# Healthy Connect: Connecting you to health

Team:

Swapnil - Project manager | Saran - Ops manager | Jered - Design Manager

# "It's 4 pm. What should I cook for dinner?"

- GE Appliances

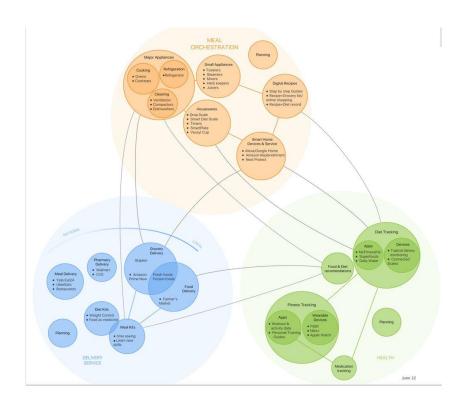
## **Problem Statement**

#### Connect the 3 bubbles:

- Meal Orchestration
- Health
- Delivery Services

using IOT in kitchen.

Basically, offer features which make user's daily kitchen chores easier to perform without much overhead along with healthy living.



### **Problem Statement**

Our understanding of the problem:

By incorporating the 3 business opportunities, increase the demand of IOT based systems in the KITCHEN. Basically, make a strategy that

- Gets the food to them easily
- Makes the food for them easily and
- Encourages healthy living

All this using IOT in the Kitchen.

# **Existing Systems**







Neo





And many others..

## **Our Idea**

Create something dedicated to GE and our Target Audience, along with being:

- Solution to a realtime kitchen related problem
- Dependable
- Less expensive
- Reducing dependency on 3rd party companies



# Target Audience : Diabetics (65+ years)

#### In 2015:

- 30.3 mil = 9.4 % people had diabetes
- Out of these, 12 mil have diabetes

#### By 2060,

- Population of 65+ will rise 46 mil today to 98 mil
- So 65+ with diabetes will increase too!

Therefore, we chose them as our target audience.

American Diabetics Association

Population Reference Bureau

## Persona: Amy

#### **Amy**



#### "Live healthy"

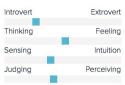
Age: 66 Work: Retired

Family: Stays with 70yrs old

husband

Location: Chicago, IL

#### Personality



#### Goals

- She has to maintain proper diet plan
- · She has to do some physical activity
- · She has to get her groceries every two weeks
- She has to cook for her husband

Take medications

#### Frustrations

- · She keeps forgetting about veggies in her refrigerator
- · She has to reduce carbs intake
- . She has to maintain a protein based diet
- She gets tired easily
- Chopping vegetables She has to take many medications

#### Bio

Amy is a 66yr old lady. She was once a very active person, and she was very independent. She is now diabetic. Amy stays with her 70yrs old husband, who is equally diabetic. Amy never likes to depend on anyone. She loves going for grocery shopping with her husband, and she likes picks fresh veggies. She has to follow her doctor's instructions on diet plan. Her doctor suggests her to do some physical activity every day to keep her healthy and active. Being diabetic, she gets tied very soon.

# **Customer: 65yr+ Diabetics**

**Want Accessible Diabetic Recipes** 

Want Medication Scheduling Under Control

Want Children Know Health Status **Has Dietary Restrictions** 

Solution?

