Sarah Lee

Lead Physiotherapist

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Profile Summary

Experienced and dedicated Lead Physiotherapist with over 10 years of experience in injury rehabilitation, pain management, and performance enhancement. Skilled in assessing and treating various musculoskeletal conditions and providing personalized treatment plans. Passionate about promoting physical health and well-being.

Experience

Lead Physiotherapist

City Health Clinic July 2015 - Present

- Lead a team of physiotherapists in providing care to patients.
- Designed personalized rehabilitation programs for patients recovering from injuries.
- Conducted assessments and treatments for musculoskeletal conditions.
- Provided patient education on injury prevention and wellness.

Physiotherapist

South City Hospital
June 2010 - June 2015

- Assisted in developing rehabilitation plans for patients recovering from surgery and injuries.
- Conducted manual therapy and therapeutic exercises.
- Educated patients on pain management and prevention strategies.

Education

Master of Physiotherapy (MPT)

University of South City

Graduated: 2010

Bachelor of Physiotherapy (BPT)

University of City Graduated: 2007

Skills

Injury Rehabilitation

- Musculoskeletal Assessment
- Pain Management
- Therapeutic Exercises
- Manual Therapy
- Team Leadership
- Patient Education

Certifications

- Certified in Sports Physiotherapy
- Certified in Manual Therapy

Achievements

- Successfully managed the rehabilitation of over 500 patients with musculoskeletal injuries.
- Developed a patient referral program that improved clinic productivity by 20%.
- Awarded Physiotherapist of the Year by City Health Clinic in 2019.