

# DEPARTMENT OF COMPUTER SCIENCE & ENGINEERING, SHARDA SCHOOL OF ENGINEERING AND TECHNOLOGY, SHARDA UNIVERSITY, GREATER NOIDA

# Human Posture Estimation Using Different Deep Learning Techniques

A project submitted in partial fulfillment of the requirements for the degree of Bachelor of Technology in Computer Science and Engineering

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**CERTIFICATE** 

This is to certify that the report entitled "Human Posture Estimation Using ResNet" submitted

by "Satnam Singh (2019001788), Viswajeet Kumar (2019003633) and Nalin Kashyap

(2019005417)" to Sharda University,

towards the fulfillment of requirements of the degree of "Bachelor of Technology" is record of

bonafide final year Project work carried out by them in the "Department of Computer Science

& Engineering, Sharda School of Engineering and Technology, Sharda University".

The results/findings contained in this Project have not been submitted in part or full to any

other University/Institute forward of any other Degree/Diploma.

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### **ABSTRACT**

This research paper presents a method for determining human posture by utilizing multiple neural network techniques. Various architectures, like CNNs and ResNet. The performance of each network is evaluated using a dataset of human posture images the results are compared. The findings of this study indicate that using multiple neural network techniques leads to increased accuracy in human posture estimation, and it could have potential applications in areas such as human-computer interaction, rehabilitation, and health monitoring.

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#### **CHAPTER 1**

#### INTRODUCTION

Human posture estimation is a crucial task in various fields such as human-computer interaction, rehabilitation, and health monitoring. Accurate posture estimation can provide valuable information about an individual's movements and activities, which can be used for various applications such as motion tracking, gesture recognition, and fall detection. However, estimating posture from 2D images is a challenging task due to variations in lighting conditions, background, and viewpoint. Recognition of human posture is a difficult task.

#### 1.1 Problem Statement

Image recognition of human posture is a difficult task. The field of posture recognition receives a lot of attention in the field of human sensing [1], in the area as remote control of vision impaired, needs advanced computer vision techniques able to localise people in their environment, recognise their posture and behavior [2].

- To classify people and detect moving items.
- Surveillance, indoor and outdoor monitoring where a person with suspicious postures tries to do malicious activity.
- In healthcare and other fields such as in rehabilitation training of people with posture defects.
- Accidental recovery in the scenarios where a person had an accident near a road, and he/she is laying on the road this can cause an emergency response to the nearest hospital.

# 1.2 Project Overview

Human posture estimation is a crucial task in various fields such as human-computer interaction, rehabilitation, and health monitoring. Accurate posture estimation can provide valuable information about an individual's movements and activities, which can be used for various applications such as motion tracking, gesture recognition, and fall detection [1]. A difficult job is posture estimation from 2D photos owing to differences in illumination, backdrop, and viewpoint. Traditionally, human posture estimation has been tackled using various methods such as template matching, edge

detection, and model-based approaches. These methods have limitations, such as being sensitive to changes in lighting conditions and background and are not robust enough to handle variations in body shape and posture. Deep learning methods have significantly improved posture estimation in recent years [2]. Convolutional neural networks (CNNs), in particular, have demonstrated tremendous promise in this area. Due to its capacity to learn hierarchical representations of pictures, CNNs are especially well suited for image processing applications [3]. They are able to pick out certain features in pictures, such as edges, corners, and textures, and use them to classify images. ResNet is one of the most effective CNN designs. ResNet, an abbreviation for Residual Network, takes advantage of residual connections to enables the network to learn more intricate operations. In traditional CNNs, the deeper layers of the neural network can struggle to learn useful features due to the vanishing gradients problem. By enabling the gradients to propagate through the layers without any intermediate nodes, residual connections enable the network to get around this issue [4]. This enables ResNet to achieve exceptional performance on image classification tasks.

In this paper, a multi-modal approach for estimating human posture from 2D images using neural networks is proposed. Our approach explores the use of several neural network architectures, including CNNs, recurrent neural networks (RNNs) and long short-term memory (LSTM) networks [5]. This work evaluates the performance of each network on a dataset of human posture images and compare the results. Our experiments demonstrate the effectiveness of using a combination of neural network techniques for human posture estimation from 2D images, achieving higher accuracy than using a single network alone. This research will discuss the importance of human posture estimation and how it's been tackled in the past. This work will also delve into the details of CNNs and ResNet and how they can be used for posture estimation. This work will present our proposed method for posture estimation using multiple neural network architectures, and evaluate its performance using a dataset of human posture images. This work will also compare our results with other existing methods and discuss the potential applications of our proposed approach.

In summary, this research aims to improve the accuracy of human posture estimation from 2D images by using a combination of neural network techniques, specifically multiple architectures like CNN, RNN and LSTM. Through studies on a collection of

photographs of human posture, this work will show the efficacy of our suggested

strategy and contrast the outcomes with those of other approaches already in use [6].

## 1.3 Expected Outcome

This work aims to implement Comparative Study for Human Posture Estimation using

ResNet and CNN with varying neurons and layers to find which pair gives the best

result. also visualizing each of the pair (tweaking of layers with varying neurons in

Convulsions Neural Network) with help of graphs. At the end of comparison ResNet

will perform highest accuracy.

# 1.4 Hardware and Software Specifications

• CPU: Intel® Core i5 @1.60 Ghz

• GPU: 8GB

• RAM: 16GB

• Display: Standard monitor

• OS: Windows Operating System

• Language: Python

• IDE: Open-source programming tools like Jupyter Notebook, Google Colab.

### 1.5 Other Non-Functional Requirements

• Collage Lab Computer

• IEEE Posture Dataset

1.6 Report Outline

In Chapter 1 the problem statement is presented, the project overview, expected

outcome and hardware and software requirements. Related works, a literature review,

a proposed system, and a feasibility study make up Chapter 2. Chapter 3 is mainly about

the methodology used along the project. Chapter 4 will be about the result of the differs

algorithms used toward the project and the output of the project implementation will

also be detailed. Chapter 5 is about the conclusion and what is the future prospective.

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#### **CHAPTER 2**

#### LITERATURE SURVEY

#### 2.1Existing Work

In this study, the author presented YOLOv5-HR-TCM, a quick, end-to-end model for predicting 3D human posture. We offer a model that takes into account each estimate stage, such as person recognition, 3D human pose estimation and 2D human pose estimation. It is based on the lifting approach from 2D to 3D for determining 3D human positions [7]. Perceptual multimode inputs are extracted from RGB images and combined by a multimode stream system suitable for different input modalities. Construction of 3D skeletal joint LSTM (long-term short-term memory). 3D ResNet (RGB) 3D ResNet 92.1 (color separation of body parts) 94.6 LSTM (3D skeleton linking) 95.4 The combined result is 96 [8]. In order to recognize and differentiate between human right and left hands, this research presents a parallel network based on body position estimation and hand detection. Using hand movements, the network is used for human-robot interaction (HRI). The results from the two channels are then combined. Using knowledge of human anatomy, the fusion module may alter hand recognition findings and distinguish between the left and right hands. This HRI system can be used with our technique [9]. In another study, the author created a non-contact video-based method to track body movements and postures automatically while a person is sleeping. The effectiveness of seven renowned pre-trained networks, including Google Net, ResNet50, ResNet-101, ResNet-152, AlexNet, VGG-16, VGG-19 has been studied. ResNet152 achieved the greatest accuracy of 95.1%, outperforming all other pre-trained networks, including a 4-layer CNN network. [10]. Using dynamic, instance-aware convolutions, FCPose is a fully convolutional approach for estimating the posture of many people. Mask R-CNN (ResNet-101) performs better (64.8% APkp vs. 64.3% APkp) and is faster (9.26 FPS vs 41.67 FPS) Additionally, compared to other state-of-the-art techniques, FCPose offers a better speed/accuracy trade-off. brand-new CNN network. The results of our studies demonstrate that FCPose is a simple yet effective approach for estimating multi-person poses [11]. To improve decision-making in posture recognition, this study used two transfer learning algorithms and two deep learning algorithms. MLP.y. and CNN. With a validation accuracy of 91.2%, AlextNet + HPO outscored the other four models, while VGG16 +

