Narsinh Mehta, also known as Narsinh Bhagat, was a 15th-century poet-<u>saint</u> of <u>Gujarat</u>, <u>India</u>, honored as the first poet, or *Adi Kavi*, of the Gujarati language. Narsinh Mehta is member of Nagar Brahman community. Narsinh became a devotee of <u>Krishna</u>, and dedicated his life to composing poetic works described as <u>bhakti</u>, or devotion towards Krishna. His <u>bhajans</u> have remained popular in Gujarat and Rajasthan for over 5 centuries. Most notably, his composition <u>Vaishnav Jan</u>
<u>To</u> was <u>Mahatma Gandhi</u>'s favorite and became popular with freedom fighters across India.

Much of what is known about Narsinh Mehta is derived from his own compositions and poetic works, due to the lack of formal historical documentation during this period. Additional insights into Narsinh Mehta's biography are found in works from other poets of subsequent eras, as their poems describe in detail the personality of Narsinh Mehta and certain key events from his life.

Though there is no consensus among scholars on exact dates, it is believed Narsinh was born in 1414 and lived until the age of 79. [4] While there is no specific date mentioned in Narsinh's autobiographical compositions or in works from later poets, the incidents depicted establish Narsinh's presence in the 15th century, notably during the reign of Mandallika III.

Narsinh Mehta was born in <u>Gopnath</u> village near the town of <u>Talaja</u> (now located in the <u>Bhavnagar district</u>, <u>Gujarat</u>). As a member of the <u>Nagar Brahmin</u> community, Narsinh's father held an administrative position in a royal court. Narsinh was mute until the age of eight. He began to speak only after meeting a holy man who had him utter the phrase "*Radhe Shyam*". His older brother, Bansidhar, was 17 years his senior. Narsinh's parents died when he was five years old; he was left dependent on his older brother and his sister-in-law. [2][4][5]

Based on the language, style, and emotion of Narsinh's poetic works, it is believed he studied in his Nagar family tradition and had knowledge of literary tradition and creativity. However, his poetry focuses exclusively on religious devotion and is attributed to becoming a devotee of Krishna.

Narsinh and his wife Manekbai lived in his older brother Bansidhar's home, but were treated very poorly by Bansidhar's wife. An ill-tempered woman, she taunted and insulted Narsinh repeatedly. One day, when Narsinh had enough of her taunts and insults, he left the house and went to a nearby forest in search of some peace, where he fasted and meditated by a secluded *Shiva lingam* at Gopnath mahadev Mandir for seven days. Pleased by his devotion, the god Shiva is said to have manifested before Narsinh and took him to <u>Vrindavan</u> where he saw Krishna and the gopis dancing (*ras leela*). ^[4] There, Narsinh is described to hold the torch which lit the grounds for the *ras leela*. He was so engrossed in watching Krishna that he did not realize the torch was burning his hand. ^{[2][4]} Krishna was pleased with Narsinh's devotion and granted him a wish. Narsinh asked to have never-ending devotion of Krishna and the ability to sing about his glory. Krishna granted him this, along with the constant vision of *ras leela* and the promise to always be at Narsinh's side. ^[2] He resolved to compose around 22,000 kirtans or compositions. ^[1]

After this transformative experience, Narsinh returned to his village, touched his sister-in-law's feet as reverence, and thanked her for insulting him for had she not made him upset, the above episode would not have occurred. [4] Thereafter Narsinh moved out of his brother's home and to a small house in <u>Junagadh</u>, where he began a life of devotion dedicated to Krishna. [2][4]

Time in Junagadh

In Junagadh, Narsinh lived in poverty with his wife and two children, a son named Shamaldas, and a daughter for whom he had special affection, Kunwarbai. His popularity grew as a *bhajan* singer, as he sang and danced the praises of Krishna in the company of all, regardless of gender, class, and

caste. The Nagar Brahmin community, which Narsinh belonged to, found it offensive that Narsinh associated with those deemed a lower caste. The Nagar Brahmins were considered "high ranking", and known for their elegant manners, musical skills, and court appointments. Many Nagar Brahmins at the time worshipped Shiva, and some sources state this contributed to their opposition and torment of Narsinh, who was an ardent Krishna devotee. [2][3]

Narsinh's autobiographical works as well as later compositions from other poets provide a glimpse of certain key incidents from his life, depicting Narsinh's *bhakti* towards Krishna.

