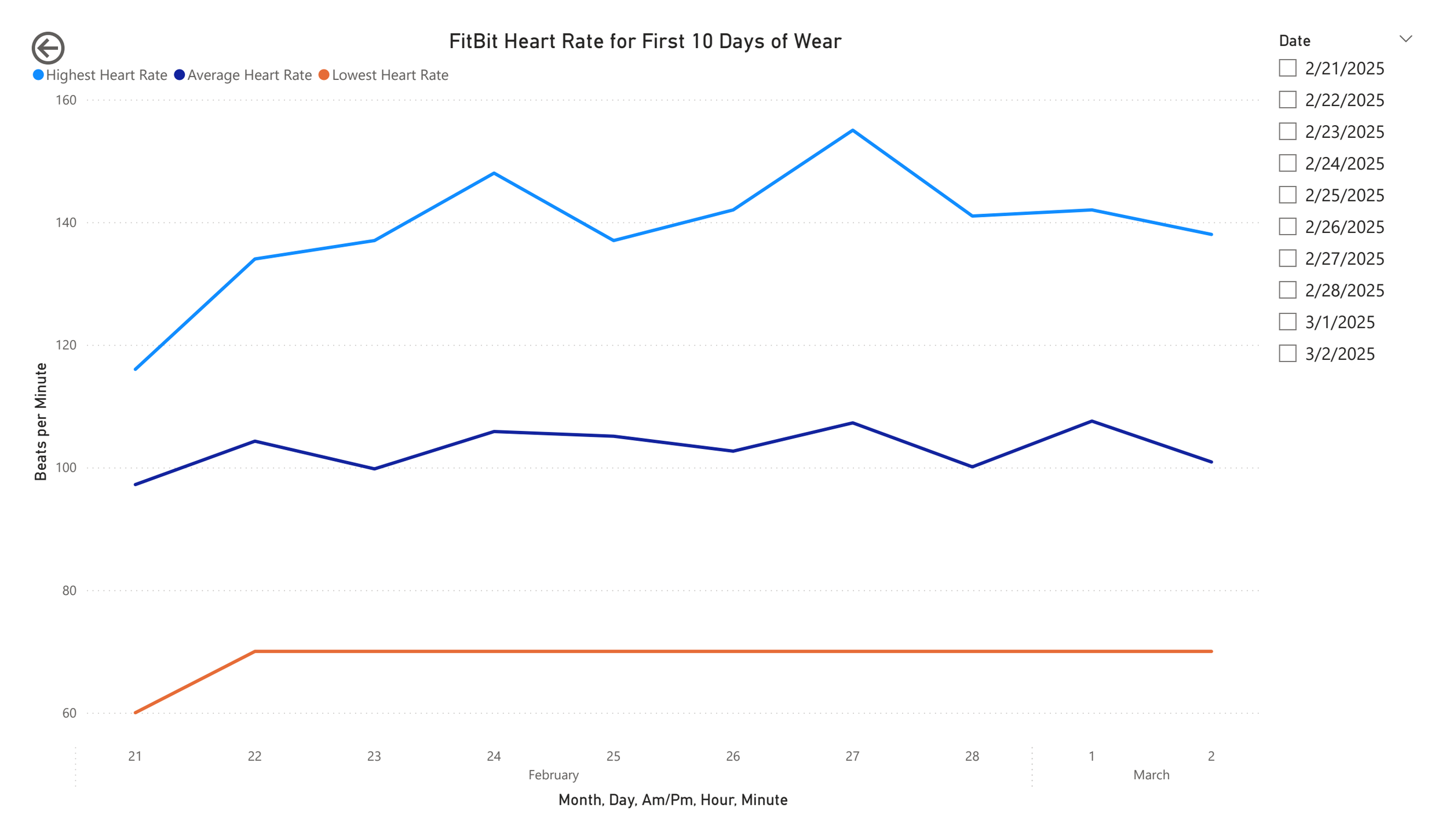
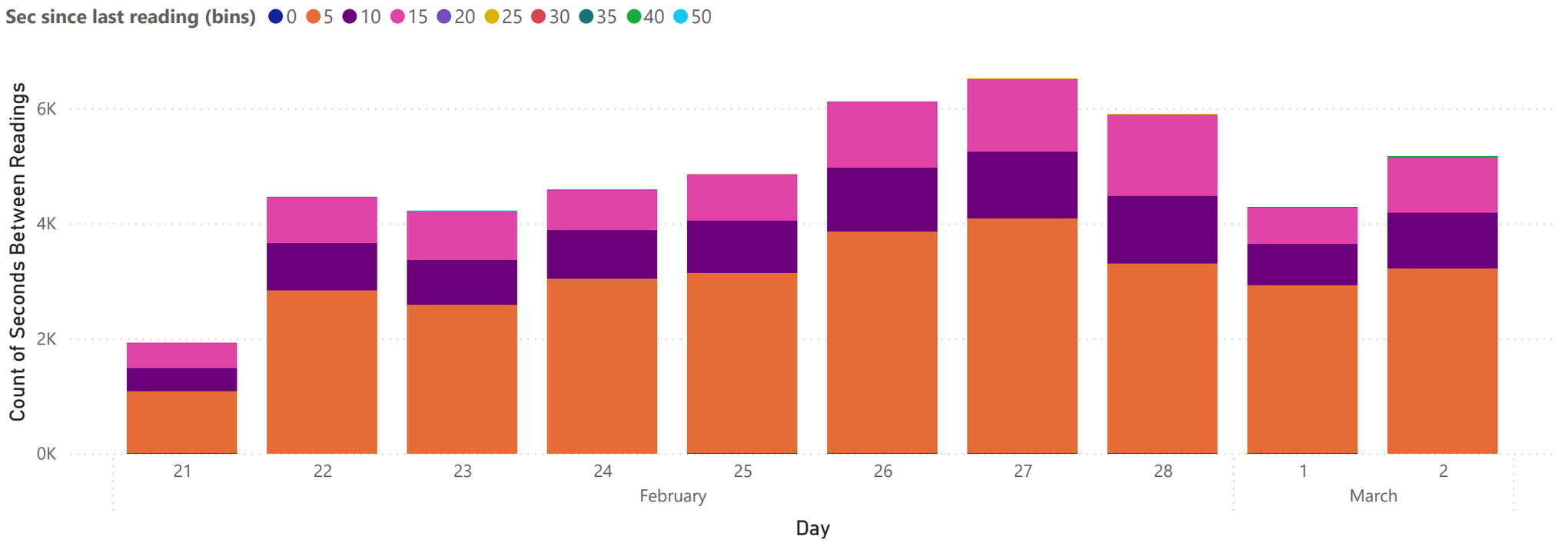
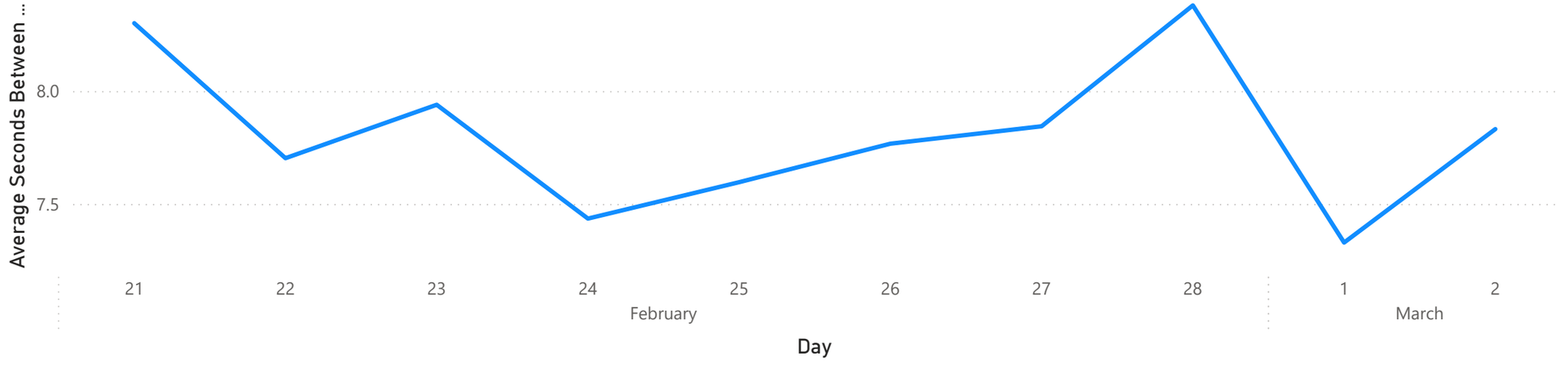

FitBit Heart Rate for First 10 Days of Wear
Highest Heart Rate
Average Heart Rate
Lowest Heart Rate
160
140
120
100
80
60
Beats per Minute
21
22
23
24
25
26
27
28
1
2
February
March
Month, Day, Am/Pm, Hour, Minute
Date
2/21/2025
2/22/2025
2/23/2025
2/24/2025
2/25/2025
2/26/2025
2/27/2025
2/28/2025
3/1/2025
3/2/2025

Number of Readings by Seconds Between Readings and Date



Date

- [ ] 2/21/2025
- [ ] 2/22/2025
- [ ] 2/23/2025
- [ ] 2/24/2025
- [ ] 2/25/2025
- [ ] 2/26/2025
- [ ] 2/27/2025
- [ ] 2/28/2025
- [ ] 3/1/2025
- [ ] 3/2/2025

Average Seconds Between Readings by Date and Time