



SE3040 – Application Frameworks
BSc (Hons) in Information Technology
3rd Year
Faculty of Computing
SLIIT
2023 – Group Project
Technical Report

Group Leader: Perera M.R.A.

Group Leader's Contact Number: +94 71 668 9922

Batch:

Description	Student ID	Name
Group Leader	IT20609658	Perera M.R.A.
Member 2	IT20633790	Rupasinghe S.P
Member 3	IT20625016	Nanayakkara H.M.S.Y
Member 4	IT20631192	Ekanayake E.M.S.D

Application Topic	Inclusion and Empowerment - Disability Consultation Platform
Group Name	Freebirds
Git Repository	Frontend - https://github.com/SasinduNanayakkara/af-frontend Backend - https://github.com/SasinduNanayakkara/AF-Backend

Project Declaration

We, the members of FreeBirds, hereby declare that our group project is entirely authentic and original. We have conducted thorough research and analysis to ensure that our work is not plagiarized or copied from any other sources.

We have followed all guidelines provided by our LIC and have complied with all ethical and academic standards.

We take full responsibility for the authenticity of our work and understand the implications of academic dishonesty. We have worked collaboratively to produce this project, and each member has contributed to the best of their abilities.

We hereby affirm that our project represents our honest effort and commitment to academic integrity, and we take pride in presenting it as our own.



Group Leader (Signature)
Perera M.R.A.

Screenshots of the UI (Member wise)

IT20609658 - Perera M.R.A.

Landing page

The landing page features a large illustration of a man in a yellow shirt and dark pants riding a bicycle. To the right is a stylized globe with orange and blue dots representing global reach. The background has abstract shapes and icons like a lightbulb and a gear. At the top, there's a navigation bar with 'CONSULT THERAPY' logo, 'Articles', 'Consultants', 'FAQ', 'SignIn', and 'SignUp'. The main heading 'Strong People Strong Community' is displayed in pink and blue. A 'Join Us' button is visible. Below the main image, a dark section contains a quote: "The community that individuals function within can have a significant influence on their identity and connection to others. A community counselor can work with groups of people experiencing an increased amount of psychological distress to help determine and address the source of the disturbance." It also includes a 'Meet consultant Now' button and a quote from Sommers-Flanagan & Sommers-Flanagan: "Understanding why people suffer, how they change, and how to help them live more satisfying and gratifying lives is a fascinating, huge, and important undertaking."

All-In-One Platform

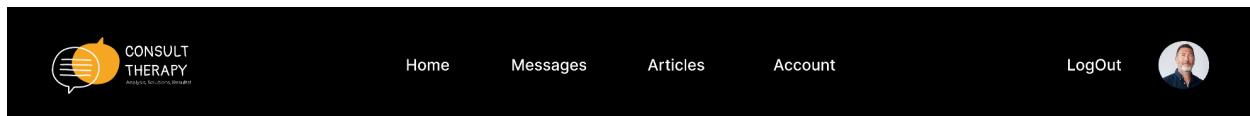
This section highlights the platform's integrated services:

- Meet Your Consultant**: Shows two consultants in lab coats. Description: "Our consultants come from a wide variety of backgrounds and disciplines."
- Knowledge Bank**: Shows a person reading a book. Description: "Set of various articles and FAQs included for your knowledge."
- Community Help Desk**: Shows a person interacting with a smartphone. Description: "Our consultants come from a wide variety of backgrounds and disciplines."
- Share Your Experience**: Shows a person launching a rocket. Description: "Our consultants come from a wide variety of backgrounds and disciplines."

Community Feedbacks

This is the initial entry point of the website. Users can identify the vision and the mission of the organization and they can also see the community feedback on the organization's efforts.

View Article



The dashboard header features a dark background with white text and icons. On the left is the logo 'CONSULT THERAPY' with a speech bubble icon. To the right are four main menu items: 'Home', 'Messages', 'Articles', and 'Account'. Further to the right are 'LogOut' and a circular profile picture of a man.



