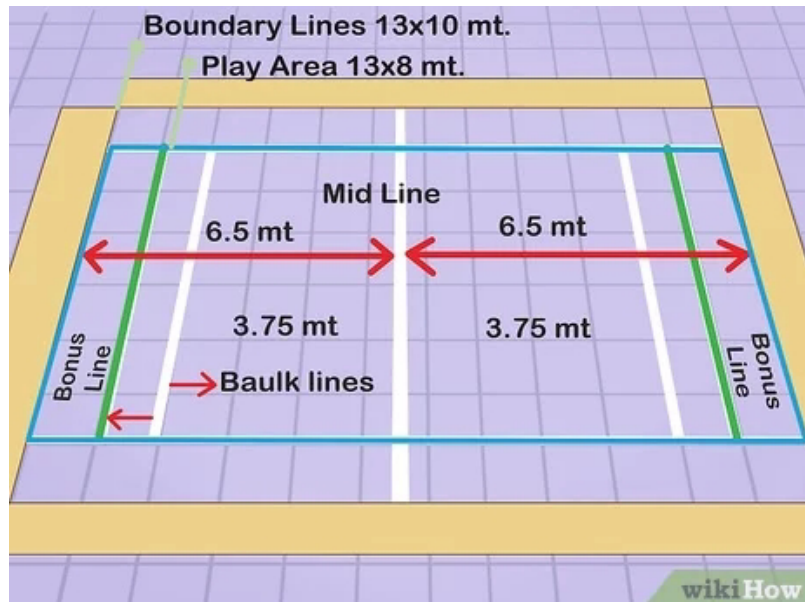


kabaddi



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Kabaddi (also known as kaudi) is a [contact team sport](#) played between two teams of seven players, [originating from India](#). The objective of the game is for a single player on offense, referred to as a "raider", to run into the opposing team's half of the court, touch out as many of their players and return to their own half of the court, all without being tackled by the defenders in 30 seconds. Points are scored for each player tagged by the raider, while the opposing team earns a point for stopping the raider. Players are taken out of the game if they are touched or tackled, but are brought back in for each point scored by their team from a tag or a tackle.





Modern kabaddi is a synthesis of the game played in various forms under different names in the Indian subcontinent.^[11] India has been first credited with having helped

to popularise kabaddi as a competitive sport, with the first organized competitions occurring in the 1920s,^[12] their introduction to the programme of the [Indian Olympic Games](#) in 1938, the establishment of the All-India Kabaddi Federation in 1950,^[12] and it being played as a [demonstration sport](#) at the [inaugural 1951 Asian Games](#) in [New Delhi](#). These developments helped to formalize the sport, which had traditionally been played in villages, for legitimate international competition.^{[5][6][7]}



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