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Jun 20, 2024 at 10:03 AM

1 attendance

Creation: Jun 15, 2024 at 03:47 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
member_username	varchar(50)		No					
date	date		No					
status	varchar(20)		No					
role	enum('admin', 'customer', 'trainer', 'dietitian')		No	customer				

2 classes

Creation: Jun 15, 2024 at 07:43 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
class_name	varchar(100)		No					
class_date	date		No					
class_time	time		No					
class_duration	int(11)		No					
created_at	timestamp		No	current_timestamp()				

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3 feedbacks

Creation: Jun 15, 2024 at 07:38 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
username	varchar(100)		No					
feedback_type	enum('trainer', 'admin', 'dietitian', 'customer')		No					
message	text		No					
created_at	timestamp		No	current_timestamp()				

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4 foods

Creation: Jun 15, 2024 at 04:32 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
food_name	varchar(255)		No					
food_type	varchar(50)		No					
stock	int(11)		No					
price	decimal(10, 2)		No					
status	enum('available', 'non available')		No					
description	text		Yes	NULL				
food_image	varchar(255)		Yes	NULL				

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5 meal_plans

Creation: Jun 16, 2024 at 12:50 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
dietitian_username	varchar(255)		No					
customer_username	varchar(255)		No					
date	date		No					
breakfast_description	text		No					
breakfast_calories	int(11)		No					
lunch_description	text		No					
lunch_calories	int(11)		No					
dinner_description	text		No					
dinner_calories	int(11)		No					
snacks_description	text		No					
snacks_calories	int(11)		No					
total_calories	int(11)		No					

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6 user_accounts

Creation: Jun 15, 2024 at 08:44 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
username	varchar(50)		No					
password	varchar(255)		No					
role	enum('customer', 'trainer', 'dietitian', 'admin')		No					

7 workout_plans

Creation: Jun 15, 2024 at 08:47 PM

Column	Type	Attributes	Null	Default	Extra	Links to	Comments	MIME
id	int(11)		No		auto_increment			
customer_username	varchar(50)		No					
exercises	text		No					
rounds	int(11)		No					
reps	int(11)		No					
duration	int(11)		No					
exercise_img	varchar(255)		No					
difficulty	varchar(255)		No					
calories_consumed	int(11)		No					
day	date		No					
created_at	timestamp		No	current_timestamp()				

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classes

classes
id
class_name
class_date
class_time
class_duration
created_at

foods

foods	ttendance
id	
food_name	
food_type	
stock	ber_username
price	
status	s
description	
food_image	

workout_plans

workout_plans
id
customer_username
exercises
rounds
reps
duration
exercise_img
difficulty
calories_consumed
day
created_at

feedbacks

feedbacks
id
username
feedback_type
message
created_at

meal_plans

meal_plans
id
dietitian_username
customer_username
date
breakfast_description
breakfast_calories
lunch_description
lunch_calories
dinner_description
dinner_calories
snacks_description
snacks_calories
total_calories

user_accounts

user_accounts
id
username
password
role

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