

Follow this Video to Install Python on Windows: <https://www.youtube.com/watch?v=yivyNCtVVDk>
Follow this Video to Install Python on Mac: <https://www.youtube.com/watch?v=NmB1AwF3G3k>
Follow this Video to Install VScode both Mac & Windows: <https://www.youtube.com/watch?v=bN6DE-4uF>
No

Doesnt matter version of Vscode if u have already well and good.
For Python make sure it is more than 3.10 is all