

# Become a Internationally Certified Clinical Dietician / Nutritionist



You are a Graduate or a Doctor  
Dream Big & Make it True

## PROSPECTUS

### PG DIPLOMA in NUTRITION & DIET PLANNING



— 1988 —

**TULIP INTERNATIONAL™**

Institute for Healthcare & Cosmetology

MUMBAI • CANADA

World Class. India's Finest.

[www.tulipinternational.net](http://www.tulipinternational.net)

# TULIP ADVANTAGE

## World Class. India's Finest.



Our Strength & Your Lifetime Advantage: Below International credentials are mentioned on your Diploma. Know these BIG Advantages & join Tulip.

### ● Government Registered:



QMS ACCREDITED BY

حکومت دہلی  
GOVERNMENT OF DUBAI  
DUBAI, UAE (Middle East)

### ● ISO 9001:2015 Certified:



LONDON, UK

### ● International Accreditations, Registration & Affiliation:



USA



USA



SCOTLAND, UK



ENGLAND, UK



AUSTRALIA

## YOUR INTERNATIONAL DIPLOMA

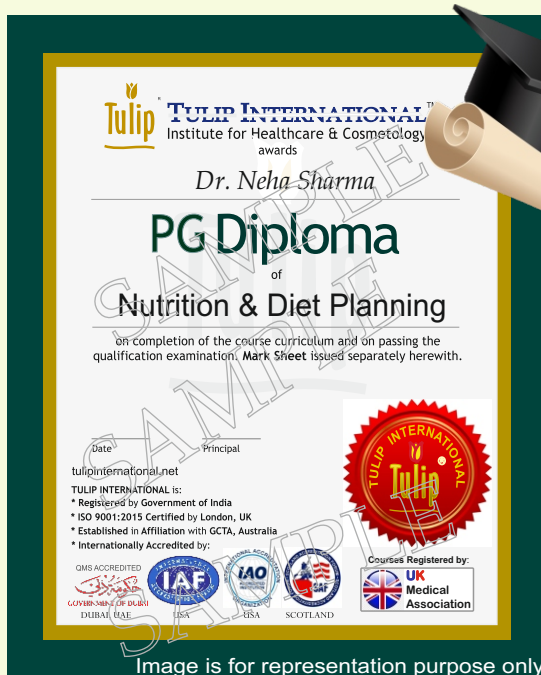


Image is for representation purpose only



**Global Diploma - Recognised in India & 180 top countries.**  
**Great for Foreign Migration.**



## COURSE FACULTY & DESIGN

### ● SARTHI KAMAT

- \* B.Sc. Life Science (Nutrition & Genetics), Delhi.
- \* P.G. Nutrition Science, (Cornell University, NY, USA).
- \* Masters- Biochemical & Medical Nutrition, (University of Texas, Austin, USA).
- \* Member : i) ICMR ii) American Nutrition Association.

### ● SONALI KAMAT

- \* B.Sc. (Microbiology).
- \* Masters in Nutrition & Dietetics, (Los Angeles, USA),
- \* PG Dip. Nutrition & Dietetics.
- \* 25 yrs of solid experience.

# YOUR DREAM CAREER

*Make it Come True !*



*Read this page and generate a solid confidence in yourself & your ability. Change others' as well as your own life for the better! 👍*

Become a **Dietician** and function in the following 3 ways:

- 1) GET JOBS:** Get 100% Job Assistance as Dietitians / Nutritionist in Food Industry, Corporate companies or International Schools as Diet Advisor or assist Sr Dietician or Physician in their practice.
- 2) FREELANCER:** Become a Self Reliant Freelance Diet Consultant, Food blogger or Life Coach.
- 3) START YOUR OWN PRACTICE:** Thousands of our students have started their Own Private Practice from Clinic/ Home/ Online. *See below:* 🖱️

**Tulip students who started Own Centres & made it BIG:**

Shelly Khera's



Dr. Puneet Nayak's



Meeta Singh's



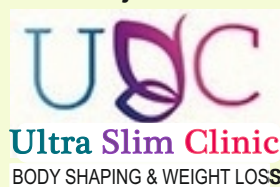
Dr. Geeta Shah's



Dr. Bhavna Shah's



Dr. Surjeet Bawa's



Rashmi Naik's



Dr. Swati Pradhan's



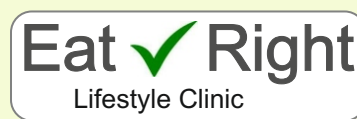
Dr. Sameera Sirguroh's



Dr. Devendra Bhanushali's



Heena Shaikh's



Dr. Vidyut Sodha's



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**& 3000 more have started their own setup**



