



**INSPIRING ILANGO**  
**TRANSFORMING LIVES**  
**INSPIRING HOPES**



## ABOUT THE FOUNDATION

- Vision Inspiring Ilango Foundation (VIIF) is a registered, non-profit, non-governmental organisation devoted to emotional empowerment, inclusive development, and life-changing training programmes.
- Co-founded by Dr Inspiring Ilango and Mrs Srilatha Ilango, VIIF serves as a sanctuary for individuals and communities navigating emotional crises, systemic neglect, or social disadvantage.

## OUR VISION

- To radically transform lives affected by emotional trauma, addiction, digital dependency, and internalised oppression.
- We envision a world grounded in dignity, emotional independence, equality, compassion, and universal human worth.



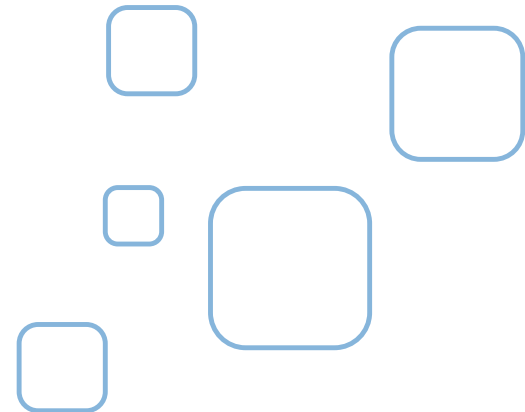
## OUR MISSION

- To champion emotional empowerment through inspiring programmes, accessible training, and compassionate intervention — especially for the visually challenged and emotionally vulnerable.
- Our mission is to make emotional freedom, mental clarity, and psychological resilience accessible to all.



## WHY THIS CANNOT WAIT

### The Global Crisis



- More than 700,000 people die by suicide every year — one every 40 seconds (WHO).
- Suicide is the third leading cause of death among people aged 15–29.

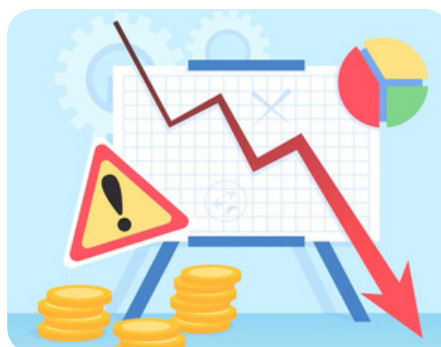
## INDIA'S STARK REALITY

- India accounts for 20% of global suicide deaths.
- In 2021, 164,033 Indians died by suicide — a 7.2% rise from the previous year.
- Tamil Nadu alone reported 18,925 cases; Maharashtra led with 22,207.



## THE ECONOMIC TOLL

- Suicide and mental illness significantly reduce productivity and economic output.
- Tamil Nadu's GDP is directly affected by mental health-related losses.



## A DIRE SHORTAGE OF MENTAL HEALTH PROFESSIONALS

- India has only 0.75 psychiatrists per 100,000 people — far below the global average of 3–6.
- Millions suffer without access to trained support.

## OUR FLAGSHIP INITIATIVES

- All initiatives are scalable and ready for implementation with support from international donors, CSR leaders, institutions, and patrons.

### 1. HopeLine – 24/7 Mental Health Centre

Round-the-clock emotional support and crisis intervention by trained mental health professionals.

### 2. Inspitainment™ – Where Inspiration Meets Entertainment

Live events combining motivational talks, music, interactive experiences, and mental wellness takeaways.

### 3. Empowering Vision – Digital Literacy for the Visually Challenged

Training in assistive technology, communication skills, and digital empowerment for the blind and visually impaired.

### 4. Rising Stars – Youth Personality Development

A comprehensive programme nurturing emotional intelligence, English fluency, and leadership in underprivileged students.

### 5. Live Life Campaigns – Mental Health Awareness

Outreach initiatives fostering resilience, optimism, and proactive mental wellness.

## **6. Speak Up – English for Empowerment**

Public speaking and communication programmes for marginalised rural and semi-urban communities.

## **7. Empower Her – Women's Well-being and Leadership**

Workshops and counselling for entrepreneurial development, assertiveness, and emotional strength in women.

## **8. Emotional Wellness Clinics – Counselling & Group Therapy**

Professional support for stress, anxiety, trauma, burnout, and emotional instability.

## **9. Inspired Living – Talks and Performances**

Engaging sessions by Dr Inspiring Ilango and other experts on purpose, emotional mastery, and hope.

## **10. Breaking Free – Addiction Awareness and Recovery**

Short films, workshops, and sessions addressing substance dependence and emotional healing.

## **11. Healthy Choices – Food and Mood Awareness**

Campaigns linking nutrition to emotional health and long-term wellness.

## **12. Holistic Health – Lifestyle and Mindfulness**

Workshops focused on sleep hygiene, fitness, mental clarity, and digital discipline.

## **13. Digital Wisdom – Smart Use of Technology**

Interactive sessions on healthy digital habits and responsible AI use for students and professionals.

## **14. Smart Parenting**

Guidance for raising emotionally intelligent, self-aware, and digitally safe children.

## **15. Hope Fund – Support for Ailing and Cancer Patients**

Financial assistance and emotional support for those battling life-threatening illness.



## OUR FOUNDERS AND TRUSTEES

### DR INSPIRING ILANGO – FOUNDER & MANAGING TRUSTEE

- An international speaker, emotional intelligence consultant, bestselling author, and self-trained vocalist, Dr Inspiring Ilango is a visionary who has transformed his visual disability into the cornerstone of his global impact.
- He holds world records in deep-sea diving and solo paragliding, demonstrating that no obstacle is insurmountable.
- As the living embodiment of resilience, he delivers far more than insight — he delivers inspiration in action.
- He is also the Founder & Managing Director of Ace Panacea Life Skills Private Limited, offering services in life skills training, purpose driven entertainment, and meaningful audio and video productions.

### SRILATHA ILANGO – FOUNDER AND TRUSTEE

- An advocate for women's empowerment and strategic impact, Srilatha Ilango leads with both empathy and precision.
- She ensures the flawless execution of training and media initiatives across the foundation's multiple verticals.
- As Executive Director of Ace Panacea Life Skills Private Limited and Trustee of VIIF, she plays a pivotal role in advancing mental health awareness and social equity across India.

## WHAT WE NEED FROM YOU

- VIIF is authorised by the Government of India to receive CSR contributions.
- We are not seeking charity — we are seeking champions.
- Fund our flagship HopeLine Mental Health Centre, which will save lives daily.
- Support any of our scalable programmes designed to create long-lasting societal change.
- Initiate a CSR partnership or join our circle of monthly patrons.
- Every contribution is a lifeline. Every gift a declaration that emotional well-being matters.

## DONATION DETAILS (80G EXEMPT)

### ICICI BANK

**ACCOUNT NAME :** Vision Inspiring Ilango Foundation

**ACCOUNT NO :** 168001000906

**IFSC CODE :** ICIC0001680

**BRANCH :** Indira Nagar, Chennai

**SWIFT CODE :** ICICINBBXXX

### AXIS BANK


**ACCOUNT NO :** 920010066165417


**IFSC CODE :** UTIB0003492

**BRANCH :** Ambattur Industrial Estate, Chennai


**SWIFT CODE :** AXISINBB211

## REACH US TODAY

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**LET US NOT WAIT FOR THE NEXT CRISIS. LET  
US ACT. LET US INSPIRE CHANGE — TODAY.**