HPO came in second with 90.2% [12]. Utilizing real-world photos and integrating object detection, segmentation, and classification techniques, we suggest a hybrid model for identifying human position. Inception-ResNet-v2 with a revision is then utilized for posture recognition after Mask R-CNN is used to detect and segment subjects. [13]. This paper suggested a unique hybrid strategy combining machine learning classifiers using deep learning classifiers (Naive Bayes, Decision tree, KNN, SVM, KNN, random forest, linear discrete analysis and quadratic discretization) (LSTM, two-way LSTM), (lattices) 1D, 2D and 3D convolutional neurons, LSTM and KNN). The suggested strategy takes use of deep learning (DL) and machine learning (ML) prediction to improve the effectiveness of current approaches. Results from experiments revealed an accuracy of more than 98 percent [14]. The main problem of pose estimation is to visualize certain heat maps created by the ground truth, the ResNet-50 baseline model, and the ResNet-50 Plus L-PGCN model, in addition to capturing ordered links between significant human body locations [15]. DeneSVM achieves a test accuracy of 95 percent and a score of 94.72 percent for the 30th epoch. followed by DeneNet-121 with an accuracy of 92%, ResNet-50V2 with an accuracy of 93%, and DenseNet-121 with an accuracy of 93% [16]. Given that the detection implementations in both models (see appendix) are identical, the gains can only be attributed to enhanced networks. The most striking outcome is an increase of 6.0 percent in COCO's standard measure, which is a 28 percent relative improvement over the challenging COCO dataset. [17]. The dual learning tasks 3D to 2D pose projection and 2D to 3D pose transformation were carried out using CNN's, spatiotemporal modelling, self-guided learning, and geometric deep learning. It is noteworthy that the model improves performance by over 12% when compared to the conference version (63.67 mm against 73.10 mm). [18]. Dense spatial regression using a mixture model, Spatial regression models, often with a linear additive specification, in which the correlation between areal units is exogenously given using a weight matrix that replicates the spatial structure and the spatial interaction pattern, results concludes that a higher speed-accuracy trade-off is provided by a mixture model and can increase the purpose for multiscale evaluation. Also, it leads to faster convergence [19]. Hybrid fuzzy logic and ML approach used for the classification of human postures while resting in bed with the greatest possible data efficiency. The proposed method produced dataefficient posture categorization with a 97.1 percent accuracy rate [20]. System based on

a 3D-RCNN, Regions Proposal Networks (RPNs) and container proposals network (CPN) utilized to recognize and categorize the many classes of a person's posture, including sit, lie, and stand, for one-person posture identification, CNN and CPN shared, with reduction gave 78.2% accuracy [21].

# 2.2 Literature Survey

The Literature Survey is shown with the help of table (Table 1.)

S. No	Name of Paper	Year	Authors	Objectives	Algorithm	Outcome
1.	Human Posture Detection Using Image Augmenta tion and Hyperpara meter- Optimized Transfer Learning Algorithm s [12]	2022	Roseline Oluwase un, Ogundok un, Rytis Maskeliu nas, Robertas Damasev icius	A fresh decision-support system for the hyperparam eter optimizatio n of the multilayer perceptron (MLP), CNN, VGG16, and AlexNet models to achieve the best classificatio n outcomes	Multilayer perceptron, VGG16, CNN, and Alex Net (MLP)	Two deep learning algorithms and two transfer learning algorithms were applied to CNN and MLP.y, two of the four models used in this work for decision assistance in posture detection.  With a validation accuracy of 91.2 percent, AlextNet + HPO surpassed the other four models, while VGG16 +

						HPO came in second with 90.2 percent.
2.	Knowledg e-Guided Deep Fractal Neural Networks for Human Pose Estimatio n [13]	2018	Guangha n Ning, Zhi Zhang, Zhiquan He	Important components of interconnect ed human postures. We suggest investigatin g the optimal representati on and input of external information into deep neural networks in order to regulate the training process using learnt projections that impose the suitable prior. Without using any explicit graphical modelling, we build a fractal network specifically to regress photos of	Inception-ResNet Modules, Fractal Networks, Knowledge-Guided Learning.	In this study, we put forward the idea of encoding and injecting external human knowledge into deep neural networks to direct their training using learnt projections for more accurate human posture prediction.

				human posture into heatmaps using the stacked hourglass architecture and inception- ResNet module.		
3.	Human Pose Estimatio n via Improved ResNet 50  [14]	2017	Xiao Xiao, Wangge n Wan	It will offer a technique. The prediction of 2D human posture estimation is formulated as a regression issue towards body joints using top-down methodolog ies.	ResNet-50	We Present our knowledge, the first application of ResNet-50 to human posture estimation. On several difficult academic datasets, we are able to produce results that are state-of-the-art or better as a result.

4.	Structure- aware human pose estimation with graph convolutio nal network  [15]	2020	Yanrui Bina , Zhao- Min Chenb , Xiu- Shen Wei c, Xinya Chena , Changxi n Gaoa , Nong Sang	al model of a human body, the model constructs a directed	CNN, ResNet	Pose estimation's main problem is capturing the structured relationships between significant human body regions. Additionally, it shows a number of heat maps that were produced using the ResNet-50 baseline model, ResNet-50 + L-PGCN model, and actual data.
5.	A Novel Deep Transfer Learning Approach Based on Depth- Wise Separable CNN for Human	2022	Roseline Oluwase un Ogundok un, Rytis Maskeliu nas, Sanjay Misra, Robertas	The model usually improves accuracy noticeably as the number of epochs increases without experiencin g any	DenseNet- 121, ResNet- 50V2, DeneSVM	ResNet-50V2 obtains an accuracy of 93 percent, followed by DeneSVM with a test accuracy score of 94.72 percent for the 30th epoch and 95

	Posture Detection [16]		Damasev icius	performanc e problems or overfitting. The technique is effective in classificatio n and detection exhibitions as well, with just a small number of parameters and reasonable computation al costs needed.		percent. DenseNet- 121 earns an accuracy of 92 percent. DenseNet- 121 has a 92 percent accuracy rate.
6.	Deep Residual Learning for Image Recogniti on [17]	2015	Jin Sun, Xiangyu Zhang, Shaoqing Ten, and Kaimain g He	The Objective of this paper is Object Detection on PASCAL and MS COCO with different algorithms.	Residual Networks, ResNet-50	Given that the detection implementati ons in both models are identical, the improvement s can only be attributed to enhanced networks. The most remarkable result is a 6.0% rise in COCO's standard measure, a

						28% relative improvement over the challenging COCO dataset.
7.	Transfer Learning for Clinical Sleep Pose Detection Using a Single 2D IR Camera [10]	2021	Shirin Enshaeif ar, Adrian Hilton, and Sara Mahvash Moham madi	This article describes a technique for motion and posture-based, non-contact sleep monitoring. Using supervised machine learning methods and a transfer learning approach, four predefined postures and the empty bed state during 8–10-hour overnight sleep episodes were successfully measured. The method was evaluated in	CNN, Transfer Learning, PSG	A non- contact video-based system was created in this study to automatically track body positions and movement as you sleep. To enhance the learning effectiveness of pre-trained deep networks, transfer learning was introduced. ResNet152 outperformed all other pre- trained networks and a 4-layer de novo CNN network in terms of accuracy, coming in at 95.1%. Future research

				contrast to		directions
				postures		include
				that were		examining
				computed		the use of this
				using		strategy
				clinical		across the
				polysomnog		lifespan and
				raphy		creating an
				measureme		intelligent
				nt		non-contact
				equipment		monitoring
				and poses		system for the
				that were		home
				manually		environment.
				scored		
				during		
				sleep.		
8.	Pose	2023	Dong	A self-	ResNet50,	This study
	ResNet:		Liang,	supervised	ŕ	suggests a
	3DHuman		Wenxia	3D posture	CNN	technique that
	Pose		Bao,	estimation		combines
	Estimatio		Zhongyu	model		synthetic
	n Based on		Ma,	dubbed		occlusion,
	Self-		Xianjun	posture		transfer
	Supervisio		Yang,	ResNet can		learning,
	n [22]		and Tao	extract		ResNet50,
	[==]		Niu	features		CBAM, and
			1110	from 2D		WASP to
				photos		create 3D
				without the		labels
				need for 3D		utilizing
				ground truth		epipolar
				labelling. It		geometry for
				uses a		self-
				deconvoluti		supervised
				on network,		learning. On
				synthetic		the
				occlusion,		Human3.6M
				transfer		dataset, the
						final MPJPE
				learning,		illiai WIFJFE

