



Dr. Lekha Selvam
Consultant General Surgeon, Healurix

Date: Aug. 6, 2025

Patient ID:	36	Patient Name:	Nazma Caatoon
Age / Sex:	37 / Female	Mobile No:	9090909190
Email:	nazma@gmail.com		
Next Consultation Date:	Aug. 16, 2025		

Prescribed Tablets					
Tablet Name	Morning	Afternoon	Night	Food Instruction	Days
Ursodeoxycholic Acid (300mg)	1	1	0	after food	10 days
Ondansetron (4mg)	1	0	0	before food	5 days
Rantac (150mg)	1	0	0	before food	10 days
Cetirizine (10mg)	1	0	1	after food	1 week

X-Ray / Scan Recommendations	
Test Name	Food Instruction
Usg Abdomen And Pelvis	before food
Cbc	anytime
Lft	before food
Urine Routine	anytime

Lekha Selvam

Doctor's Signature