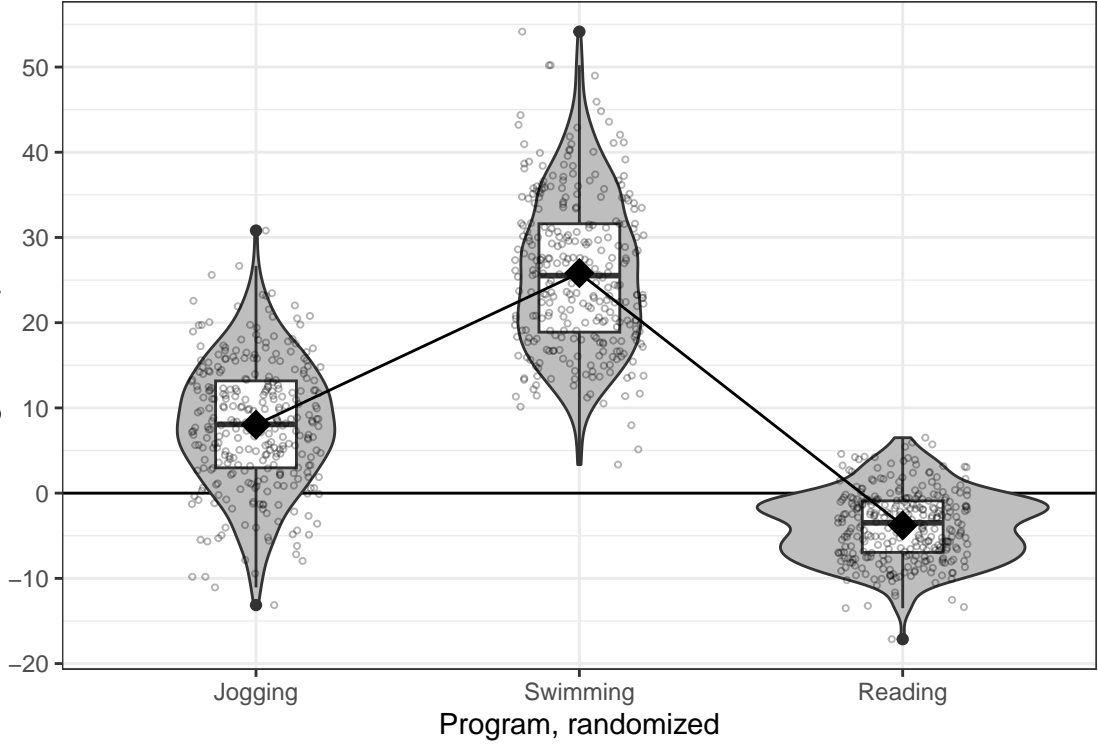


Weight Loss, pounds



Jogging

Swimming

Reading

Program, randomized