						!
				convolution		was shrunk to
				al block		74.6 mm.
				attention,		
				waterfall		
				arouse		
				spatial		
				pooling,		
				convolution		
				al block		
				attention,		
				and a self-		
				supervised		
				training method. The		
				findings		
				reveal that		
				the mean		
				per joint		
				position		
				error		
				(MPJPE) is		
				74.6 mm		
				even		
				without the		
				usage of 3D		
				ground truth		
				labels.		
9.	FCPose:	2021	Weian	FCPose is a	R-CNN.	FCPose is a
	Fully	y = *	Mao ,		ResNet-101	unique key
	Convoluti		Zhi Tian		_1001(00 101	point
	onal		, Xinlong			detection
	Multi-		Wang1,			framework
	Person		Chunhua	al		that instructs
	Person			framework		
			Shen,			the model to
	Estimatio		The	for multi-		focus on
	n with		Universit	1 1		instances by
	Dynamic		y of			using
	Instance-		Adelaide	U		dynamic key
	Aware		,	of the		point heads
			Australia	amount of		rather than
			1	_		

	<u> </u>					
	Convoluti			people in		ROIs.
	ons [28]			the image, it		Numerous
				does away		tests show
				with ROIs		that it
				and		provides a
				grouping		straightforwa
				post-		rd, quick, and
				processing		efficient
				and has		architecture,
				essentially		and on the
				consistent		COCO
				inference		dataset, it can
				times. It is		run at 42
				easy to use		frames per
				but		second with
				effective,		64.8% APkp
				according to		on a single
				experiment		1080Ti GPU.
				findings.		
10.	Token	2021	Yanjie	In this	CNN,	TokenPose is
	Pose:		Li,	study, a	COCO	a brand-new
	Learning		Zhicheng	unique		token-based
	Keypoint		Wang,	method		presentation
	tokens for		Shoukui	called		for estimating
	Human		Zhang,	TokenPose		human poses
	Pose		Sen	for		that create
	Estimatio		Yang,	estimating		visual tokens
	n [ <b>29</b> ]		and	human		from the
			Wankou	stance is		image's
			Yang	proposed.		patches and
				То		embeds key
				understand		point entities
				constraint		into token
				connections		embeddings.
				and		Ву
				appearance		interacting
				cues from		with oneself,
				images, it		it may capture
				embeds		constraint and
				11		
				each key		appearance

				<u> </u>		
				point as a		cues, and
				token.		hybrid
				Numerous		designs
				tests reveal		outperform
				that		CNN-based
				although		techniques in
				being more		terms of
				lightweight,		performance.
				the small		
				and big		
				TokenPose		
				models are		
				equally as		
				effective as		
				their		
				cutting-edge		
				CNN-based		
				equivalents.		
				There is		
				open access		
				to the code.		
	Dual-Hand					
11.	Detection	2019	Jinguo	In order to	ResNet,	The left and
	for		Liu,	recognise	Deep	right hands of
	Human–		Zhaojie	and	Neural	astronauts
	Robot		Ju, and	differentiate	Network	could be
	Interaction		Wing	between a		recognized
	by a Parallel		Gao	human's		and located
	Network			right and		with accuracy
	Based on			left hands,		using a
	Hand			the author of		parallel deep
	Detection			this paper		neural
	and Body			introduces a		network that
	Pose			parallel		contained
	Estimation			network		hand and
	[9]			based on		human body
				hand		features. Its
				detection		objectives
				and body		were to
				position		separate the
				estimation.		structural
1				John Millian Coll.		Succession

	T			T	
			To enhance		characteristic
			hand		s of the hands
			identificatio		and the body,
			n and		locate the left
			distinguish		and right
			between the		hands, and
			right and		combine the
			left hands, it		outputs of the
			is necessary		two
			to make use		subnetworks.
			of		According to
			knowledge		research, the
			about hand		RI-SSD
			features and		network may
			human body		increase the
			structure.		accuracy of
					hand
					recognition
					and guarantee
					real-time
					performance.
12.	P-CNN:	Ivan	We suggest	P-CNN,	Compared to
	Pose-	Laptev,	the Pose-	ResNet	other posture-
	based	Guilhem	based		based
	CNN	Cheron,	Convolution		features like
	Features	and	al		HLPF, pose-
	for Action	Cordelia	NeuralNetw		based
	Recogniti	Schmid	ork		convolutional
	on [4]		descriptor (		neural
			P-CNN ),		network
			which		features (P-
			collect's		CNN) are
			motion and		more resistant
			appearances		to mistakes in
			data along		human pose
			tracks of		estimation.
			human body		They
			ı , , , , , , , , , , , , , , , , , , ,	İ	
			components		complement
			components , for action		complement dense
			, for action		dense
			_		-

						characteristic
						s and perform
						better than
						HLPF in
						recognizing
						fine-grained
						actions. The
						recent
						advances in
						pose
						estimation
						indicate a
						bright future
						for stance-
						based action
						detection
						techniques.
						decimiques.
13.	Adopting	2018	Donnadit	With a new	CNN,	In order to
13.	Adapting Mobile	2018	Bappadit		MobileNets	
			ya	split stream	Modifienets	lessen over-
			Debnat,	design and		fitting,
	mobile		Mary	the transfer		MobileNets
	based		O'Brien,	of learned		are modified
	upper		Motonori	features		for heatmap
	body pose		,Yamagu	from		regression,
	estimation		chi	MobileNets		and a unique
	[17]			that have		split
				already		architecture is
				been pre-		created. The
				trained on		updated
				ImageNet, a		MobileNets
				lightweight		outperform
				and		the baseline
				effective		across PCK
				CNN		thresholds
				architecture		and achieve
				for mobile		performances
				and		that are nearly
				embedded		state-of-the-
				vision		art. The
				applications		development
	<u> </u>					

				, MobileNets is adaptable to human posture estimation.		of embedded and mobile vision applications will benefit from this.
14.	3D Human Pose Estimatio n from Monocula r Images with Deep Convoluti onal Neural Network. [23]	2016	Antoni B. Chan and Sijin Li	This paper suggests using a deep convolution al neural network to infer 3D human posture from monocular pictures. It is learned using two different approaches: a pretraining strategy that uses a network trained for body part recognition to initialize the posture regressor, and a multitask framework that simultaneou sly trains pose	SVM, CNN,	In order to predict a 3D person position from monocular pictures, this study combined a deep convolutional neural network with two distinct approaches—a multi-task framework and regression task pretraining with detection tasks. Results over baseline methods indicated a significant improvement. The capacity of the network to produce structural dependencies will be

				regression and body part detectors. It performs noticeably better than the conventiona I methods.		investigated in further studies.
15.	Deep Learning- Based Human Posture Recogniti on [6]	2022	Ayre-Storie, Zhang, L.	A hybrid model is proposed that combines object detection, segmentatio n, and classificatio n algorithms to recognise three human postures: leaping, sitting, and standing. and standing—from real-world photos in order to create efficient spatial-temporal representati ons.	Inception- ResNet-v2 and Mask R-CNN	The two-stage method generated excellent results, with mAP scores of 86% for leaping, 95% for sitting, and 94% for standing for the acquired real-world data set.