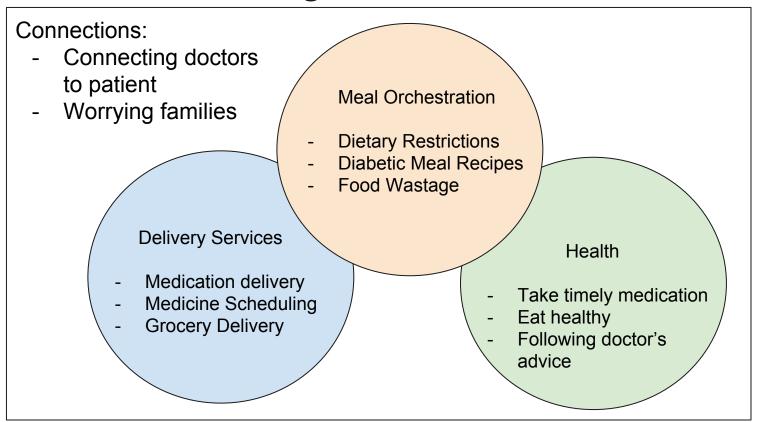
Has Too Many Medications

Children Are
Worried About
Parents' Health

**Maintain Health** 

**Keep In Contact With Family** 

# Pain Points we targeted

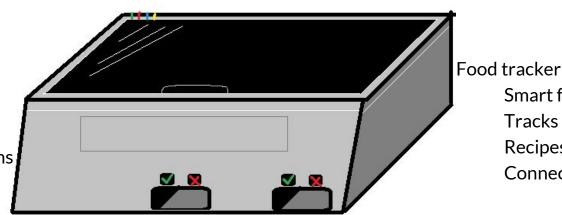


# Solution: Connected Health Appliance

Functional Screen
Angleable screen
Messenger/video

Social Connections
Share info with select users
Info streamed to doctor

Medicine Dispenser
Stores 3 types of pills
Partnered Doctor plans
Alerts, timers



Smart food scale (DROP)

Recipes based on Inventory

Connection to applications

Tracks food movement

Receipt scanner: Inventory

## **Solution: Value**

Doctor Can Adjust

Recipes Tailored To Disease Diet

**Medical Plan Easier** 

Children Can See Parent Health

Easy to Use Technology

Recipes For Specific Disease Supplied

**Appliance** 

Meds Scheduled & Dispensed w/out Any Interaction

Children Don't Have to Guess Parent Status Maintain Health

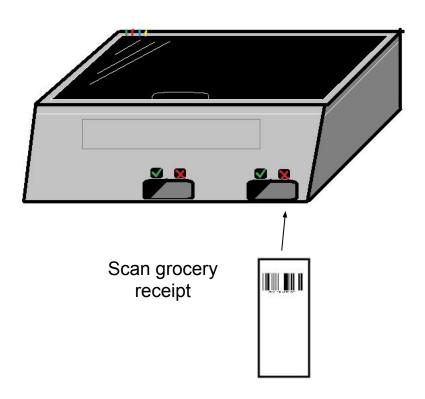
Keep In Contact
With Family

# How does it help?

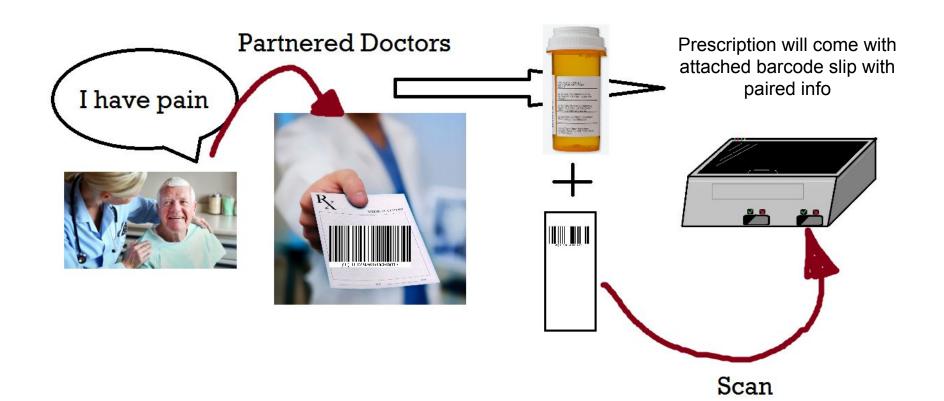
- Keeps track of the inventory using simple barcode scanner
- Keeps chatting with the user about their diet, food eaten and cooking plans
- Reminds the user about medication
- LED lights for reminders
- Connects the patients with doctors for status reports
  - Increases accuracy in reports
  - Saves doctor's visits
- Connects the patients with family
  - Worried parents or children can be satisfied
- Reordering Medication
- Groceries ordering
- Medicine dispenser

## **Features**

- Scan Grocery Store receipt
- Inputs groceries into inventory
- Filters out non-food items
- Linked with apps for recipes
- Linked with Doctor, can track nutrition