The wedding of Shamaldas

The family priest of an influential individual named Madan Mehta, came to Junagadh in search of an appropriate partner for Madan Mehta's daughter. A local Nagar Brahmin suggested the priest meet Narsinh's son Shamaldas, hoping the priest would experience Narsinh's poverty and spread this news to other towns. However, the priest approved of Shamaldas and announced the engagement. Narsinh invited Krishna to the wedding, much to the ridicule of the other Brahmin's who mocked Narsinh's poverty and hopes that Krishna would help him. The wedding party of Shamaldas, full of people with meager means, departed Junagadh and arrived with much pomp and grandeur beyond everyone's expectations. It is believed that Krishna miraculously provided Narsinh's family with everything needed to celebrate the wedding of Shamaldas. [2][4]

Putrah Vivah or Shamaldas no Vivah is a composition that depicts this incident and portrays Krishna coming to the aid of his devotee. [3]

Promissory note

Many in the community questioned the poverty of Narsinh and assumed he was deceiving everyone. The local Nagar Brahmin's once convinced a group of pilgrims to get a promissory note from Narsinh for ₹700, telling them that Narsinh was actually a rich man despite appearances. When approached by the pilgrims, Narsinh understood he was being tricked, but he accepted the money and wrote a promissory note to a merchant in <u>Dwarka</u>, where the pilgrims were traveling to. [2]

The merchant named in the note was Shamalsha Sheth. Upon arriving in Dwarka, the pilgrims found no one had heard of an individual with this name, and assumed they had been scammed out of ₹700 by Narsinh. To their surprise, an individual named Shamalsha appeared looking for the pilgrims and paid the principal with substantial interest. It is believed the Krishna appeared as Shamalsha to fulfill the promissory note. [2]

Narsinh's composition "*Hundi*", is famous not only in Gujarati but in other parts of India as well, and was written as a prayer to Krishna after he accepted this bond from the pilgrims ("*Mari Hundi swikaro Maharaj re Shamala Giridhari...*", which translates to "*Oh God, please accept my note of credit...*" [2][3]

Ceremony for Kunwarbai's pregnancy

One noteworthy autobiographical composition is based on Narsinh's daughter, Kunwarbai, and the ceremony that occurred in honor of her pregnancy. The tradition at the time dictated that the parents of the mother-to-be would give gifts to their daughter's in-laws during the seventh month of pregnancy, a custom known as *mameru*. Given Narsinh's extreme poverty and his total immersion in devotion to Krishna, he arrived to his daughter's in-laws home empty handed. When he asked them for a list of customary gifts to provide, Kunwarbai's in-laws provided a list of expensive items that

would be unattainable for Narsinh. Upon receiving the list, Narsinh prayed to Krishna and soon a merchant, assumed to be the form of Krishna, appeared with gifts in abundance. [2]

This episode has been captured in Narsinh's autobiographical composition - "Kunverbai nu Mameru" or "Mameru nu Pad". The legend of Krishna coming to Narsinh's aid is also preserved through compositions by later poets and films.