16.	A Hybrid  Posture Detection Framewor k: Integratin g Machine Learning and Deep Neural Networks [27]	2021	The authors are Liaqat, S., Dashtipo ur, K., Arshad, K., Assaleh, & Ramzan.	On the basis of DL approaches, a novel hybrid strategy is created to identify posture prediction.  The hybrid approach trains the metalearning with a variety of predictions using deep learning and machine learning.  The results of the experiments show that the proposed hybrid approach performs better than both DL and ML algorithms.	KNN, LSTM, CNN, SVM	The experimental results on a widely used benchmark dataset are displayed; the accuracy of the results was over 98 percent.
17.	3D Human	2020	Liang Lin,	The 2D to 3D pose	3D human pose	External 2D human pose

	Pose Machines		Pengxu Wei,	transformati on and 3D to	machine,C NNs	data may be used without
	with Self- Supervise d Learning		Chenhan Jiang, Keze Wang,	2D pose projection are two dual learning	,Geometric deep learning.	the requirement for additional 3D
	[18]		Chen Qian, and	tasks that are included in the suggested technique.		annotations thanks to the suggested self-supervised correction technique, which may close the gap between 3D and 2D human poses. The effectiveness and superiority of our suggested technique have been thoroughly tested on two 3D human pose datasets that are available to the public.
18.	Human Posture Recogniti on Using a Hybrid of	2020	Ji, H., Liu, X., Ma, O., & Ren, W.	In order to characterise human postures during sleeping and	SVM and fuzzy logic hybrid	The proposed method produced data-efficient posture categorizatio
	Fuzzy Logic and Machine		2	maximise data		n with a 97.1

Learning	economy,	percent
Approach	the study	accuracy rate.
es [20]	uses a	
	combined	
	fuzzy logic	
	and	
	machine	
	learning	
	technique.	

### 2.3 Proposed Work

The system proposed in this study is mainly composed of three essential parts that are data acquisition, data preprocessing and the last being model definition.

- Dataset gathered from http://shorturl.at/estE0
- Applied multiple CNN and ResNet Architectures.
- A study of the effects of number of layers and number of neurons on accuracy.

### 2.4 Feasibility Study

It is challenging to identify human posture from an image. In the domain of remote control for vision-impaired persons, powerful computer vision algorithms are required that can localize people in their surroundings and recognize their posture and behavior. This subject of posture recognition is receiving a lot of interest.

Human posture estimation presents challenges, including:

- Data collection: Collecting a representative dataset of human postures can be challenging, as it may require a diverse population and a significant amount of time and resources.
- Labeling: Labeling the data with the correct posture can be time-consuming and subjective, which can introduce errors and affect the accuracy of the algorithm.
- Algorithm development: Developing an accurate and efficient algorithm for posture estimation can be complex, and it may require expertise in computer vision, machine learning, and signal processing.

- Computational resources: Implementing and testing the posture estimation algorithm may require significant computational resources, such as high-performance computing clusters, GPUs, or specialized hardware.
- Variability in posture: Human postures can vary significantly, making it
  difficult to develop a posture estimation algorithm that can detect and classify
  all possible variations. The algorithm should be robust enough to handle
  different body shapes, clothing, and movements.
- Real-world limitations: The feasibility of posture estimation in real-world scenarios may be limited by factors such as environmental noise, occlusions, and lighting conditions, which may affect the accuracy and robustness of the algorithm.

To address these problems and challenges, posture estimation studies should carefully consider the research questions, methods, and limitations and involve multidisciplinary teams with expertise in computer science, healthcare, and ethics. The algorithm should be developed and evaluated using appropriate performance metrics and validated using independent datasets. Finally, appropriate measures should be taken to protect individuals' privacy rights and ensure that the data collected is secure and anonymized.

#### **CHAPTER 3**

### SYSTEM DESIGN AND ANALYSIS

#### **3.1 Project Perspective**

In this project focuses to identify human posture estimation of four postures which are Sitting, Standing, Bending and Lying with the help of different machine learning (ML) & deep learning (DL) architectures.

#### 3.2 Performance Requirements

The system proposed in this study is mainly composed of three essential parts that are data acquisition, data preprocessing and the last being model definition.

- A minimum 8 GB of GPU is recommended for optimal performance.
- A minimum 16 GB of RAM.
- Windows/ Linux Operating System.
- A CPU with Advanced Vector Extensions (Intel/ AMD 64-bit).
- IDE required Google Colab/ Jupyter Notebook
- Programming Language Python.
- All dependencies like Tensorflow, numpy, pandas, cv2 etc.

#### 3.3 System Features

- Estimating Human Postures.
- Varying ResNet models to achieve the state of art.

#### 3.4 Methodology

Deep learning algorithms, such as deep CNN, have demonstrated outstanding performances in classification methods in computer vision-based algorithms. CNN provides data-driven learning, hierarchical images, substantially representative features directly from massive amounts of data, but also automatically produces medium/high level constructions derived from raw photos. ResNet outperformed classic ML algorithms, particularly when it came to object categorization. ResNet can provide higher accuracy and reduced error rates by enabling deeper designs, better gradient flow, and faster convergence. Its skip connections allow the flow of gradients to skip

over some network layers, allowing for the construction of considerably deeper structures. For some applications that demand great accuracy and the capacity to handle complex characteristics and interactions between them, ResNet is a superior option because of these advantages.

#### **3.4.1 Dataset**

The data set contains 4800 images which are categorized in four postures which are Sitting, Standing, Bending and Lying. For every posture mentioned contains 1200 images. The images have a resolution of 512 \* 512 pixels. (Fig.1)

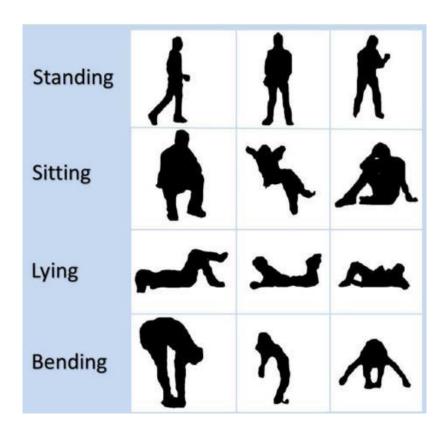


Fig.1. Dataset

# 3.4.2 Algorithms

#### Convolutional Neural Network (CNN)

Like any other model of the kind of neural network, CNNs are composed of neurons that are connected in layers and may thus learn hierarchical representations. Weights

and biases are used to link neurons between layers. The input layer is the first layer. In between there are hidden layers that rearrange the feature space of input given do that it can fit the output.

They have three main types of layers which are:

- 1.Convolutional layer
- 2.Pooling layer
- 3.Fully-connected (FC) layer

#### 1. Convolutional Layer

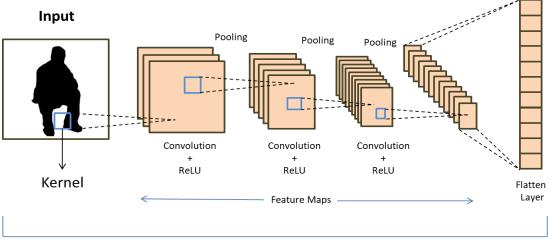
- The convolutional layer, which houses the majority of the computation, is the essential part of a CNN. Among other things, it requires input data, a filter, and a feature map.
- We have a kernel or filter that moves through the receptive fields of the image to detect features, also known as feature detectors. This technique is described as convolution.

#### 2.Pooling Layer

Reduces the dimensionality, which reduces the number of input parameters. Similar to the convolutional layer, the pooling operation sweeps a filter across the entire input, but this filter lacks weights. Instead, the kernel uses an aggregation function to fill the output array with values from the receptive field.

#### 3. Fully Connected Layer

The pixel values of the input image are not directly linked to the output layer when two layers are partially linked. On the other hand, in the completely linked layer, every node in the output layer is directly connected to a node in the layer above it.