Dr.W.C.Abhegundawardhana
Emergency Medicine Specialists

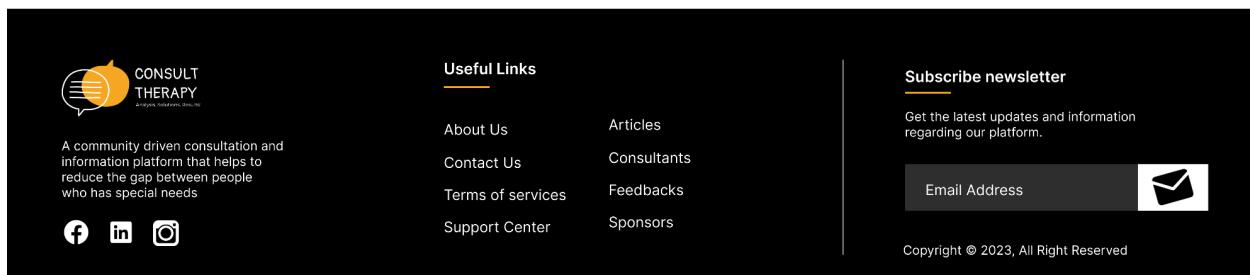


Each year management consultants in the United States receive more than \$2 billion for their services.¹ Much of this money pays for impractical data and poorly implemented recommendations.



Consulting is defined as the practise of providing a third party with expertise on a matter in exchange for a fee. The service can involve either advisory or implementation services. For the consultant, taking an independent and unbiased stance on an issue is central to their role. A consultant can, in principle, service any sector. Over the past decades, the term has become synonymous with business advisory – which focuses mostly on business strategy, management, organisation, operational processes and technology.

The history of the consulting industry traces back to the late nineteenth century, with the founding of the world's first modern consulting organisations, also known as business advisory firms. In the early days of the consulting industry (starting in the US and later crossing over to Europe and the rest of the world) the first consultancies focused their advisory services mainly on solving technical and financial concerns. Today, over 300,000 consulting firms in the UK alone – of which the majority are sole proprietorships – offer all sorts of different services, spanning across countless fields, disciplines and sectors.



The footer is divided into three columns. The left column contains the 'CONSULT THERAPY' logo and a brief description: 'A community driven consultation and information platform that helps to reduce the gap between people who has special needs'. Below this are social media icons for Facebook, LinkedIn, and Instagram. The middle column is titled 'Useful Links' and lists six categories: 'About Us', 'Contact Us', 'Terms of services', 'Support Center', 'Articles', 'Consultants', 'Feedbacks', and 'Sponsors'. The right column is titled 'Subscribe newsletter' and includes a note: 'Get the latest updates and information regarding our platform.' It features a 'Email Address' input field and a large envelope icon. At the bottom right is the copyright notice: 'Copyright © 2023, All Right Reserved'.

users can read articles added to the platform. when a user selects an article from a list of articles shown in their dashboard they are redirected to this interface. Users can read through

the article, and use the button in the top right corner to initiate a chat with a consultant who published the article and rates the article.

Add Article



Dr.Chamil Abhegundawardhana

Emergency Medicine Specialists

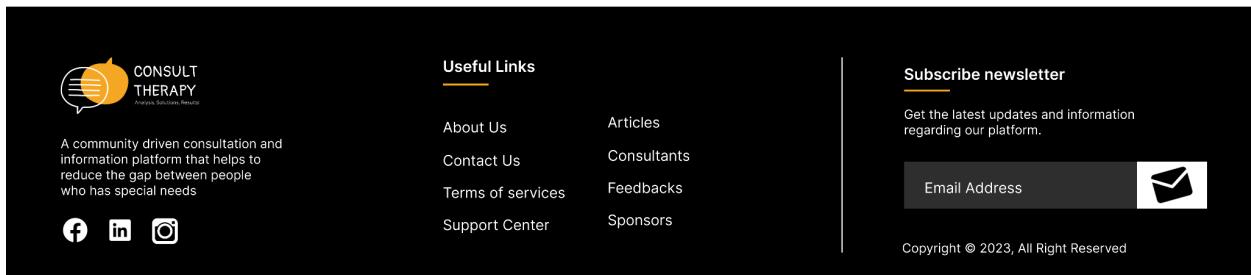
📍 New Kandy Road, Malabe

Discard

Publish

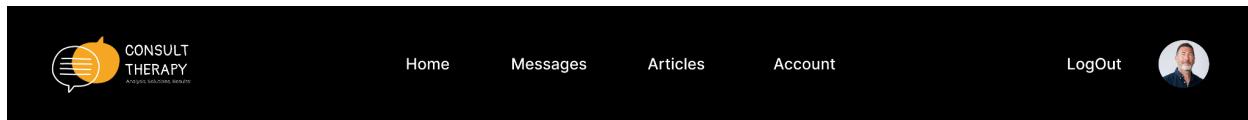


Write your article here.



