



Re-Track Yourself

Atlantic Technological University

BEng(Hons) Software and Electronic Engineering

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Sarah Mitchell

Description



Re-track yourself is a desktop application that will help limit distraction.



Created for people who struggle with time blindness, ADHD, procrastination etc.



Helps the mind set a physical goal that the user can focus on.

Is this application needed?



During my research I found many of these tools are available as separate applications or extensions, not a multi tool application.



Many of these tools are integrated into chrome extensions but are limited to the current webpage which is useless if you are creating multiple tabs researching and/or studying.



With my project, the widgets are shown on top of what you are working on, so they are always in your peripheral view.

How I made it



I created my project with Electron, which is a JavaScript Framework which helps create native applications using Web based Technologies.



I used React to create my app UI and routing between my widget settings.



I used LocalStorage to send data between windows, and IPC to render additional screens from the main process.

Technologies and IDE Used

Electron

Electron is a framework for building desktop applications using JavaScript, HTML, and CSS.

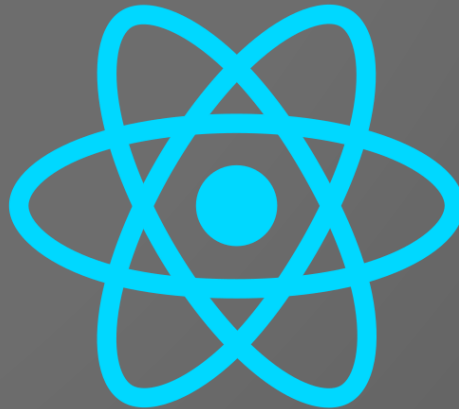
By embedding Chromium and Node.js into its binary, Electron allows you to maintain one JavaScript codebase and create cross-platform apps that work on Windows, macOS, and Linux

<https://www.electronjs.org/docs/latest/>

React

React is a free and open-source front-end JavaScript library for building user interfaces based on components.

I used React in my Project for Routing and creating custom components



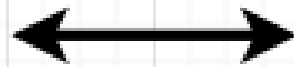
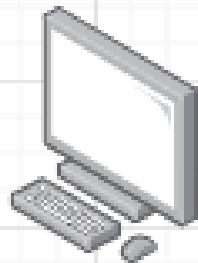
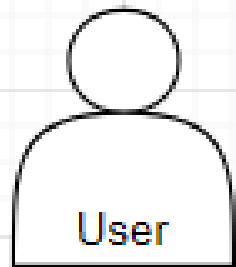
Visual Studio Code

Visual Studio Code is a lightweight but powerful source code editor which runs on your desktop. It comes with built-in support for JavaScript, TypeScript and Node.js and has a rich ecosystem of extensions for other languages and runtimes

