

MediView Healthcare

Patient Consultation Report

Date: 2025-06-27 02:10:39

Reviewed by: Dr. Neuron

Designation: Senior AI Consultant

Doctor's Observations:

Hello, I hope you're doing well; based on our conversation and what I see in your uploaded image, I think you have a case of acne vulgaris with a lesion near your left lip that appears consistent with a cold sore or possibly a secondary bacterial infection, and I suggest that you gently cleanse your face twice daily using a non-comedogenic cleanser while avoiding excessive touching or picking at the lesions, as this will help reduce further irritation and risk of infection; for the acne, you may use over-the-counter topical treatments like benzoyl peroxide or salicylic acid and if the lesions do not improve or worsen after a few weeks, you might consider seeing a dermatologist for a more thorough evaluation, while for the cold sore, initiating a topical antiviral such as acyclovir early can help shorten the duration and alleviate discomfort, and if you experience increased redness, swelling, or systemic symptoms, please seek medical attention promptly; meanwhile, I recommend supporting your recovery with a balanced diet rich in fresh fruits, vegetables, lean proteins, and whole grains while reducing your intake of sugary and highly processed foods, staying well hydrated and managing stress through techniques like mindfulness or light exercise, and please continue to monitor your condition and update me on any changes so we can adjust your care accordingly.

This report is auto-generated by MediView Virtual Interview System.