MUSIC IS THE MEDICINE OF THE MIND

HOMEPAGE GALLERY ABOUT FEEDBACK

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WELCOME TO MUSIC WORD

WHAT IS MUSIC

Sounds are all around us, from birds chirping and waves lapping against a coastline to cars honking in traffic. But sometimes sounds are put together in purposeful ways to create a specific atmosphere or to express ideas or emotions. Such organized sounds are called music.

Music is made of sounds, vibrations, and silent moments, and it doesn't always have to be pleasant or pretty. It can be used to convey a whole range of experiences, environments, and emotions.

Almost every human culture has a tradition of making music. Examples of early instruments like flutes and drums have been found dating back thousands of years. Ancient Egyptians used music in religious ceremonies.

Many other African cultures have traditions related to drumming for important rituals. Today, rock and pop musicians tour and perform around the world, singing the songs that made them famous. All of these are examples of music.

ARTICLE 1

I think music in itself is healing American musician Billy Joel once said. Its an explosive expression of humanity. Its something we are all touched by. No matter what culture we are from everyone loves music. Most of us would wholeheartedly agree with this statement and it is this universal bond with music that has led researchers across the globe to investigate its therapeutic potential.

ARTICLE 2

Music impacts us in ways that other sounds do not and for years now scientists have been wondering why. Now they are finally beginning to find some answers. Using fMRI technology they are discovering why music can inspire such strong feelings and bind us so tightly to other people. Music affects deep emotional centers in the brain says Valorie Salimpoor a neuroscientist at McGill University who studies the brain on music.

ARTICLE 3

Music is a vital part of different moments of human life. It spreads happiness and joy in a persons life. Music is the soul of life and gives immense peace to us. In the words of William Shakespeare If music is the food of love play on Give me excess of it that surfeiting The appetite may sicken and so die. Thus Music helps us in connecting with our souls or real self.

IMPORTANCE OF MUSIC

Music has great qualities of healing a person emotionally and mentally. Music is a form of meditation. While composing or listening music ones tends to forget all his worries, sorrows and pains. But, in order to appreciate good music, we need to cultivate our musical taste. It can be cited that in the Dwapar Yug, the Gopis would get mesmerized with the music that flowed from Lord Krishnaâ€™s flute. They would surrender themselves to Him. Also, the research has proved that the plants which hear the Music grow at a faster rate in comparison to the others.

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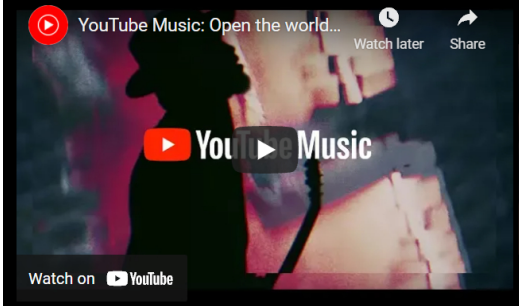

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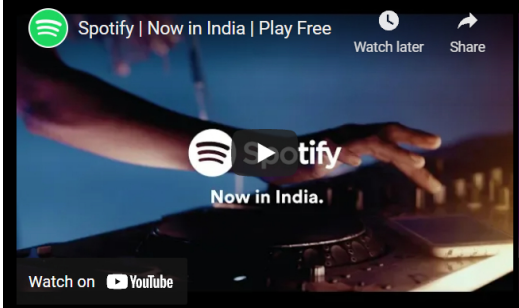

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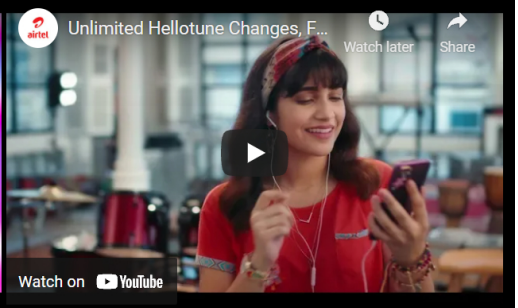

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WHAT IS MUSIC?

Music is a pleasant sound which is a combination of melodies and harmony and which soothes you. Music may also refer to the art of composing such pleasant sounds with the help of the various musical instruments. A person who knows music is a Musician.
The music consists of Sargam Ragas Taals etc. Music is not only what is composed of men but also which exists in nature. Have you ever heard the sound of a waterfall or a flowing river? Could you hear music there? Thus everything in harmony has music. Here I would like to quote a line by Wolfgang Amadeus Mozart one of the greatest musicians The music is not in the notes but in the silence between.

VARIOUS STYLES OF MUSIC IN INDIA

India is a country of diversities. Thus it has numerous styles of music. Some of them are Classical Pop Ghazals Bhajans Carnatic Folk Khyal Thumri Qawwali Bhangra Drupad Dadra Dhamar Bandish Baithak Gana Sufi Indo Jazz Odissi Tarana Sugama Sangeet Bhavageet etc.

MAGICAL POWERS OF MUSIC

It has the power to cure diseases such as anxiety depression insomnia etc. The power of Music can be testified by the legends about Tansen of his bringing the rains by singing Raag Megh Malhar and lighting lamps by Raga Deepak. It also helps in improving the concentration and is thus of great help to the students.

CONCLUSION

Music is the essence of life. Everything that has rhythm has music. Our breathing also has a rhythm. Thus we can say that there is music in every human being or a living creature. Music has the ability to convey all sorts of emotions to people. Music is also a very powerful means to connect with God. We can conclude that Music is the purest form of worship of God and to connect with our soul.

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