

WHO TO WHOM

There are certain guidelines that govern who can give blood to whom depending on blood type. The guidelines are based on the ABO blood group classification system, which divides blood into the four primary kinds A, B, AB, and O.

- ✓ People with blood type O are typically thought of as universal donors since anyone with any other blood type can receive their blood. However, those with blood type O can only acquire it from others who also have type O blood.
- ✓ People with blood type AB are referred to be universal donors since they may receive blood from people with any other blood type. Blood donors with blood type AB, however, can only help others who also have that blood type.
- ✓ Blood types A and AB may both accept blood from people with blood type A, but only blood types A and O can give blood to people with blood type A.
- ✓ Blood type B donors can provide blood to blood type B and AB recipients, while only blood type B and O recipients may receive blood from type B donors.
- ✓ It is significant to highlight that additional variables, such as the Rh factor (positive or negative) and the presence of certain antibodies, must be taken into account when blood donors and receivers are matched. Blood banks and collecting facilities adhere to tight rules to guarantee that given blood is safe for transfusion and compatible with the receiver.

TYPE	YOU CAN GIVE BLOOD TO	YOU CAN RECEIVE BLOOD FROM
A+	A+, AB+	A+, A-, O+, O-
O+	O+, A+, B+, AB+	O+, O-
B+	B+, AB+	B+, B-, O+, O-
AB+	AB+	EVERYONE
A-	A+, A-, AB+, AB-	A-, O-
O-	EVERYONE	O-
B-	B+, B-, AB+, AB-	B-, O-
AB-	AB+, AB-	AB-, A-, B-, O-