Consultants can add new articles to the system using this interface. they can provide a title and the content of the article and style the content.

Edit Article



Dr.Chamil Abhegundhara

Emergency Medicine Specialists

📍 New Kandy Road, Malabe

Discard

Publish



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CONSULT THERAPY
Analysis, Solutions, Results

A community driven consultation and information platform that helps to reduce the gap between people who has special needs

[f](#) [in](#) [i](#)

Useful Links

About Us	Articles
Contact Us	Consultants
Terms of services	Feedbacks
Support Center	Sponsors

Subscribe newsletter

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Consultants can edit their articles published on the platform using this interface.

IT20633790 - Rupasinghe S.P

Sign Up

[Articles](#)[Consultants](#)[FAQ](#)[SignIn](#)[SignUp](#)

Join with Consult Therapy

Prefix First name Last name

User Type Email

Password Phone

Location

Specialization

Skills

About you

[Already have an account? Log In](#)

[SignUp](#)

consultants can sign up for the platform using this interface. They can input their personal details and professional details from this interface.

Home

[Home](#)[Messages](#)[Articles](#)[Account](#)[LogOut](#)

ARTICLES



Dr.W.C.Abhegungawardhana
Emergency Medicine Specialists

Each year management consultants in the United

States receive more than \$2 billion for their services.¹ Much of this money pays for impractical data and poorly implemented recommendations.²



Dr.W.C.Abhegungawardhana
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Emergency Medicine Specialists



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A community driven consultation and information platform that helps to reduce the gap between people who has special needs



Useful Links

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|-----------------------------------|-----------------------------|
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| Contact Us | Consultants |
| Terms of services | Feedbacks |
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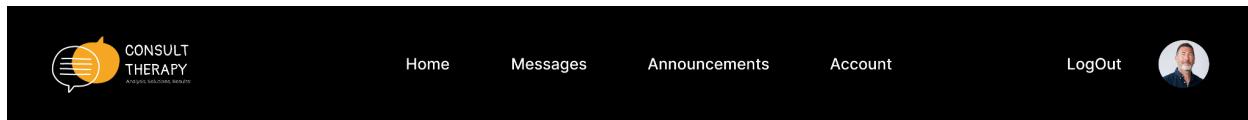
Get the latest updates and information regarding our platform.



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consultants are redirected to this interface after successfully signing in to the platform. They can view a list of all the articles published on the platform

Chat



A screenshot of the messaging interface. On the left, there's a list of messages from "Dr. W.C. Abhegungawardhana" with placeholder text. On the right, a specific message thread with Dr. W.C. Abhegungawardhana is shown. The message reads: "Portland kitsch roof party bespoke. Bespoke nerwhal neutra, crad wirall yuccie schlitz aesthetic lomo." It was sent at "Sat 20:03". Below it, another message from the same sender at "Sun 20:03" with the same content. A "New Conversation" button is visible at the bottom left, and a large grey arrow points to the right at the bottom center.

The footer section of the website. It includes the "CONSULT THERAPY" logo and tagline. Below it is a paragraph about the platform's purpose: "A community driven consultation and information platform that helps to reduce the gap between people who has special needs". There are social media icons for Facebook, LinkedIn, and Instagram. To the right, there are two columns: "Useful Links" with links to About Us, Contact Us, Terms of services, Support Center, Articles, Consultants, Feedbacks, and Sponsors; and a "Subscribe newsletter" form with an "Email Address" input field and a send icon. Copyright information at the bottom right states "Copyright © 2023, All Right Reserved".

consultants can communicate with the clients using this interface. they can see a list of past chats in the left side pane and in the right side the selected chat. They can also start a new chat from this interface.

