## Mark Fernandes Trainee Coach

Email: <a href="mark@gmail.com">mark@gmail.com</a>
Mobile: 9307279366
Address: South Goa

### **Profile Summary**

Motivated and enthusiastic Trainee Coach eager to apply knowledge of athletic training and development. Adept at assisting senior coaches in organizing training programs and providing support to athletes in their pursuit of excellence. Passionate about continuous learning and growing in the coaching field.

# Experience

### **Trainee Coach**

South Goa Sports Academy
March 2021 - Present

- Assisted head coaches in daily practice sessions.
- Provided basic athletic support and training to athletes.
- Helped organize training schedules and monitor athletes' progress.

### **Education**

### **Bachelor of Physical Education (B.P.Ed.)**

University of South Goa Expected Graduation: 2024

#### Skills

- Coaching Assistance
- Training Support
- Athlete Monitoring
- Event Organization
- Communication and Teamwork

### **Achievements**

- Assisted in coaching a team that won first place in regional sports events.
- Contributed to the development of training schedules and drills for athletes.