

Chard salad

Ingredients

- 2 bundles of chard
- 2 cups of water
- 1 tablespoon of salt
- 1/2 cup of oil
- 1/4 cup of vinegar
- 1 teaspoon of salt
- 1/4 teaspoon of pepper

Directions

- Wash and boil the chards, for no more than 5 minutes, in pieces and mix in the oil, vinegar, salt, and pepper.
- Garnish with rings of onions and tomato.

