G D GOENKA PUBLIC SCHOOL, ALIGARH

Stay the day, the Smart way Daily Routine for (Class 3rd – Class 9th) student

| Routine | <u>Timings</u> |
|---|--------------------------------|
| Wake-up | 06:00 AM to 07:00 AM |
| Dress Up, breakfast and Greet time | 07:00 AM to 08:00 AM |
| Departure to school | 08:00 AM to Bus Reporting Time |
| School Time | 08:30 AM to 01:30 PM |
| Back to Home | 01:30 PM to 2:00 PM |
| Refreshment and Rest time | 02:00 PM to 04:00 PM |
| Game time | 04:00 PM to 05:00 PM |
| Self study | 05:00 PM to 6:30PM |
| Rest/Watch TV/Entertainment with family | 6:30PM to 7:30PM |
| Dinner time | 7:30 PM to 8:00PM |
| Night Study | 08:00 PM to 9:00PM |
| Milk | 9:00 PM - 9:15 PM |
| Brush and Dream Time | 09:15PM |

Note

On every Saturday, parents and students can watch a movie or any program on TV. For this, students can skip evening study.

On every Sunday, the child will go for picnic/market for enjoyment / recognition.

If your child is not following the schedule, feel free to call on – 8126747489, (Between 10:30 to 12:30 PM)