022-11-22	NIST Cybersecurity Framework	List the three main components of the NIST Cybersecurity Framework	40
2022-11-22	Three Lines of Defense	Describe the Three Lines of Defense model	10
2022-11-22	Qualitative Risk Measurement	Summarize what qualitative risk is	20
2022-11-22	Risk and Control Self Assessment (RCSA)	Describe the purpose of an RCSA within the wider risk management framework	20

Activity Report Page 6 of 10

Date	Lab	Description	Points Earned
2022-11-22	Quantitative Risk Measurement	Calculate quantitative risk as a function of impact and probability	40
2022-11-22	Vulnerability Identification	Identify the different ways to conduct vulnerability identification	40
2022-11-22	Asset Inventory and Valuation	Define the asset identification and valuation processes	20
2022-11-22	How to Mitigate Risk	Explain how risk management can help mitigate risk	20
2022-11-21	HTTP Status Codes	Develop knowledge of HTTP status codes	100
2022-11-21	OSI Model	Identify the different layers of the OSI model	40
2022-11-21	Ports	Identify how ports are used in modern networks	40
2022-11-21	Binary	Recall how binary functions	40
2022-11-20	The Internet	Explain the history of the internet	20
2022-11-20	Introduction to Networking: Ep.5 — IP Addresses	Recognize an IP address	40
2022-11-20	Payment Services Directive 2 (PSD2)	Describe how PSD2 works and affects the banking industry	10
2022-11-20	The NCSC's 10 Steps to Cybersecurity	Describe each of the 10 Steps to Cybersecurity	20
2022-11-20	Information Technology Health Check (ITHC)	Recognize why an information technology health check is carried out	20
2022-11-20	Health Insurance Portability and Accountability Act (HIPAA)	Describe the five titles that form the structure of HIPAA	20
2022-11-20	Compliance, Legislation, Regulation, and Standards	Describe the differences between compliance, legislation, regulation, and standards	10

Activity Report Page 7 of 10

Date	Lab	Description	Points Earned
2022-11-20	Policies, Processes, and Procedures	Recall the differences between policies, processes, and procedures	10
2022-11-20	Payment Card Industry Data Security Standard (PCI-DSS)	Recall the different PCI-DSS control objectives	40
2022-11-20	NIS Directive	Recognize what the NIS Directive is and how it protects the countries in the EU	20
2022-11-20	Cyber Essentials	Identify the most common attacks outlined by the Cyber Essentials scheme	20
2022-11-20	How Is Risk Measured?	Be able to describe risk, impact, and probability	40
2022-11-20	What Is Risk?	Define the core concepts that formulate risk	20
2022-11-20	Accreditation	Describe the accreditation process	10
2022-11-20	Transport Protocols	Explain the core concepts of the the most common transport protocols	40
2022-11-20	Introduction to Networking: Ep.6 — Domain Name System	Summarize the fundamentals of the Domain Name System	40
2022-11-20	Internet Protocol V4	Explain the core concepts of IPv4 addressing	100
2022-11-19	Accidental and Malicious Data Leaks	Recognize the differences between accidental leaks and malicious leaks	10
2022-11-19	Identifying Ransomware	Recognize the tell-tale signs of ransomware	10
2022-11-19	Rogue USB Devices	Recall how rogue USB devices can be used for malicious purposes	10
2022-11-19	Updates and Patches	Identify the differences between updates and patches	10
2022-11-19	Firewalls and VPNs	Recognize the benefits of firewalls and VPNs	10

Activity Report Page 8 of 10

Date	Lab	Description	Points Earned
2022-11-19	Information Security	Recognize the importance of information security for individuals and organizations	10
2022-11-19	Passwords	Recognize how to protect yourself and your devices with strong passwords	10
2022-11-19	Antivirus	Identify the purpose of antivirus software and its main features	10
2022-11-19	Why Hackers Hack	Recognize some of the methods used by hackers	10
2022-11-19	Virtual Card Numbers	Identify the different types of virtual card numbers	10
2022-11-19	Fake News	Recognize the characteristics of fake news	10
2022-11-19	Security Champions	Underline what a security champion is and their purpose	10
2022-11-19	Keylogging	Recognize what keyloggers are	10
2022-11-19	Geolocation	Recognize the differences between device-based and server-based geolocation tracking	10
2022-11-19	Mobile Security Tips	Identify potential threats to mobile phone security	10
2022-11-19	Darknets	Recognize how darknets operate on the internet	10
2022-11-19	Cookies	Recognize how cookies are used by individuals and organizations	20
2022-11-19	Identity Theft	Recognize the ways to prevent identity theft and the warning signs to look out for	10
2022-11-19	Backups	Recognize the importance of backups	10
2022-11-19	Multi-Factor Authentication	Recall how multi-factor authentication works	10

Activity Report Page 9 of 10

Date	Lab	Description	Points Earned
2022-11-19	Malware	Recognize the most common forms of malware and how they can affect you	10
2022-11-19	Cyber Kill Chain	Recognize the purpose of the cyber kill chain	10
2022-11-16	Who are the Hackers?	Recognize the different types of hackers	10
2022-11-16	WannaCry (ARCHIVED)	Safely observe WannaCry ransomware	100
2022-11-16	GDPR Aware (ARCHIVED)	Explain the key details and impact of GDPR	10
2022-11-12	Case Study: Covid-19 Cybercriminals	Identify the characteristics of Covid-19 phishing scams	10
2022-11-12	Incident Response in the Workplace	Recall the advantages of an incident response plan	10
2022-11-12	Guidance on Remote Working	Identify the risks associated with remote working	10
2022-11-12	Security On The Go	Recognize the security risks of using devices when away from the office	10
2022-11-12	Personal Devices in the Workplace	Recognize the risks associated with using personal devices in the workplace	10
2022-11-12	The Importance of Information Security and Cybersecurity	Describe a simulated example of a breach and recall its emotional impact	10
2022-11-12	Privileged Access	Recall what privileged access is and why it's an attractive target for attackers	10
2022-11-12	Physical Security	Identify common physical security risks	10
2022-11-12	Privacy	Identify what privacy is and why it needs protecting	10
2022-11-12	Consequences and Impacts of Cyberattacks	Recognize the differences between the consequences and impacts of cyberattacks	10

Activity Report Page 10 of 10

Date	Lab	Description	Points Earned
2022-11-12	Why Information Security Is Everyone's Business	Recognize the importance of information security	10
2022-11-12	What Is Information Security?	Identify the workplace and personal security challenges that good information security practices help to solve	10
2022-11-12	History of Information Security	Recall some of the key moments for information security throughout history	10
2022-11-12	Disposal of Device Information	Recognize why secure device disposal is core to an organization's information management process	10
2022-11-12	Information Security and Cybersecurity Terminology	Recall some key information security and cybersecurity terms and phrases	10
2022-11-12	Information Security – Starting at the Beginning	Recall the difference between information security and cybersecurity	10
2022-11-12	Social Engineering	Describe different social engineering attack techniques and their impacts	10
2022-11-12	Safer Browsing	Recall how to protect yourself and your privacy as you browse the web	10
2022-11-12	Phishing Emails	Recognize the main characteristics of phishing emails	10
2022-11-12	Shoulder Surfing	Recognize how shoulder surfing works and the various ways it can be employed	10

About Immersive Labs

Immersive Labs is the world's first fully interactive, on-demand, and gamified cyber skills platform. Our technology delivers challenge-based assessments and upskilling exercises which are developed by cyber experts with access to the latest threat intelligence. Our unique approach engages users of every level, so all employees can be equipped with critical skills and practical experience in real time.