Consultant's article



Home Messages Articles Account

LogOut



ARTICLES

[Write Article](#)

Each year management consultants in the United

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[EDIT](#)

[DELETE](#)



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[EDIT](#)

[DELETE](#)



A community driven consultation and information platform that helps to reduce the gap between people who has special needs



Useful Links

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|-----------------------------------|-----------------------------|
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| Contact Us | Consultants |
| Terms of services | Feedbacks |
| Support Center | Sponsors |

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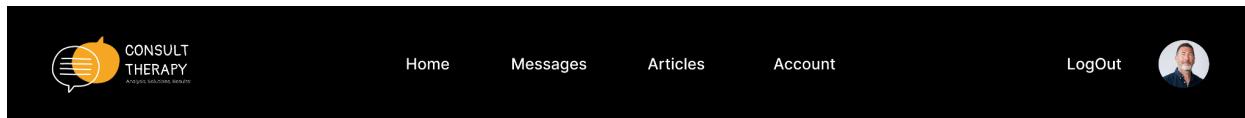
Email Address



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consultants can see a list of articles they have published on the platform. They can choose to edit or delete them.

Profile

**Dr.Chamil Abheguneswaran**

Emergency Medicine Specialists

📍 New Kandy Road, Malabe

[View My Articles](#)[Delete Profile](#)**Stress Management | Lifestyle Modification | Diabetes Management**

Hi, I'm Sarah, a certified health consultant with over 8 years of experience helping individuals achieve their health and wellness goals. My approach is holistic and personalized, taking into account each client's unique needs and preferences.

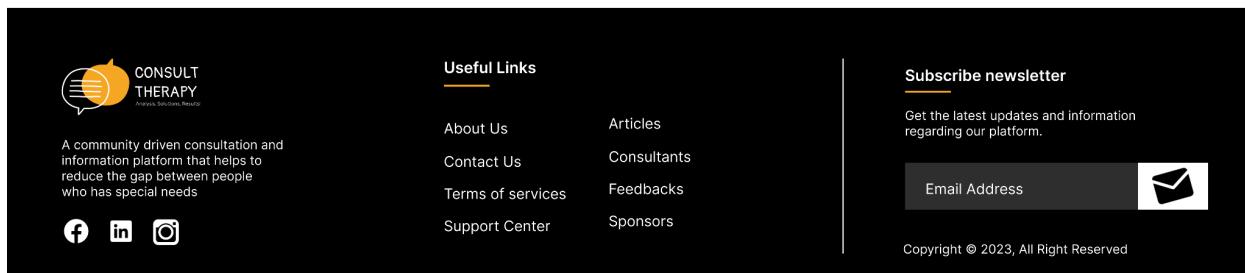
Health and wellness consulting services, including nutrition counseling, fitness coaching, stress management, and lifestyle modification. I specialize in working with individuals who want to improve their overall health and well-being, manage chronic conditions, or achieve specific health goals.

Relevant Experience:

- Health Consultant at ABC Wellness, where I provided one-on-one health coaching services and designed and delivered corporate wellness programs.
- Nutritionist at XYZ Clinic, where I provided nutrition counseling to individuals with various health conditions, including diabetes, heart disease, and obesity.

Contact Information: abheguneswaran@gmail.com

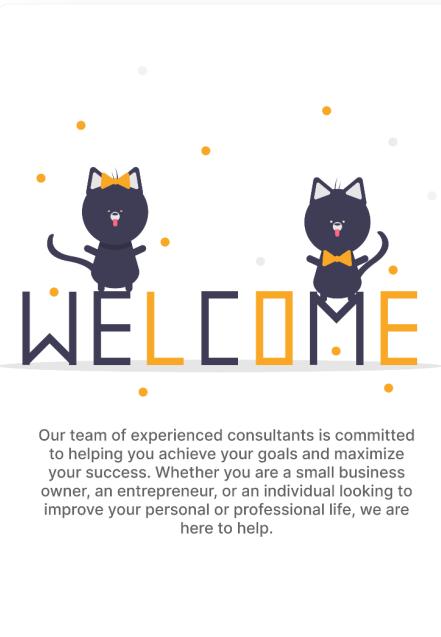
+94703009912

[Update](#)

consultants can view their profile details from this interface. they can also choose to edit their profile details or delete them

IT20625016 - Nanayakkara H.M.S.Y**Sign Up**

[Articles](#)[Consultants](#)[FAQ](#)[SignIn](#)[SignUp](#)



Our team of experienced consultants is committed to helping you achieve your goals and maximize your success. Whether you are a small business owner, an entrepreneur, or an individual looking to improve your personal or professional life, we are here to help.

