How could introspection—reporting on one's inner thoughts—be inaccurate? Could I be wrong about what I'm thinking? Discuss.

Let's discuss thinking before discussing thinking about thinking.

Thinking is messing around with the symbols in your mind. Can such messing around be inaccurate? It's entirely possible as thinking usually happens with some end-goal and not thinking correctly is a just a matter of missing some symbols or using incorrect symbols.

Thinking about thinking is a special case and is no exception and can be inaccurate as well.

This seems too abstract to me at this point. Let's discuss a simple example. Say I am thinking about a route from my place to my friend's place. It's entirely possible I mess this up by forgetting the the idea that I don't have a functioning vehicle. Or I could have a vehicle but don't quite take the shortest path possible. You see how given the end goal I could not be accurate at my thinking and failed to achieve something as well as I had hoped.

Let's now think about how we could have thought better. I could come up with reasons why I failed to capture the non-functioning vehicle and shorter paths and could still not improve the next time I plan to visit my friend's place. Introspection is thinking about thinking and just like thinking I can still mess up.