# **MUNICH RE**

Toronto, ON

For my fifth and final work term, I continued another great four months on the Global Life and Health Delivery IT Solutions team as an IT project manager. I developed and implemented execution strategies that aligned technology solutions with business goals. By working closely with cross-functional teams, I had the exciting opportunity to apply my project management skills in a dynamic and impactful industry.



# ABOUT THE COMPANY

Global Life and Health Delivery IT Solutions is a premier provider of technology solutions for the life and health insurance industry. We focus on delivering innovative IT projects that enhance business processes, streamline operations, and elevate customer experiences. Our team is committed to implementing advanced technology to meet our clients' evolving needs, ensuring secure, scalable, and robust solutions.

As an IT Project Manager at Global Life and Health Delivery IT Solutions, I led multiple projects focused on optimizing clients' technology infrastructure. My role involved coordinating cross-functional teams, managing project timelines, and ensuring our solutions were in line with business goals. Through careful planning and clear communication, we consistently delivered impactful IT projects that improved efficiency and supported client growth.

At Global Life and Health Delivery IT Solutions, we are dedicated to leveraging technology to create value for our clients in the life and health insurance sector. Innovation, collaboration, and excellence are at the heart of every project we undertake.

# LEARNING GOALS

- Develop and enhance project management skills by taking initiative and leading projects from inception to completion, ensuring efficient execution and successful outcomes.
- Enhance written communication skills by improving the clarity, coherence, and professionalism of technical documentation, reports, and emails.
- Master comprehensive project management by overseeing projects from initiation through completion, ensuring all phases are executed seamlessly and deliverables are met to the highest standard.

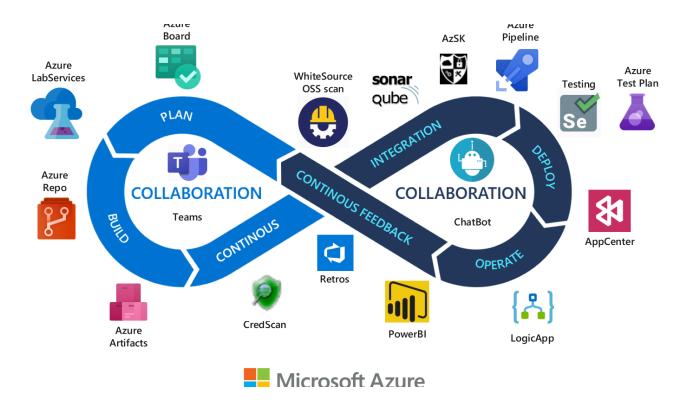
#### IT PROJECT MANAGEMENT

As an IT Project Manager within the Global Life and Health Delivery IT Solutions team, I extended my term to continue contributing to high-impact projects that enhance our technology infrastructure and operational efficiency. My role remains focused on aligning our IT projects with the company's strategic objectives, managing timelines, and ensuring effective communication with stakeholders.

During this term, I took a supporting lead role in a significant security vulnerability project, working closely with the team's Program Manager. The objective was to onboard all applications within the scope onto a platform that scans for cyber threats. This project was critical to improving our security posture and safeguarding our systems against potential vulnerabilities. My responsibilities included coordinating with cross-functional teams, managing the onboarding process, and ensuring that each application was integrated with the new platform while adhering to security standards and compliance requirements.

I also continued to support the migration of our infrastructure to an Azure VMware Solution (AVS), ensuring both projects ran smoothly in parallel. Throughout these initiatives, I played a key role in managing project documentation, overseeing risk assessments, and providing regular updates to stakeholders.

Looking ahead, I am focused on ensuring the successful completion of the security vulnerability project and continuing to support the AVS migration. This extended term has provided me with further opportunities to enhance my project management skills, deepen my understanding of cybersecurity, and make meaningful contributions to the company's technology transformation.



# **MY ROLE**

My official title is IT Global Co-op. My duties consist of:

- Leading IT projects from conception to completion, including developing project charters, timelines, and assurance documents.
- Coordinating cross-functional teams to ensure seamless execution and alignment with project objectives.
- Conducting in-depth research and analysis to anticipate project risks and propose effective mitigation strategies.
- Managing stakeholder communication to maintain project transparency and foster collaboration among team members.

My skill set for the job consist of:

- Advanced project management skills, with experience in planning, execution, and issue resolution.
- Exceptional communication skills, allowing me to effectively engage with diverse stakeholders and team members.
- A solid technical foundation, enabling me to navigate complex IT landscapes and understand technical challenges.
- Strong analytical and problem-solving abilities, allowing me to identify risks, devise solutions, and keep projects on track.



Photo of me at a project management workshop

# **REFLECTION**

Reflecting on my second term with the Global Life and Health Delivery IT Solutions team, I'm filled with gratitude for the continued growth and learning I've experienced. A special thanks to Yuri K., my boss, and Joy G., the IT Program Manager, for their ongoing mentorship and support. Their guidance has been invaluable as I took on more responsibility this term, particularly with the security vulnerability project, which challenged me to deepen my understanding of cybersecurity and project management.

I'm excited to share that I'll be staying on part-time with the team as I move into the next chapter of my journey post-graduation. This opportunity to continue working with such a talented and supportive group while expanding my skills is something I'm really looking forward to. I can't wait to keep learning, contributing to impactful projects, and further refining my expertise as I transition into a full-time role in the future.

Here's to more shared successes, continued growth, and exciting projects ahead with a team that feels like family!