Feature Extraction

Fig 2. The architecture of a convolutional neural network

To exploit patterns, CNNs incorporates one convolutional layer at least as a hidden layer (in the context of this review predominantly spatial patterns). Other non-convolutional layers may also be included. Convolutional layers are made up of several optimizable filters (Fig.2) that change the input or previous hidden layers, which we pass through our image and transform it based on the filter settings. The formula below is used to calculate subsequent feature map values, where I stand for the input image and k for our kernel. b and d stand for the row and column indices of the result matrix, respectively.

$$G[b,d] = (i*k)[b,d] = \sum_{p=0}^{p} \sum_{q=0}^{q} k[p,q]f[b-p,d-q]$$
 Eq. (1)

#### 3. Forward propagation

It is split into two halves. The initial step is to compute the intermediate value I, which we get by convolution of the previous layer's input data with W tensor (including filters) then bias b is added. The next step is to apply a nonlinear activation function to the intermediate value produced (g denoted activation). In addition, the picture below shows a little representation explaining the size of the tensors utilized in the equation.

$$I^{[i]} = W^{[i]} \cdot A^{[i-1]} + b^{[i]}$$
  $A^{[i]} = g^{[i]}(I^{[i]})$  Eq. (2)

#### 3. Convolutional Layer Backpropagation

As with densely linked neural networks, we generate derivatives and then utilise them to change the values of our parameters using gradient descent. We want to examine how changing the settings influences the producing features map and, as a result, the result.

$$dO^{[i]} = \frac{\partial L}{\partial O^{[i]}} dI^{[i]} = \frac{\partial L}{\partial I^{[i]}} dW^{[i]} = \frac{\partial L}{\partial W^{[i]}} db^{[i]} = \frac{\partial L}{\partial b^{[i]}}$$
 Eq. (3)

Computing dW[i] and db[i] - derivatives related with current layer parameters - also the value of dO[i -1] which is passed on to the previous layer, the input dO[i] is given. Of course, tensors W and dW, b and db, and O and dO all have same dimensions. 1st step is to calculate the intermediate value of dI[i] by taking the derivative of activation function and applying it on the input tensor. Outcome of this operation will be used later, according to the chain rule.

$$dI^{[i]} = dO^{[i]} * g'(Z^{[i]})$$
 Eq. (4)

To handle the backward propagation of convolution a matrix operation known as complete convolution, which is seen below is used. This procedure is defined by the formula defined, where W represents the filter and dI[b,d] represents scalar belonging to a partial derivative produced from the preceding layer.

$$dO += \sum_{m=0}^{n_h} \sum_{n=0}^{n_w} W. dI[b, d]$$
 Eq. (5)

Based on the features that were retrieved from the preceding layers and their various filters, this layer conducts the classification operation. FC layers often utilize a softmax activation function to categorize inputs appropriately, producing a probability ranging from 0 to 1. Convolutional and pooling layers typically use ReLu functions.

This layer performs the classification process using the features that were received from the preceding levels and their associated filters. To properly classify inputs, FC layers frequently use a softmax activation function, which generates a probability ranging from 0 to 1. ReLu functions are commonly employed in convolutional and pooling layers.

#### Residual Networks (ResNet)

ResNet, which is short for "Residual Network," is a deep neural network architecture that was developed in 2015 by researchers at Microsoft. ResNet is designed to overcome the degradation problem that occurs when training deep neural networks. This problem occurs because as the network gets deeper, it becomes increasingly difficult to train due to the vanishing gradient problem. ResNet solves this problem by

employing residual blocks, which enable the network to learn residual functions, or the difference between each block's input and output. ResNet solves this problem by employing residual blocks, which enable the network to learn residual functions, or the difference between each block's input and output. This enables the network to learn more efficiently and with fewer parameters. Among the many computer vision tasks ResNet has mastered are image classification, object identification, and semantic segmentation [22].

#### 1. ResNet Working

Convolution and aggregation process layers are included in the ResNet neural network design. The network is trained using back propagation with stochastic gradient descent (SGD) optimization. ResNet's fundamental idea is the usage of residual connections, which enables the network to learn the remaining functions. The network can skip one or more tiers thanks to these remaining links, allowing the input signal to pass directly to the output of the residual block (Fig.2). This approach makes it easier to train very deep neural networks.

Let's take a closer look at how the residual connections work mathematically. Suppose we have a traditional convolutional neural network with L layers, denoted as H(x), where x is the input to the network. The output of the Lth layer is denoted as: -

$$H(x) = f(x, W)$$
 Eq. (6)

Where W represents the weights of the network. Now, let's add a residual connection between the (L-1)th and Lth layers. The output of the (L-1)th layer is denoted as: -

$$F(x) = H(x) - x$$
 Eq. (7)

We can then write the output of the Lth layer as: -

$$H(x) = f(F(x), W) + x$$
 Eq. (8)

This means that the output of the Lth layer is the sum of the residual function F(x) and the input x. By adding these residual connections, we are able to propagate the original input signal through the network and ensure that the network can learn residual functions.

ResNet employs bottleneck blocks in practice, which are composed of a 1x1 convolutional layer, a 3x3 convolutional layer, and a final 1x1 convolutional layer. The final output is created by combining the output from the last convolutional layer with the residual connection.

The formula for the output of a ResNet bottleneck block can be written as follows:

$$H(x) = f(F(x), \{W_1, W_2, W_3\}), W_4) + x$$
 Eq. (9)

Where F(x, {W\_1, W\_2, W\_3}) represents the residual function, and W\_1, W\_2, W\_3, and W\_4 represent the weights of the four convolutional layers in the bottleneck block.

In summary, ResNet uses residual connections to bypass one or more layers (Fig.3), allowing the input signal to pass directly to the output of the residual block. By doing so, ResNet makes it possible to train extremely deep neural networks, which has produced cutting-edge results on a variety of computer vision problems.

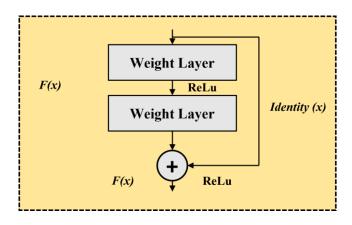


Fig.3. Residual Learning Block

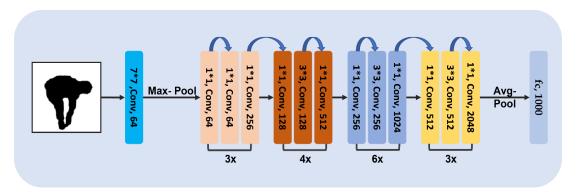


Fig.4. Basic ResNet Architecture

# 3.4.3 Algorithms Implementation

Convolutional Neural Network is referred to as CNN. For tasks like image classification, image segmentation and object detection, it is a kind of deep learning neural network. Two of the multiple layers present in a CNN are a convolutional layer that performs feature extraction by applying a series of filters to the input image, and a pooling layer that down samples the feature map. The final classification output is produced by a completely connected layer that receives the output from the previous layer. Residual Network, on the other hand, is referred to as ResNet. This particular CNN architecture was unveiled in 2015 and has won numerous computer vision competitions. Utilizing residual connections, also known as skip connections, allows the network to learn residual functions rather than the underlying mapping directly, which is the fundamental idea behind ResNet. This makes it possible to train models with many more layers and lessens the vanishing gradient issue that affects very deep networks. By making network optimization simpler, the residual links also contribute to greater accuracy. The data must first be cleaned, normalized, and divided into validation, training and test sets in order to be ready for CNN implementation. The architecture of the CNN, which includes the number of layers, filter sizes, and activation functions, must next be created. The loss function, optimizer, and metrics are then configured before the model is built. The model must then be trained using the prepared data after being assembled, with the weights and biases being adjusted using backpropagation and gradient descent. After the model has been trained, it must be assessed against the validation set to ascertain its accuracy and, if necessary, modify the hyperparameters. The model is then put to the test on the test set to determine its final CNN accuracy.

ResNet's architecture consists of a batch normalization layer, a ReLU activation function, and many convolutional layers [23]. The residual block, which has two convolutional layers with the same number of filters and a skip connection to omit the convolutional layers, is the fundamental component of the ResNet architecture. The gradient may travel through the network without being diluted because to this connection, which makes it easier to train very deep networks. A single convolutional layer and a max pooling layer are found in the initial block of the ResNet architecture, which is made up of many blocks of residual units. The number of filters doubles with each block, with the number of residual units increasing with each block. A global

average pooling layer and a SoftMax layer are added after the last block to create the output for the final classification. The architecture also uses a method known as bottleneck blocks, which lowers the network's computational complexity by first applying 1x1 convolutional layers to flatten the input's dimensionality before utilising 3x3 convolutional layers. This keeps accuracy high while enabling the network to learn more effectively. For a range of image classification tasks, the ResNet design has consistently shown the model's performance, and its success has prompted the creation of comparable structures for additional deep learning applications.

