



A WORKING MOTHER'S GUIDE

TO NOISY BABIES

1 NINE MONTHS AGO I MADE A MISTAKE

Like 48% other mothers, ensure you receive your first postnatal health checkup within 4 hours of childbirth. Your baby, like 82% other babies, should receive their first checkup within 2 days (Or risk a snarky call from HR for taking too much time) Contrary to common belief, Goa is the best place to cover all your antenatal care needs in the country (81.3% other moms called it a bug-free system). Bacardi in one hand, Baby in the other!



2 HERE COMES THE VACCINE TRAIN

77 out of every hundred 1-2 year old babies received all basic vaccinations. Give your most important stakeholder, your toddler, the best healthcare. Even if it means lifetime deafness courtesy of crying babies finding out what injections are for the first time.



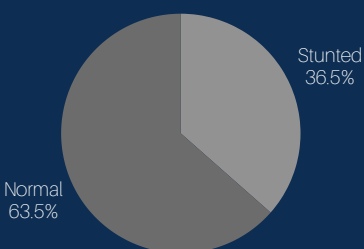
3 ACADEMIC VALIDATION FTW

Only 47% of the children of working moms attend preschool. Multiplication tables are memorized faster (and other slightly more useful education) in Goa & Chandigarh- with the highest median of schooling years completed



4 FOOD WARS

SWIGGY IS NOT THE ANSWER! Sixty-seven percent of children aged 1/2 to 5 years old have anemia. Thirty-six percent of children under the age of five are stunted. Avoid this by continuing the generational trauma of feeding your child with no junk & only nutritionally **balanced** meals.



5 GIRLBOSS BEHAVIOUR

Out of all currently married women (15 to 49 yrs), only 66% are educated. Moreover, only 32% are employed. Among whom, fifteen percent of employed women are not paid for the work they do. For your child to grow in a more accessible environment, continue your job and help support other moms!