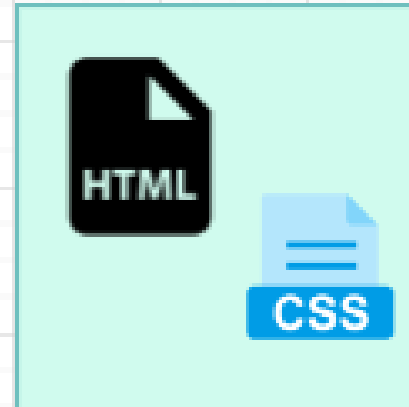


Architecture Diagram

Re-Track Yourself

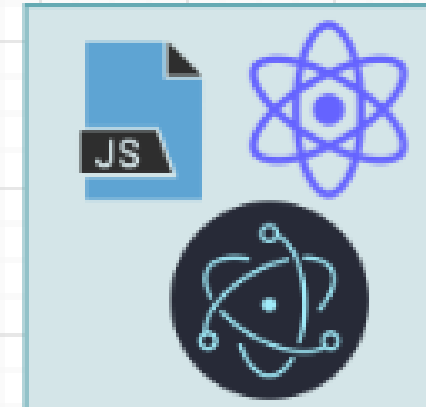


Front End



HTML & CSS

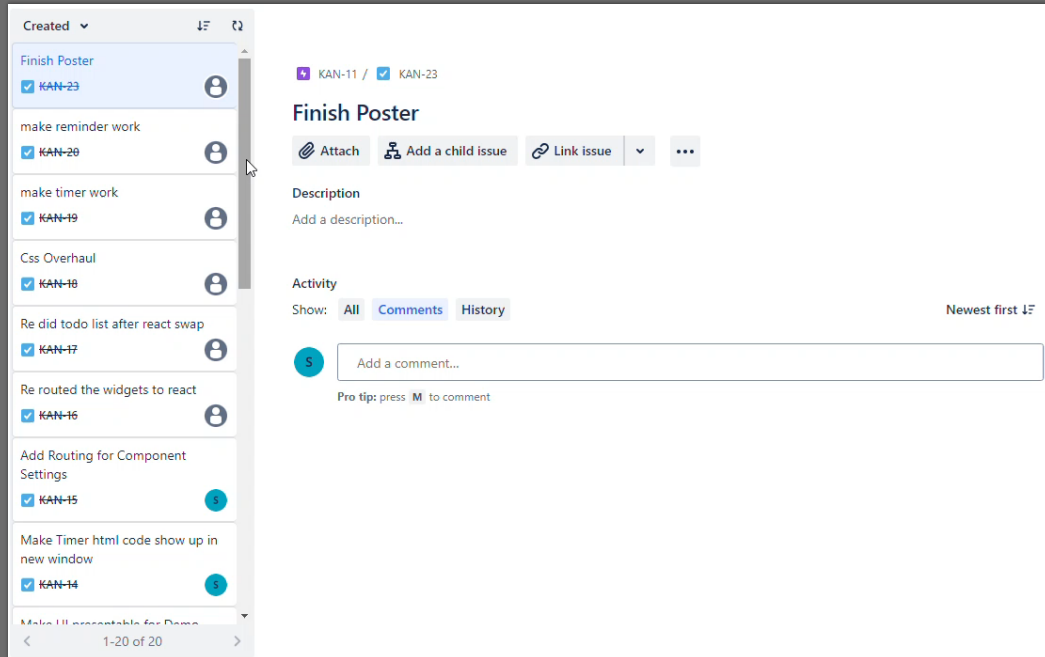
Back End



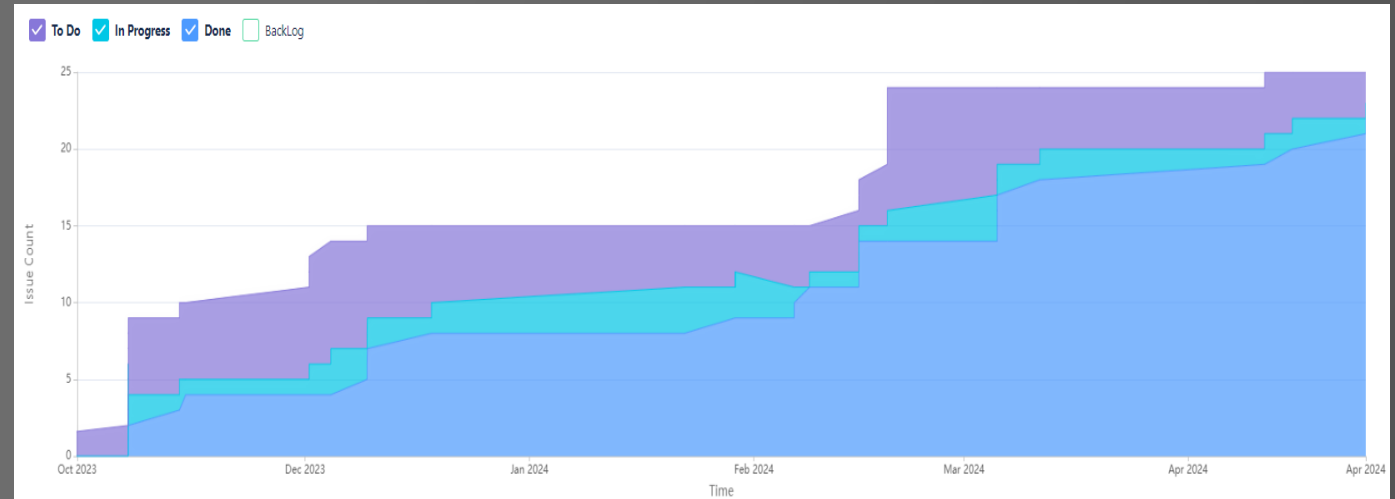
JavaScript, React, Electron

Project Planning – Kanban Boards

Issues Dealt with



Progress of Tasks



The Widgets

Timer

- ▶ The timer is used for short sprint study sessions
- ▶ You can set the timer for an hour at a time.
- ▶ It will display as a countdown timer and alert when time is up.



To-Do

- ▶ Allows you to set tasks you want to complete while studying
- ▶ You can check them off once you are done



Reminder

- ▶ Will remind you every so often to get up and eat/drink/take a walk.
- ▶ This lets you step away from the screen and not get over focused on work and eventually burn out.



Thank you For Listening

Now on to the Demo