

Request #: 646 - PSY - Thesis

Diet and Sleep Disturbances

Hector Gonzalez [A02345323] - Doc Student (w/JoAnn Tschanz)

February 07, 2023

Background

Mediterranean Diet and risk of Sleep disturbances

Sample

Using the CCMS

Hypothesis

IV: Food frequency questionnaire to calculate a score for the Mediterranean diet.

DV: Sleep disturbances by self-report

Progress

Data is not yet prepared.

Request

Data wrangling and analysis

Timeline

soon.