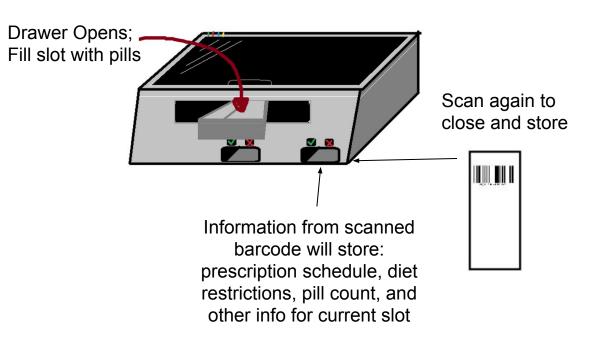


# **Features : Storing Medicines**

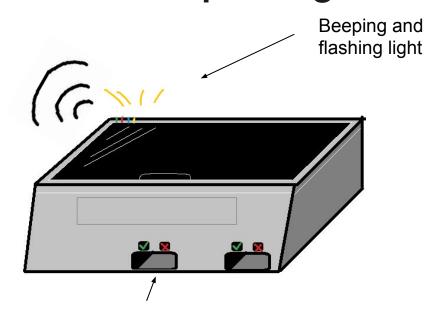


# **Features : Storing Medicines**

- Can store up to 10 different pill types
- Will alert when refill is close
- Can empty old pills with doctor authorization
- Doctor will see information stored: knows if medications deposited, are being taken



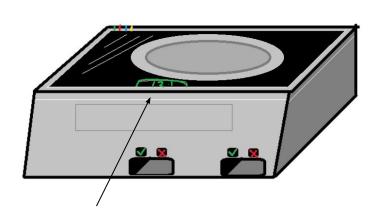
# **Features : Medicine Dispensing**

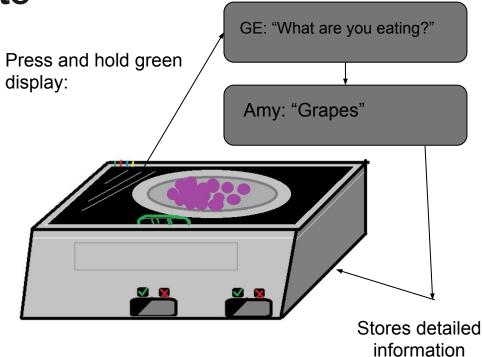


Door opens and medicines dispense at time intervals programmed from barcode

Sensor in slot knows if pills still remain

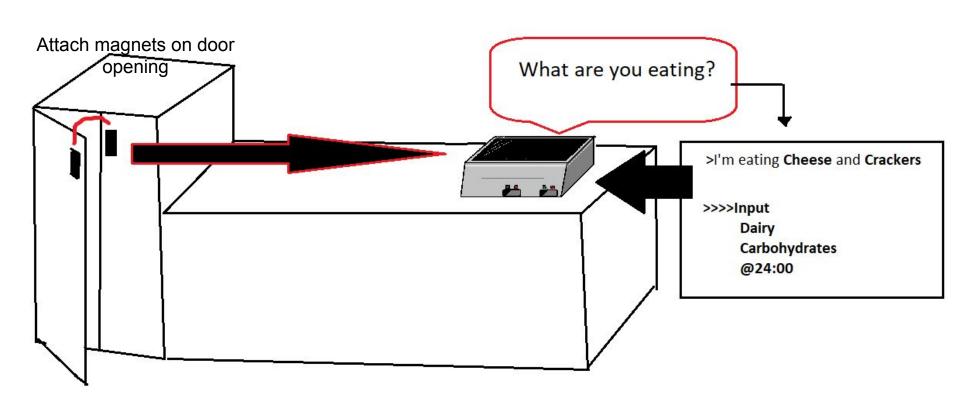
## **Features : Smart Scale**



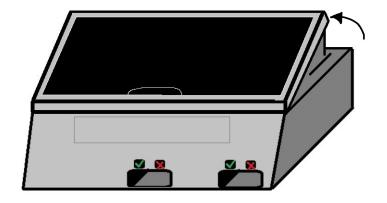


Can tare: press green weight display

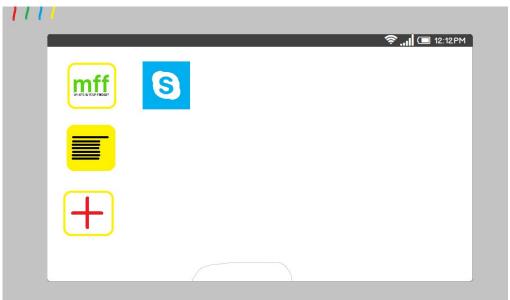
# Features: Tracking dumb appliance use



# **Features: Display**



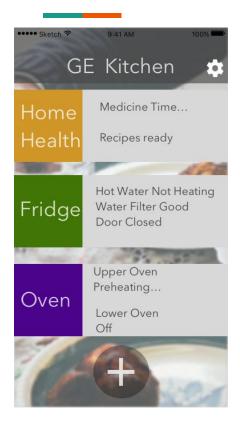
Tilt screen up and displays



Inventory App
Messenger apps/video
Recipe Apps & Doctor Recommended Recipes
Fully functional Tablet