Join with Consult Therapy

Prefix First name Last name

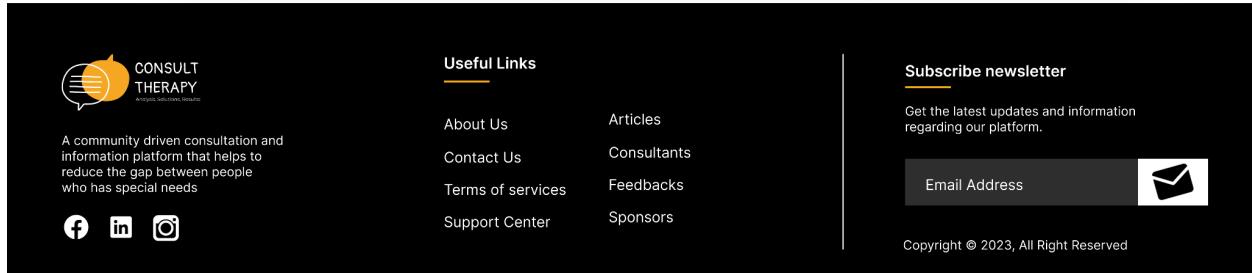
User Type Email

Password Phone

Location

[SignUp](#)

Already have an account? [Log In](#)



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users who want to sign up can navigate to this interface from the landing page. They can add their details and select the user type as a client to signup into the platform.

Home



Home Messages Announcements Account

LogOut



ARTICLES



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when the client user sign in to the platform they are redirected to this interface. They can see a list of articles published on the platform here and navigate to them.

Messages



- [Home](#)
- [Messages](#)
- [Announcements](#)
- [Account](#)
- [LogOut](#)
- 



Dr.W.C.Abhegunawardhana
Portiand kitsch roof party bespoke.



Dr.W.C.Abhegunawardhana
Portiand kitsch roof party bespoke.



Dr.W.C.Abhegunawardhana
Portiand kitsch roof party bespoke.



Dr.W.C.Abhegunawardhana
Portiand kitsch roof party bespoke.

Dr.W.C.Abhegunawardhana
Emergency Medicine Specialists

Sat 20:03

Portiand kitsch roof party bespoke.Bespoke
nerwhal neutra,crad wirall yuccie schlitz
aesthetic lomo.

Sun 20:03

Portiand kitsch roof party bespoke.Bespoke
nerwhal neutra,crad wirall yuccie schlitz
aesthetic lomo.

[New Conversation](#)
➤



A community driven consultation and information platform that helps to reduce the gap between people who has special needs

[!\[\]\(a402b7aca3da6dafb00561257c17dee0_img.jpg\)](#) [!\[\]\(e49b5d3abe30177be99592ac6403a42e_img.jpg\)](#) [!\[\]\(0d7522ebf082147982951f3b5e3b123c_img.jpg\)](#)

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clients can communicate with the consultants using this interface. they can see a list of past chats in the left side pane and in the right side the selected chat. They can also start a new chat from this interface.

Announcement



- [Home](#)
- [Messages](#)
- [Announcements](#)
- [Account](#)
- [LogOut](#)
- 

Scheduled maintenance of IT systems is an almost unavoidable part of life.

05 May 2023 | 03:00:10

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We would like to inform you that we have scheduled a maintenance period for our IT systems to ensure that we continue to provide you with the best possible service. During this time, there may be some disruptions to our services, but we will do everything we can to keep these to a minimum.



A community driven consultation and information platform that helps to reduce the gap between people who has special needs

[!\[\]\(4819100e1bbc9b7c08f8189ba7904360_img.jpg\)](#) [!\[\]\(19fe76a6ff7f3f0a71bb8bbb33b29363_img.jpg\)](#) [!\[\]\(801254e7404407d16b7681ff219fcd56_img.jpg\)](#)

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the client can see a list of site-wide announcements and select them for more details.

