

## Request #: 489 - PSY - Poster or Presentation

Latinx college students' levels of acculturation, emotion expression and regulation as predictors of mental health help-seeking attitudes

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### Background

The Latinx college student survey is a large questionnaire with several measures to assess for risk and protective factors (e.g., discrimination, emotion regulation, and cultural values) of mental health outcomes (e.g., depression, substance use, anxiety, and stigma) among this population.

### Sample

Collected data from 500 Latinx college students across the nation, using Qualtrics panels. After data cleaning, we have a sample of 472 participants.

### Hypothesis

Are emotion expression and emotion regulation associated with mental health help-seeking stigma attitudes (MHSA)? Are levels of acculturation, as measured by English and Spanish language use, associated with emotion expression and emotion regulation? Does acculturation moderate the association between emotion expression and emotion regulation and MHSA? MHSA is a latent variable created from measures of self-stigma, perceived/public stigma, and negative attitudes towards mental health help-seeking.

### Progress

Data cleaning, began the multiple imputation process (i.e., have imputed datasets {&} plan on pooling them after running the statistical analyses), conducted correlations and regressions with the variables of interest

### Request

First, I wanted help in how to conduct moderation analyses with a latent variable as the outcome, and using multiple imputations to account for missing data. For my next step, I would like help with interpreting the results of my analysis.

### Timeline

I will present the poster on Oct. 29th through a virtual forum. I would like to have the statistics completed by Oct. 16th, and be able to check my interpretation of the results at least a week prior to the conference, Oct. 23rd.