**Ablavi Sarah Segla**

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Personal Profile:

I am a positive, committed and trustworthy person. I am a reliable team player that enjoys working in a team. I have good communication skills that I have gained through volunteering from Northern General Hospital, and working as a healthcare assistant. I have a good work ethic and a positive attitude.I am a reliable individual which is backed up by my 100% attendance throughout my studies and work. I am aware of my priorities and will not let personal issues interfere with work. I have a friendly and welcoming personality which will be beneficial to this particular job.

**Education:**

**Qualification:** Level 3 BTEC Health and Social Care - DDD

GCSE English Language - C

**Date:** September2015 – June 2017

**Institution:** Longley Park College

**Qualification:** GCSE Mathematics - B

GCSE Science - C

GCSE Additional Science - C

Level 2 Health and Social Care - M

GCSE Religious Studies - C

**Date:** September 2014-August 2015

**Institution:** Parkwood academy school

**Date:** September 2017 – June 2020

**Institutions:** De Monfort university

**Date:**  November 2021 – January 2022

Level 2 Counselling skills (NCFE) (FL)

**Institutions:**  Birmingham Adult Educational Service

September 2016 – September 2017: I have worked as a Personal Assistant for a child aged three who has serine deficiency and visual impairment. Supporting with feeding and medication through percutaneous endoscopic gastrostomy, I have come to understand how important it is to be reliable and responsible as a Health care worker. What's more, I complete care plans and so have an insight into how important administration is to effectively care and support children.

What's more, I often have to work with other professionals and so I need to be able to work well as part of a multidisciplinary team. As well as this, I have voluntary experience of working in the NHS General hospital for three hours a week. As a 'Welcomer', I am often the first person patients see when they arrive and so I have to be approachable, confident and responsible; I also have to 'think on my feet' a lot when trying to solve issues for patients and visitors. I think this will be really useful in my role as a Health care worker. These roles have helped me to develop my practical and professional skills such as organisation and time-management which is demonstrated by the fact I also have a 100% attendance record.

November 2017 – March 2018: I worked for Carewatch/ help at home as a care worker. This was domiciliary care which meant I had to support service users in their own homes. I learnt the skills of time management as I was only allowed a restricted time at each service user's house before moving onto the next. Doing this type of care meant I had to respect service users at home. Support service users with everyday activities such as getting out of bed, medications, personal care and getting back into bed.

June 2018 – May 2020: Brook street social care. My last job working as a support worker for an agency. This job requires me to support service users to be independent, preparing their meals, dressing, communicating and writing everything within a care plan. As a care worker I have to work in teams to ensure the best quality of treatment for the service users. This job gave me the opportunity to work with a range of individuals that have different needs and age. From children and young adults in residential homes to specialist housing for homelessness.

August 2020 – Currently: Solid matters resources. My current job working at Ellern Mede. A hospital specialist in eating disorders. The job requires me to support children and young adults to live a fulfilled and valued life. As a health care assistant, I keep a positive attitude and provide the patients with emotional support.

October 2020 – Current: Protocol education. My current job working in primary schools as a learning support assistant. This role gives me the opportunity to work with a wide range of children in different age groups and special educational needs.