# Request #: 520 - HDFS - Thesis

Impact of movement to telehealth on mental health therapy participation

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## Background

The purpose of this project is to compare the rate of therapy dropouts prior to and during COVID 19. Data was collected from a community health center where therapy was changed to telehealth at the beginning of the COVID 19 pandemic. This comparison will allow us to see how telehealth (and COVID 19) influences therapy dropout rates.

# Sample

Demographic data has been collected including gender, race, age, language, marital status, form of payment, and income. Dropout data has been collected as well. The current sample size is 329.

# Hypothesis

Does providing therapy via telehealth influence dropout rates?

Are certain demographics more likely to dropout?

We hypothesize that therapy via telehealth would reduce dropout rates.

### **Progress**

I have already collected the data but no analysis has been done.

#### Request

At this time I am mainly seeking assistance to see if my sample size is large enough and if I have enough variables to compare.

### Timeline

I do not have a dealine but would like to get most of my thesis project done by the end of the summer.