Garland from Krishna

The Nagar Brahmin's continued to oppose Narsinh, and instigated the King of Junagadh, Ra Mandallika to test Narsinh. The King falsely accused Narsinh, and demanded that Narsinh ask Krishna to send him the garland from the murti in the temple of Damodar. This alone would provide Narsinh's innocence and spare his life. Narsinh prayed all night and pleaded with Krishna to make the King's demand come true, so that others would not fear pursuing a path of devotion. The next morning, Krishna placed the garland on Narsinh's neck and Narsinh received an apology from the King. [2]

Later life and legacy

Some works by later authors, such as *Narsinh Mehta nu Akhyan* (written in the 18th century) attempt to establish the clan, ancestry and pedigree of Narsinh Mehta. [3]

Many parallels are drawn between Narsinh's life events and those of other saint-poets such as <u>Surdas</u>, <u>Tulsidas</u>, <u>Meera</u>, <u>Kabir</u>, <u>Namdev</u> and Sundarar. Like many others of the era, Narsinh faced strong opposition from society but remained steadfast in his devotion. His acceptance and association with all people, regardless of caste, creed, and social status was unique to the Nagar Brahmins at the time and remained an important part of his adherence and commitment to the Vaishnav tradition. [3]

In his later life, Narsinh went to Mangrol where, at the age of 79, he is believed to have died. [4]

The crematorium at Mangrol is called '*Narsinh Nu Samshan'*, and commemorates the first poet known as Gujarati Adi Kavi^[1]

The <u>Narsinh Mehta Award</u> was established in his name to recognize excellence in Gujarati literature. [6]

<u>Vastrapur Lake</u> in <u>Ahmedabad</u> has been officially renamed in his honor. [7]

Narsinh Mehta

Narsinh's poetic work is typically viewed as *bhajans* towards Krishna but also Hindu *bhakti*. As a pioneer poet of Gujarat, his *bhajans* have been sung in Gujarat and Rajasthan for over 5 years centuries^[2] The compositions are philosophical or ethical, and often descriptive of the love of Radha and Krishna^[4]

Notable Features

Narsinh's bhajans belong to the genre "deshi" in Gujarati, which is also known as "pad" as a close similar in North Indian languages. Both styles anchor in the traditional meters and popular tunes and rhythms. He is known for ragas common during the morning time, spring, and rainy season. [2]

According to Champaklal Nayak, Narsinh is the first to compose *bhajans* about Krishna in the appropriate ragas. Narsinh composed items for his own singing, and it is impossible to confirm or reconstruct the melodies in which he sang them. [2]

One of the most important features of Mehta's works is that they are not available in the language in which Narsinh had composed them. They have been largely preserved orally. The oldest available manuscript of his work is dated around 1612, and was found by the noted scholar Keshavram Kashiram Shastri from Gujarat Vidhya Sabha. Because of the immense popularity of his works, their language has undergone modifications over time. [8]

Narsinh's work has expanded beyond his Hindu *bhakti* into secular contexts such as school events and cultural programs^[2]

Genres of Gujarati folk Music

Narsinh's bhajans are frequently performed in the popular gujarati genres of garbi, dhol, and <u>prabhatiya</u>. While garbi and dhol are celebratory genres, whereas the prabhatiya genere is sung in the morning to evoke peacefulness and contentment.^[2]

Categories of Compositions

Narsinh's works are typically organized into 4 broad categories that contain substantial overlap

- 1. Autobiographical compositions: *Putra Vivah/Shamaldas no Vivah, Mameru/Kunvarbai nu Mameru, Hundi, Har Mala, Jhari Na Pada*, and compositions depicting acceptance of Harijans. [8]
- 2. Miscellaneous Narratives: *Chaturis, Sudama Charit, Dana Leela*, and episodes based on Srimad Bhagwatam^[8]
- 3. Songs of Sringar. love poems depicting Radha and Krishna [8]
- 4. Songs of devotion, philosophical poems and didatic works [8]

Works used by Mahatma Gandhi

See: Vaishnav jan to, his popular composition.

Mahatma Gandhi referenced Narsinh's work considerably in his speeches, writings, and public prayers. Gandhi's repeated reference to the *bhajan Vaishnav Jana To* shaped it as a global song of compassion, moral integrity, and duty to humankind. Gandhi elevated Narsinh's life and work beyond the religious context and into greater ethical and moral themes. [2]