IT20631192 - Ekanayake E.M.S.D

Admin Dashboard



- Dashboard
- Articles
- Announcements
- Account
- LogOut
- 

Select Status

Dr.Shavidini Abhewardhana Pending

Emergency Medicine Specialists

05 May 2023 | 03:00:10

Dr.Chamil Abhegunawardhana Approved

Emergency Medicine Specialists

05 May 2023 | 03:00:10

Dr.Shavidini Abhewardhana Pending

Emergency Medicine Specialists

05 May 2023 | 03:00:10

Dr.Shavidini Abhewardhana Pending

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Emergency Medicine Specialists

05 May 2023 | 03:00:10



Dr.Shavidini Abhewardhana

Emergency Medicine Specialists

New Kandy Road, Malabe

Pending

Stress Management | Lifestyle Modification | Diabetes Management

Hi, I'm Sarah, a certified health consultant with over 8 years of experience helping individuals achieve their health and wellness goals. My approach is holistic and personalized, taking into account each client's unique needs and preferences.

Health and wellness consulting services, including nutrition counseling, fitness coaching, stress management, and lifestyle modification. I specialize in working with individuals who want to improve their overall health and well-being, manage chronic conditions, or achieve specific health goals.

Relevant Experience:

- Health Consultant at ABC Wellness, where I provided one-on-one health coaching services and designed and delivered corporate wellness programs.
- Nutritionist at XYZ Clinic, where I provided nutrition counseling to individuals with various health conditions, including diabetes, heart disease, and obesity.

Contact Information: abhegunwarshana@gmail.com
+94703009912

APPROVE
REJECT
REMOVE



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Terms of services	Feedbacks
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When an admin user logs into the system they are initially redirected to the user dashboard. In the admin dashboard on the left side of the window, you can see a list of consultant users registered to the system and their status. You can also filter the users using status. When you select a user from the list their details are displayed on the right side. Admin can approve, reject or remove consultants. Options not relevant to the status are greyed out. Admin can also navigate to text or video chat with a consultant using the dashboard.

Announcement



[Dashboard](#) [Articles](#) [Announcements](#) [Account](#) [LogOut](#) 

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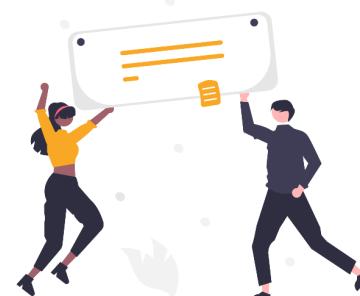
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[New Announcement](#)



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[EDIT](#) [DELETE](#)



A community driven consultation and information platform that helps to reduce the gap between people who has special needs

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Terms of services	Feedbacks
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Admins can see a list of announcements added to the system. They can choose to edit these announcements or delete them. They can also choose to create a new announcement.

Add New Announcement

The screenshot shows the Consult Therapy platform interface. At the top, there is a navigation bar with the logo 'CONSULT THERAPY' and links for Dashboard, Articles, Announcements, Account, LogOut, and a user profile icon. Below the navigation bar, a sidebar on the left lists several announcements with dates and times. A central modal window titled 'Add Announcement' is open, containing fields for Title, Target Audience, and Content, along with an 'Add' button. At the bottom of the modal are 'CANCEL', 'EDIT', and 'DELETE' buttons. The main content area below the modal contains a section for 'Useful Links' with categories like About Us, Contact Us, Terms of services, Support Center, Articles, Consultants, Feedbacks, and Sponsors. There is also a 'Subscribe newsletter' form with an 'Email Address' input field and a send icon, along with a copyright notice at the bottom.

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05 May 2023 | 03:00:10

New Announcement

Cancel Edit Delete

Add Announcement

Title

Target Audience

Content

Add

almost unavoidable part

maintenance period for our IT with the best possible service. our services, but we will do

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A community driven consultation and information platform that helps to reduce the gap between people who has special needs

Useful Links

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Admins can add new announcements with titles and content from this interface. they can also choose the target audience as client, consultant, or both.

Edit Announcement



- [Dashboard](#)
- [Articles](#)
- [Announcements](#)
- [Account](#)
- [LogOut](#)

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[New Announcement](#)

Add Announcement

Title

Target Audience

Content

Add



almost unavoidable part

maintenance period for our IT
with the best possible service.
our services, but we will do

CANCEL EDIT DELETE



A community driven consultation and information platform that helps to reduce the gap between people who has special needs

Useful Links

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Contact Us	Consultants
Terms of services	Feedbacks
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Admins can edit existing announcements with title and content from this interface. they can also change the target audience to the client only, consultant, or both.