Code implements and trains a ResNet model for image classification using the Keras deep learning library. The ResNet model is defined in two functions: resnet\_layer and resnet\_v1. resnet\_layer builds a stack of a a batch normalization layer, 2D convolutional layer and an activation layer (in that order). resnet\_v1 defines a ResNet version 1 model architecture that uses the resnet\_layer function to build a series of residual blocks. The two convolutional layers of each block are followed by a skip connection with batch normalisation and ReLU activations, This increases the second convolutional layer's output by adding the input. When creating the ResNet model using the compile method of the Keras Model class, the loss function, optimizer, and metric were all set to categorical cross-entropy, Adam, and precision, respectively. The model is then trained using the fit\_generator method, which generates batches of training data on the fly using a ImageDataGenerator object [24]. The training progress is stored in a history object. Finally, the trained model is evaluated on a separate test set using the evaluate\_generator method, and the test accuracy is printed to the console.

Conv2D code block defines a function resnet\_layer that builds a stack of layers comprising of a Batch Normalization, 2D Convolution and Activation function. The Conv2D layer takes several arguments such as the number of filters, kernel size, stride, padding, kernel initializer, and kernel regularizer. The input tensor x is first set to the inputs argument of the function. If the conv\_first argument is True, the Convolution-Batch Normalization-Activation layers are applied in that order. Otherwise, the Batch Normalization-Activation-Convolution layers are applied in that order. In both cases, the Conv2D layer is followed by Activation and Batch Normalization layers, if specified. Finally, the resulting tensor x is returned. This function is used in building

the ResNet model, which consists of a stack of residual blocks that include the resnet\_layer function.

The function resnet34 takes two arguments as input: input\_shape, which defines the shape of the input image, and num\_classes, which defines the number of classes that the model will classify the input into. The function starts by creating an input layer using the Input function from the Keras API. Then, the input image is padded with zeros using the ZeroPadding2D function with a padding size of (3,3) to make the input size compatible with the model. The function then defines the ResNet34 architecture in several stages. Batch normalisation and ReLU activation are performed after a convolutional layer with 64 filters, a kernel size of 7x7, and a stride of 2 in the first stage [25]. Following that, the output is max-pooled with a pool size of (3,3) and a stride of 2. The next stages (2-5) are composed of repeated ResNet34 layers, each consisting of multiple convolutional layers with varying numbers of filters, followed by batch normalization and ReLU activation. The ResNet34 layer function used in these stages has an optional parameter for the number of filters and the stride size. The last layer is a global average pooling layer, which reduces the spatial dimensions of the output of the previous layer to a single dimension. Finally, a dense layer with num\_classes neurons and softmax activation is added to produce the final output. The model is then instantiated using the Model function from the Keras API, which takes the input and output layers as arguments, and returns the model. The function returns this instantiated model. The performance shown is the training and validation accuracy and loss of a neural network model over 10 epochs. In each epoch, the model was trained on 72 batches of data, where each batch contains a number of images specified by the batch size. The reported training loss and accuracy values are the average of the losses and accuracies computed over all the batches in the epoch. Similarly, the reported validation loss and accuracy values are the average of the losses and accuracies computed over all the validation batches in the epoch. The performance metrics show that the model improved significantly from the first epoch to the last. Training accuracy went from 0.62 to 0.96, while the training loss went from 2.40 to 0.25. The validation loss and accuracy both increased, indicating that the model may not be overfit to the training set of data. The final validation accuracy of 0.84 is quite respectable and shows that the model can accurately categorize the photos in the validation set.

### **CHAPTER 4**

### **RESULTS ANALYSIS**

During implementation multiple layers are implemented. Variations are done with the number of layers and neurons present in every layer. A type of layer is "dense" A typical layer type that works in most circumstances is dense. In a dense layer, every node from the layer before is connected to every node from the layer in front of it, model capacity increases as the number of nodes in each layer increases. The layer's activation function is referred to as "activation." Models can consider relationships that are not linear thanks to an activation function. Rectified Linear Activation, often known as ReLU, will be the activation function we employ. It has been demonstrated that, despite having two linear parts, it performs well in neural networks. An input shape is required for the top layer. pixels make up the input layer. The output layer produced is the final one. Only four of its nodes are for our prediction layer. Classification is carried out in this layer. The model needs to be assembled next. The two parameters required to create the model are loss and optimizer. The learning rate is controlled by the optimizer. In this situation, Adam is the optimizer. Adam is a useful optimizer to use in many circumstances. The Adam Optimizer changes the learning rate throughout training. The learning rate determines how soon the best weights for the model are computed. A lower learning rate may provide more accurate weights up to a point, but the computation of the weights will take longer. This work will include the practice on machine learning models. Utilization of the 'fit()' function to train. The data is randomly split between testing and training groups during validation split. The validation loss, which represents the mean squared error of the model applied on the set of validation, will be visible to us during training, how frequently the model iterates over the data is determined by the number of epochs.

# 4.1 CNN implementation with 16 Neurons with 4 Hidden Layers

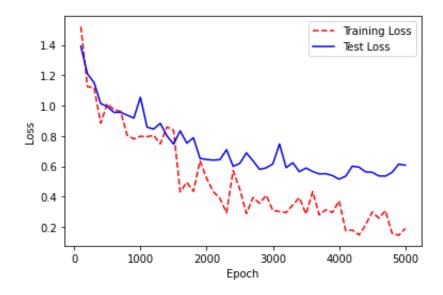


Fig. 5(a) CNN implementation with 16 Neurons with 4 Hidden Layers

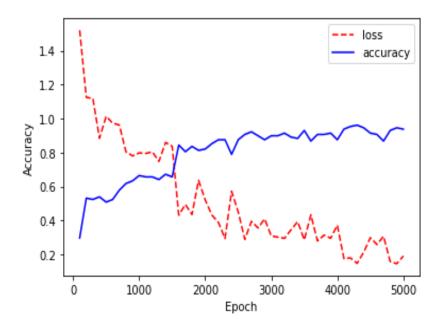


Fig. 5(b) CNN implementation with 16 Neurons with 4 Hidden Layers

We start with implementing 4 CNN layers each having 16 neurons this implementation results in accuracy of 93.75%. while training and loss of 19.04% during the same. During validation we see loss of 60.69% and accuracy of 81.88%.

# 4.2 CNN implementation with 32 Neurons with 4 Hidden Layers

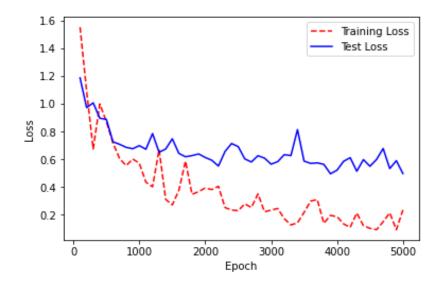


Fig. 6(a) 32 CNN implementation with 32 Neurons with 4 Hidden Layers

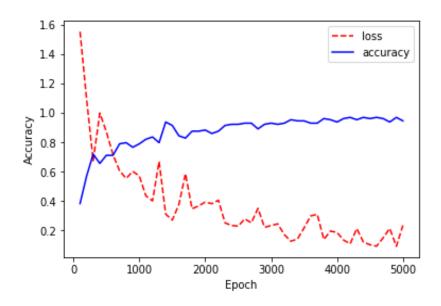


Fig. 6(b) 32 CNN implementation with 32 Neurons with 4 Hidden Layers

On implementation of 4 CNN layers each having 32 neurons this implementation results in accuracy of 94.75%. while training and loss of 23.46% during the same. During validation we see loss of 49.67% and accuracy of 83.85%.