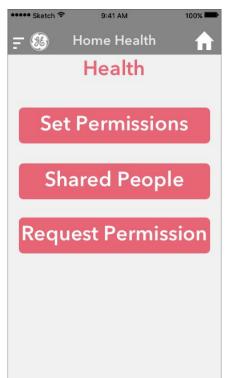
--Grocery/Medication Ordering

# Mobile App: User Version



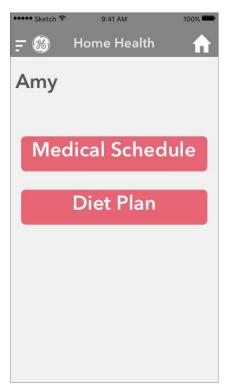


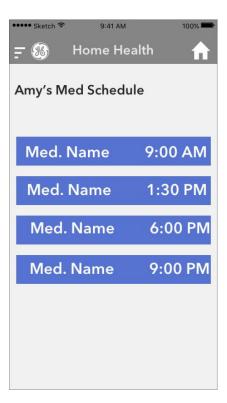




# Mobile App: Family/Doctor Share



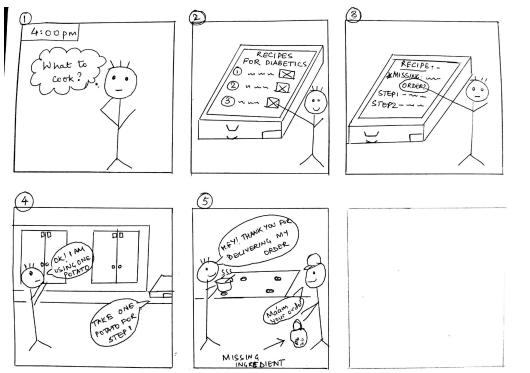




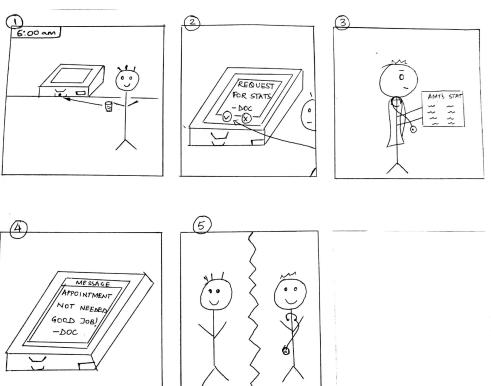
### **Channels**

- Media
  - Old TV, Radio, Newsprint, Magazines
  - New Social Media, advertisements on websites
  - Commercials to show demos and provide information
- Have doctors endorse appliance in office visits to patients
- home depot, best buy
  - Display appliance function in retail demos
  - Offer training, scenarios, to sell functions
- Upon purchase, a service rep will set up appliance and give tutorial
- In depth customer service phone lines, walk through any function

# **Storyboard 1**



# **Storyboard 2**



## **Cost Structures**

- New device
  - Research and Design
  - Development
- Manpower
- Raw Materials
- Promotional
- Channels
- Pay Partners

## Revenue

- Insurance Companies
- Consumer / Sales
- Doctor
- Special Recipes
- Advertising

# **Key Partners**







myfridgefoods.com





# **Key Resources**



Local Manufacturing units



Manpower



Raw Materials

# **Key Activities**

# Designing

Marketing

**Provide Better Service** 

# **SWOT Analysis**

STRENGTHS	WEAKNESSES	OPPORTUNITIES	THREATS
<ul> <li>Caters to large population</li> <li>Modifiable to fit many groups</li> <li>Partnership with Insurance companies</li> <li>Solves a range of problems</li> <li>Multiple revenue streams</li> <li>Market group is large</li> </ul>	<ul> <li>Will need to form new channels with Doctors</li> <li>Users not very inclined to use technology</li> <li>Will need money for R&amp;D</li> <li>Will need money for promotions</li> <li>May be open to lawsuits (wrong dosing from bugs?)</li> </ul>		Other medical technology companies could move in territory, competitors Customers not sharing information truthfully Doctors might not be willing to partner