Articles



ARTICLES



Dr.W.C.Abhegungawardhana
Emergency Medicine Specialists

Each year management consultants in the United

States receive more than \$2 billion for their services.¹ Much of this money pays for impractical data and poorly implemented recommendations.²



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Each year management consultants in the United

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A community driven consultation and information platform that helps to reduce the gap between people who has special needs



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admins can see a list of articles published in the platform and select an article to read further

Screenshots of the MongoDB (Member wise)

The screenshot shows the MongoDB interface with the following collections listed:

- admins**: Storage size: 20.48 kB, Documents: 6, Avg. document size: 215.00 B, Indexes: 1, Total index size: 36.86 kB.
- announcements**: Storage size: 20.48 kB, Documents: 8, Avg. document size: 489.00 B, Indexes: 1, Total index size: 24.56 kB.
- articles**: Storage size: 20.48 kB, Documents: 6, Avg. document size: 1.36 kB, Indexes: 1, Total index size: 36.86 kB.
- clients**: Storage size: 20.48 kB, Documents: 5, Avg. document size: 297.00 B, Indexes: 1, Total index size: 36.86 kB.
- consultants**: Storage size: 20.48 kB, Documents: 6, Avg. document size: 1.46 kB, Indexes: 1, Total index size: 36.86 kB.

IT20609658 - Perera M.R.A.

AFDB.articles

6 DOCUMENTS 1 INDEXES

Documents Aggregations Schema Explain Plan Indexes Validation

Filter Type a query: { field: 'value' } Reset Find More Options

ADD DATA EXPORT COLLECTION 1-6 of 6

```
_id: ObjectId('6457bda96ee88f9bb6957406')
title: "Each year management consultants in the United States receive more than $2 billion for their services. Much of this money comes from large corporations, which hire management consultants to help them improve their operations and increase efficiency." content: "States receive more than $2 billion for their services. Much of this money comes from large corporations, which hire management consultants to help them improve their operations and increase efficiency." author: ObjectId('6457b438353ec11708a71aba')
images: Array
comments: Array
createdAt: 2023-05-07T15:03:05.254+00:00
updatedAt: 2023-05-07T15:03:05.254+00:00
__v: 0
ratings: 4

_id: ObjectId('6457c1a434e1cfdfa2d65fa6')
title: "Each year management consultants in the United States receive more than $2 billion for their services. Much of this money comes from large corporations, which hire management consultants to help them improve their operations and increase efficiency." content: "States receive more than $2 billion for their services. Much of this money comes from large corporations, which hire management consultants to help them improve their operations and increase efficiency." author: ObjectId('6457b438353ec11708a71aba')
images: Array
comments: Array
createdAt: 2023-05-07T15:20:04.576+00:00
updatedAt: 2023-05-07T15:20:04.576+00:00
__v: 0
ratings: 4
```

IT20633790 - Rupasinghe S.P

AFDB.consultants

6 DOCUMENTS 1 INDEXES

Documents Aggregations Schema Explain Plan Indexes Validation

Filter Type a query: { field: 'value' } Reset Find More Options

ADD DATA EXPORT COLLECTION 1-6 of 6

```
_id: {
  "$oid": "6457b438353ec11708a71aba"
},
firstName: "Chamil",
lastName: "Abheguneswarshana",
specialization: "Emergency Medicine Specialists",
email: "abheguneswarshana@gmail.com",
password: "52b51056aRVTWtsVxEIIOBVfbJ3G0ZTTi4qmTeTHHQDT71yUDAibdsnQJMiC",
phone: "+94703009912",
location: "New Kandy Road, Malabe",
skills: [
  "Stress Management",
  "Lifestyle Modification",
  "Diabetes Management"
],
status: "approved",
description: "Hi, I'm Sarah, a certified health consultant with over 8 years of experience helping individuals achieve their health and wellness goals. I specialize in emergency medicine and have a passion for helping people live healthier lives. I am currently available for consultations and can provide guidance on various health topics. Please feel free to contact me if you have any questions or need further information.",
dateCreated: {
  "$date": "1970-01-20T11:37:47.495Z"
},
prefix: "Dr",
profileImage: "https://348845jfr.blob.core.windows.net/profile/chamil",
createdAt: {
  "$date": "2023-05-07T14:22:48.318Z"
},
updatedAt: {
  "$date": "2023-05-07T14:22:48.318Z"
}.
```