# PG DIPLOMA in NUTRITION & DIET PLANNING



By Online Mode or Classroom Mode as below:

**Online Mode** : **Duration:** 6 Months. **Fee:** Rs. 34,990/-

**Classroom Mode:** **Duration:** 3 Months. **Fee:** Rs. 34,990/-  
**Day & Time:** Every Sunday, 11.30 to 1.30

**Eligibility:** For PG Diploma: Any Graduate or Doctor:

(BSc, BCom, BHMS, BAMS, MBBS, BUMS, BDS, BE, BPTH, BA, CA, MBA, Nursing etc).

**For Diploma:** Any Diploma holder or 12th Sc. No Age bar.

## CONTENTS:

### PART 1 – NUTRITION & FOOD SCIENCE:

1. Enzymatic Digestion, Absorption & Assimilation of nutrients.
2. Study of Macro Nutrients: Carbohydrates, Proteins, Lipids.
3. Study of Micro Nutrients: Vitamins, Minerals.
4. Sports Nutrition for Fitness & Sports performance.

### PART 2 – CLINICAL DIETETICS PRACTICAL:

5. **Food Valuation / Analysis:** Calculation of calorific & nutritive values of food.
6. Generating **nutritive recipes** with proper calorific values.
7. Calculation of **individual patient's calorie** requirements.
8. **Menu Planning:** Diet Plans with **Case Studies** for individual's food intake in:
  - i. **Diabetes** - Sugar Control
  - ii. **Weight Loss & Weight Gain**
  - iii. **Heart Problems & Hypertension**
  - iv. **Hyper & Hypo Thyroid**
  - v. **PCOD / PCOS** (Poly Cystic Ovarian Syndrome)
  - vi. **Arthritis** - Bone Health
  - vii. **Pregnancy** - Better Foetal growth & Mother's health
  - viii. **Lactation** - Quality of milk production
  - ix. **Child Health** - Pediatric Diet
  - x. **Anemia** - To remove iron deficiency
  - xi. **Sports Diet** - for Athletes & Fitness people

**FREE**  
**YOGA or FITNESS**  
Online Course worth 21,000/-  
with **NUTRITION** Course.  
(Pay Only Registration 1890/-)



Many successful Dieticians give their patients Yoga or Fitness exercises with Diet Plans to get faster & better results and increase earnings.

**Take Advantage of the FREE Course Offer.** 4

# THE ONLINE COURSE DESIGN



*Can view on Laptop or Mobile*

Course made with American Online Training Software used in top colleges in USA & UK. Our online lessons have an international feel, are very interactive & easy to understand as explained below in 3 points:



Online Video Classes are Fun & Convenient

**1) ONLINE VIDEO CLASSES:** Video lessons with Diagrams, Charts & Animations are beautifully designed to make learning easy. The '**On Demand**' lessons are **present Full Day - 24x7** on our learning portal. You'll get login access to fresh lessons every month in advance in the order of study. (See attached **SAMPLE** video).

Study them **any time** suitable to you & **many times** for a good revision. No inflexible fixed times unsuitable for you.

**Expected study time:** 4 to 5 hours per week.

**2) COURSE BOOKS:** Three descriptive books in English for your study & future reference are couriered to you Free in advance in India, outside India courier charges are as applicable. No need to take printouts.



Personal Tutor with You

**3) PERSONAL TEACHER WITH YOU:** For the whole course, you will get a **direct email of your personal teacher** through which he/she solves your doubts & guide you. We are with you for the whole course.

Online study is very convenient as the training videos remain with you for long time for repeat study. Ideal for Busy or Outstation students.

**EXAMS:** Exams for **Online & Classroom** students are conducted Online. Fee: 1290/- per exam. The exams have 2 papers, a mix of Objective & Subjective of 50 marks each. We prepare you for it during the course. The Certifications are the **SAME** for Classroom & Online students.



# OUR STUDENTS (50,000+)



## THE CLASSROOM



AC Classroom with Digital Projector & OHP

**BOOK NOW**

For **Batch Dates & Last Date of Booking** refer our Email.

**ADMISSION:** Deposit the Booking Fees till the 'Last Date of Booking' in the bank account on 'Admission' page of our website [www.tulipinternational.net](http://www.tulipinternational.net) and complete the Admission Procedure as mentioned there. Get Confirmation in a day.



**TULIP INTERNATIONAL™**  
Institute for Healthcare & Cosmetology

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