# 4.3 CNN implementation with 64 Neurons with 4 Hidden Layers

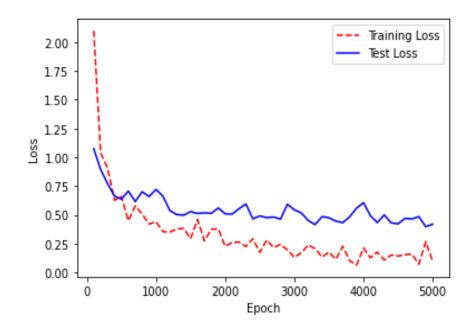


Fig. 7(a) CNN implementation with 64 Neurons with 4 Hidden Layers

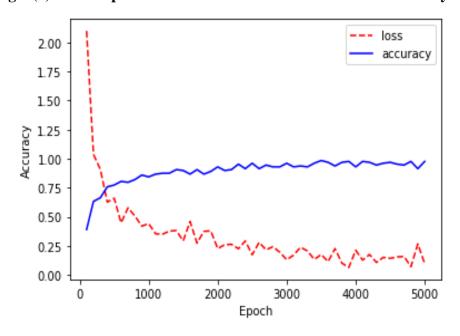


Fig. 7(b) CNN implementation with 64 Neurons with 4 Hidden Layers

On implementation of 4 CNN layers each having 64 neurons, training accuracy is 97.66% and there is loss of 9.62% during the same. During validation we see loss of 41.93% and accuracy of 85.94%.

# 4.4 CNN implementation with 128 Neurons with 4 Hidden Layers

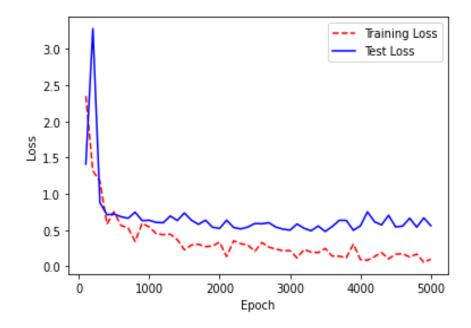


Fig. 8(a) CNN implementation with 128 Neurons with 4 Hidden Layers

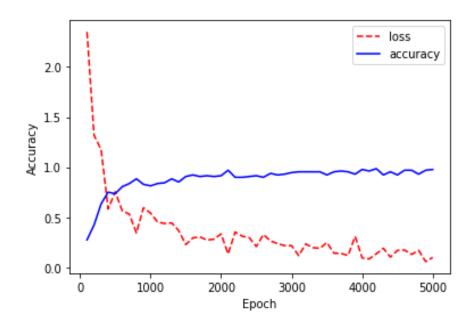


Fig.8(b) CNN implementation with 128 Neurons with 4 Hidden Layers

On implementation of CNN 4 hidden layers each having 64 neurons, training accuracy is 97.66% and there is loss of 9.62% during the same. During validation we see loss of 41.93% and accuracy of 85.94%.

4.5 First hidden layer with 16 neurons, Second hidden layer with 32 neurons, Third hidden layer with 128 neurons and Fourth hidden layer with 256 neurons.

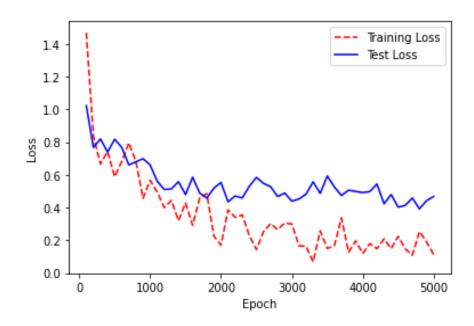


Fig. 9(a) 16 in First, 32 in second, 64 in third and 256 neurons in fourth Hidden Layer

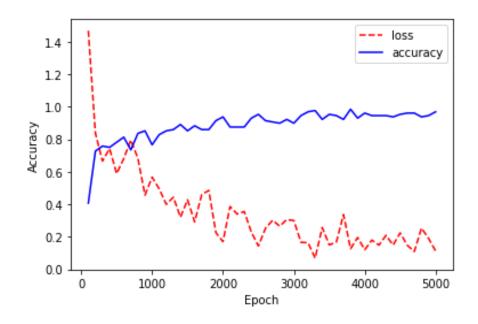


Fig.9(b) 16 in First, 32 in second, 64 in third and 256 neurons in fourth Hidden Layer

We then implemented 5 layers with having 16,32,64,128 and 256 nodes respectively training accuracy is 96.09% and there is loss of 10.90%. During validation we see loss of 45.81% and accuracy of 87.40%.

Layers & Neurons	Training loss	Training accuracy	Val loss	Val accuracy
4 & 16	19.04%	93%	60.69%	81.88%
4 & 32	23.46%	94%	49.67%	83.85%
4 & 64	9.62%	97.66%	40.93%	85.94%
4 & 128	9.62%	97%	41.93%	85.94%

**Table 2. CNN Comparison summary Table** 

# 4.6 ResNet implementation with 20 Layers

In following graph is generated with Resnet is implemented with 20 Layers

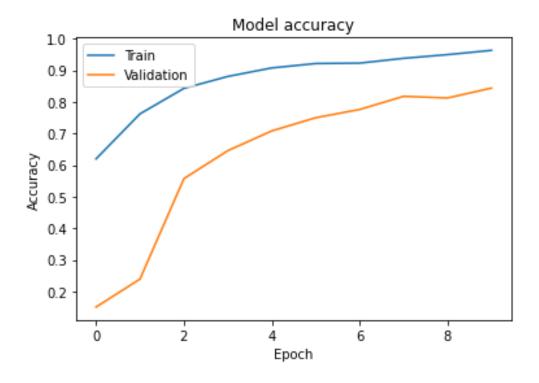


Fig.10(a) ResNet implementation with 20 Layers

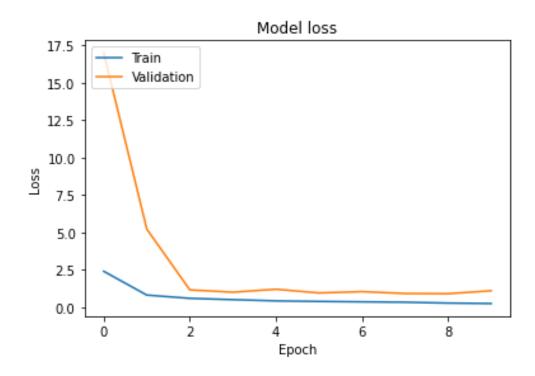


Fig.10(b) ResNet implementation with 20 Layers

The performance metrics (Fig 4(a) & Fig 4(b)) for ResNet with 20 layers show that the model improved significantly from the first epoch to the last. Training accuracy went from 0.62 to 0.96, while the training loss went from 2.40 to 0.25. The validation loss and accuracy both increased, indicating that the model may not be overfit to the training set of data. The model can accurately categories photos in the validation set, as shown by the final validation accuracy of 0.84, which is pretty good.

# 4.7 ResNet 18 implementation

In the following graph is generated with Resnet 18 is implemented.

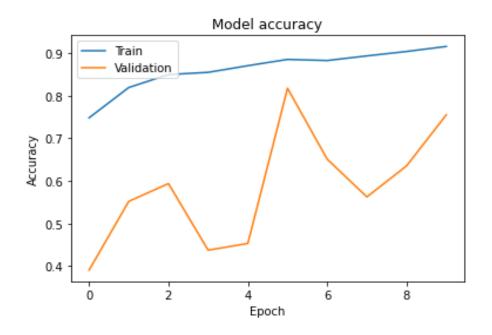


Fig.11(a) ResNet 18 implementation

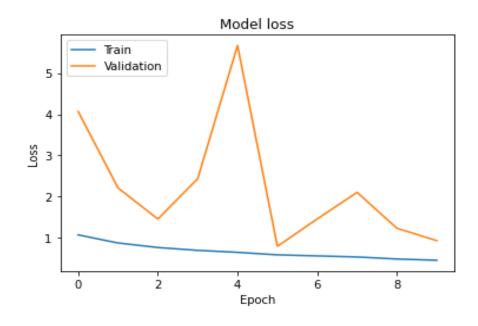


Fig.11(b) ResNet 18 implementation

For resnet18 (Fig 5 (a) & Fig 5(b)), In the first epoch, the loss was 1.0718 and the accuracy was 0.7483 on the training set. The validation loss was 4.0654 and the validation accuracy was 0.3906. This means that the network did not perform very well

on the validation set and was likely overfitting to the training data. In subsequent epochs, the training loss and accuracy improved, which indicates that the network was learning from the data. However, the validation loss and accuracy were more erratic, with some epochs showing improvement and others showing degradation. Overall, the network seems to have performed reasonably well, with a final validation accuracy of 0.7552, which indicates that it was able to generalize to new data. However, there is still room for improvement, as the validation loss was not consistently decreasing throughout the training process.