IT20625016 - Nanayakkara H.M.S.Y

AFDB.clients

5 DOCUMENTS 1 INDEXES

Documents Aggregations Schema Explain Plan Indexes Validation

Filter 0 Type a query: { field: 'value' }

Reset Find < > More Options ▾

ADD DATA EXPORT COLLECTION 1 - 5 of 5

```
_id: ObjectId('6457b94cd7e01f4100486a5c')
firstName: "Ravindu"
lastName: "Perera"
email: "ravindu123@gmail.com"
password: "$2b$10$Huv8z25VnI7iDSLYroOlzuZggRUOT.88PvaYkbNwJ539EGui5PNF."
phone: "+94710943121"
location: "Colombo Road,Kurunegala"
prefix: "Mr"
createdAt: 2023-05-07T14:44:28.148+00:00
updatedAt: 2023-05-07T14:44:28.148+00:00
--v: 0
```

```
_id: ObjectId('6457bdcd6ee88f9bb6957408')
firstName: "Ravindu"
lastName: "Perera"
email: "ravindu123@gmail.com"
password: "$2b$10$OqqjB5LbkH1Yt4ABd0nA.zaoL9rmcw0ISj7iCuCRGpimwZpRGFU2"
phone: "+94710943121"
location: "Colombo Road,Kurunegala"
prefix: "Mr"
createdAt: 2023-05-07T15:03:41.060+00:00
updatedAt: 2023-05-07T15:03:41.060+00:00
--v: 0
```

IT20631192 - Ekanayake E.M.S.D

AFDB.admins

6 DOCUMENTS 1 INDEXES

Documents Aggregations Schema Explain Plan Indexes Validation

Filter *⌚* Type a query: { field: 'value' } Reset Find More Options

+ ADD DATA EXPORT COLLECTION 1 - 6 of 6 ↶ ↷ ☰ ☰

<pre>_id: ObjectId('6457bf3befbfbd9b7c7a57') firstName: "Susith" lastName: "Rupasinghe" email: "Susith@gmail.com" password: "\$2b\$10\$Up0Z5px5NC1KYMMx9UqWeGw7LczMnzriU1V0Aliz2DQmtrrcRMi92" createdAt: 2023-05-07T15:09:47.892+00:00 updatedAt: 2023-05-07T15:09:47.892+00:00 __v: 0</pre>	✎ 🔗 📄 📁 trash
<pre>_id: ObjectId('6457bf3fefbfbd9b7c7a59') firstName: "Susith" lastName: "Rupasinghe" email: "Susith@gmail.com" password: "\$2b\$10\$Prlsap2hILiSeqY7EYDG00.Yd3sQAEIrklcS4S09UFucBv8Evpm" createdAt: 2023-05-07T15:09:51.445+00:00 updatedAt: 2023-05-07T15:09:51.445+00:00 __v: 0</pre>	✎ 🔗 📄 📁 trash

AFDB.announcements

8 DOCUMENTS 1 INDEXES

Documents Aggregations Schema Explain Plan Indexes Validation

Filter Type a query: { field: 'value' }

Reset

Find



More Options

ADD DATA

EXPORT COLLECTION

1 - 8 of 8



```
{  
  "_id": {  
    "$oid": "6457c16c34e1cfccfa2d65f96"  
  },  
  "title": "Scheduled maintenance of IT systems is an almost unavoidable part of life.",  
  "content": "We would like to inform you that we have scheduled a maintenance period for our IT systems to ensure that we continue to provide you with th  
  "dateTime": 1681876810,  
  "target": "all",  
  "createdAt": {  
    "$date": "2023-05-07T15:19:08.340Z"  
  },  
  "updatedAt": {},  
  "__v": 0  
}  
  
{  
  "_id": {},  
  "title": "Scheduled maintenance of IT systems is an almost unavoidable part of life.",  
  "content": "We would like to inform you that we have scheduled a maintenance period for our IT systems to ensure that we continue to provide you with th  
  "dateTime": 1681876810,  
  "target": "all",  
  "createdAt": {},  
  "updatedAt": {},  
  "__v": 0  
}
```