Lysa Webb, MA LPC 5319 SW Westgate Drive Suite #211-A Portland, Oregon 97221 503-515-2940

<u>Philosophy and Approach</u>: Play is the language of children. As Plato stated, "You can discover more about a person in an hour of play than in a year of conversation." My approach to the counseling process has a strong reliance on Gestalt (Play) Therapy. However, my experience working with individuals requires different approaches to meet the person where he/she is at in his/her life, which includes but is not limited to Cognitive-Behavioral Therapy, Solution-Focused Therapy, and Family Systems Therapy.

<u>Formal Education and Training</u>: I hold a Master's Degree in Counseling Psychology from Lewis and Clark College. Major course work included human growth and development with an emphasis on children and adolescent treatment. I have extensive training and experience working in crisis intervention with children, teens and adults. I receive on-going training on individual and play therapy techniques with children, teens and adults as well as other trainings relevant to my practice.

<u>Fees</u>: My fee is \$100 per 50 minute therapeutic hour for individual sessions. My fee is \$150 per 90 minute session for couples or family therapy. Fees are collected at the start of every session, either with cash, check or credit card. Sorry, I am not set up to take insurance payments at this time. I do have limited slots for sliding scale clients, please talk to me about sliding scale options.

I am a Licensed Professional Counselor (LPC) with the Oregon Boards of Licensed Professional Counselors and Therapists and I abide by its Code of Ethics.

As a client of mine, you have the following rights:

- 1) To expect a licensee has met the qualifications of training and experience required by state law.
- 2) To examine public records maintained by the Board and to have the Board confirm credentials of a licensee.
- 3) To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100)
- 4) To report complaints to the Board
- 5) To be informed of the cost of professional services before receiving the services
- 6) To be assured of privacy and confidentiality while receiving services as defined by the rule or law, with the following exceptions: a) reporting suspected child abuse; b) reporting imminent danger to yourself or others; c) reporting information required in court proceedings or by your insurance company or other relevant agencies; d) providing information concerning licensee case consultation or supervision; and e) defending claims brought by you against me.
- 7) To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

You may contact the Oregon Board of Licensed Professional Counselors and Therapists at:

3218 Pringle Road SE #250 Salem, Oregon 97302-6312 Telephone: 503-378-5490

e-mail: lpct.board@state.or.us