

Barley soda

Ingredients

- 6 glasses
- 4 cups of hot water
- 4 tablespoons barley powder
- 1 cup sugar
- 1 1/2 teaspoons juice lemon

Directions

- Mix the barley with a little cold water, add the hot water and boil for a few minutes, stirring constantly.
- Strain the barley, add the sugar and lemon juice.
- Serve very cold.

