Main Modules	Submodules	
Authentication	Login	
	Signup	
	Email verification	
	Forget password	
News feed	Write a post	
	add a comment on a post	
	Like a post or comment	
	Delete a post	
	Listing of posts	
Diary	Calories Calculations equation	
	Listing of Meals	Add/multiadd food
		save meal
		copy meal
		quick add
	Adding an exiercies	
	Adding water	Change water unit
	Adding Notes	
	Filtering using calender	
	Move to	
	Delete entry or all enteries	
	Calories counter for each diary	
	Compete diary	
Nutration	Filtering using calender	
	llisting of statisics of calories nutrients macros	
	Editing Goal	
	Analyze my foods	
	Export Files	

	Listing all created Recipes, Meals & Food	
	Create a Recipe, Meal & Food	
	Search for a Recipe, Meal & Food	
Recipes, Meals & Food	Sort	
	View Recipe, Meal & Food details	
	Edit Recipe, Meal & Food details	
	Delete a recipe	
	Listing of plan	
	Filter using plan type	
	viewing plan details	
Plans	start plan	
	end plan	
	Filter applied plan by date	
	add a new plan	
	Listing of Goals	
Goals	Editing main goal info	
	Editing Nutration Goals	
	Editing Fintess Goal	
Notification	list of all notifactions	
Reminder		
Messages	Send message	
	List all messages history (recived and sent)	
Nutrition	Nutrition traking	
	Editing main goal info	

	Editing Nutration Goals	
	Editing Fintess Goal	
settings		
Me (profile)		
Help		
Apps & Devices		
Steps		
Blog		
Community		
Our Other Apps		
Privace Center		
Exercise		