# 4.8 ResNet 34 implementation

In following graph is generated with Resnet 34 is implemented.

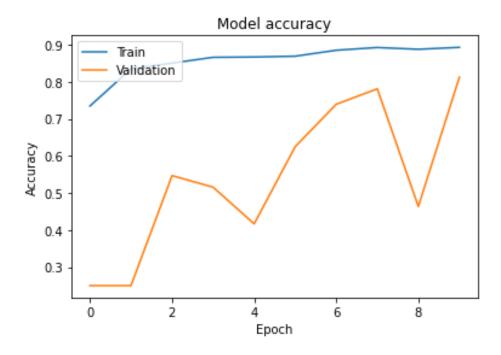


Fig.12(a) ResNet 34 implementation

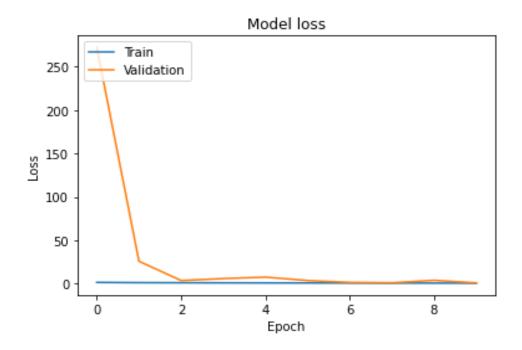


Fig.12(b) ResNet 34 implementation

In implementation of resnet34 (Fig 6(a) & Fig 6(b)), the training and validation loss values drop with time, as can be seen, demonstrating the model's improvement in prediction accuracy. The training and validation accuracy numbers are increasing at the same time, which suggests that the model is improving its ability to correctly identify the input data. It is significant to notice that there are differences between the validation loss and accuracy values and the training loss and accuracy values. We can determine how effectively the model generalizes to fresh, untested data by looking at the validation measures. In this instance, it appears that the model's validation loss and accuracy values change over the course of training, which may be a sign that the model has been overfitted to the training set. Overfitting, when a model becomes very complex and starts to remember training data rather than learning generalizable patterns, is a prevalent problem in deep learning. With a validation accuracy of 81.25% in the most recent epoch, the model appears to perform well overall.

### **CHAPTER 5**

### CONCLUSIONS

#### **5.1 Conclusion**

The work constitutes of CNN and ResNet architecture, which is used for Human Posture Estimation. constitutes Convolutional Neural Network architecture, which is used for Human Posture Estimation, this work uses altering of CNN for the purpose mentioned, which gives accuracy up-to 98%. Finally, we found a great illustration of accuracy using graphs with defined accuracy and losses while adjusting neurons and layers with varying parameters. This work also uses variation of ResNet's models for the purpose mentioned, which gives training accuracy up-to 96.31% and validation accuracy of 86%. ResNet has demonstrated to be a successful method for estimating human posture. ResNet has demonstrated promise in reliably detecting human postures from photos or video data due to its capacity to handle complicated features and interactions between them. By enabling the flow of gradients to skip some network layers, ResNet's skip connections enable the development of significantly deeper architectures, which can result in higher accuracy and reduced error rates. ResNet is a potent tool for estimating human posture, and additional research in this field is anticipated to produce even more promising outcomes. However, difficulties like postural variability and computational resources still exist. Finally, we found a great illustration of accuracy using graphs with defined accuracy and losses while adjusting neurons and layers with varying parameters.

# **5.2 Future Scope**

The future scope for human posture estimation using ResNet:

- 1. Multi-scale ResNet: The use of multi-scale ResNet architectures to capture features at different scales can improve the accuracy of human posture estimation.
- 2. Real-time human posture estimation: Future research could explore ways to optimize the ResNet architecture for real-time inference, such as by reducing the number of layers or using lightweight architectures.

3. Robustness to occlusions and variations: Improving the robustness of ResNetbased models to occlusions and variations is important for human posture estimation in real-world scenarios.

### **CHAPTER 6**

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### **ANNEXURE 1**

The presentation for the research paper entitled "Using Convolutional Neural Network for Human Posture Estimation: A study of the effects of number of layers and number of neurons on accuracy" has been **accepted** in the IEEE International Conference on Disruptive Technologies (ICDT-2023) and the presentation for the same is scheduled on 11<sup>th</sup> May.

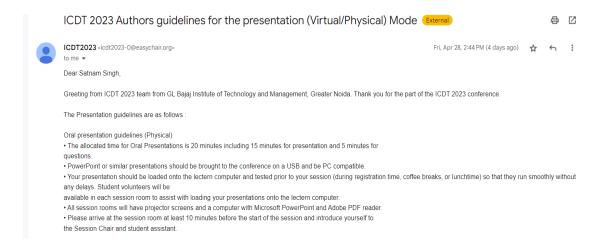
### **Paper Title:**

Using Convolutional Neural Network for Human Posture Estimation: A study of the effects of number of layers and number of neurons on accuracy.

#### Abstract:

Human Posture estimation is a field which gathers huge researchers interest due to its variations in different machine learning (ML) & deep learning (DL) architectures to estimate human postures This work includes tweaking of layers with varying neurons in Convolutional Neural Network Architecture to test which pair of neurons and layers gives the best accuracy, also visualizing each of the pair with help of graphs. The results of this work provide great results with high accuracy.

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# **CODING SNIPPETS**

# **Convolutional Neural Network**

```
In [5]:
    model = tf.keras.models.Sequential([
        tf.keras.layers.Conv2D(128,(3,3),activation ="relu", input_shape =(512,512,3)),
        tf.keras.layers.MaxPool2D(2,2),
        tf.keras.layers.Conv2D(128,(3,3),activation ="relu"),
        tf.keras.layers.MaxPool2D(2,2),
        tf.keras.layers.Conv2D(128,(3,3),activation ="relu"),
        tf.keras.layers.Conv2D(128,(3,3),activation ="relu"),
        # tf.keras.layers.Conv2D(128,(3,3),activation ="relu"),
        # tf.keras.layers.MaxPool2D(2,2),
        # tf.keras.layers.Conv2D(256,(3,3),activation ="relu"),
        # tf.keras.layers.MaxPool2D(2,2),
        tf.keras.layers.Platten(),
        tf.keras.layers.Dense(128, activation = "relu"),
        tf.keras.layers.Dense(4,activation = "relu")]
```

In [6]: model.summary()

Model: "sequential"

Layer (type)	Output Shape	Param #
conv2d (Conv2D)	(None, 510, 510, 128)	3584
max_pooling2d (MaxPooling2D )	(None, 255, 255, 128)	0
conv2d_1 (Conv2D)	(None, 253, 253, 128)	147584
max_pooling2d_1 (MaxPooling 2D)	(None, 126, 126, 128)	0
conv2d_2 (Conv2D)	(None, 124, 124, 128)	147584
max_pooling2d_2 (MaxPooling 2D)	(None, 62, 62, 128)	0
flatten (Flatten)	(None, 492032)	0
dense (Dense)	(None, 128)	62980224
dense_1 (Dense)	(None, 4)	516
Total params: 63,279,492 Trainable params: 63,279,492 Won-trainable params: 0		

```
In [18]: import matplotlib.pyplot as plt
                 # Get training and test Loss histories
                 training_loss = model_fit.history['loss']
                 test_loss = model_fit.history['val_loss']
                 # Create count of the number of epochs
                 epoch_count = range(1, len(training_loss) + 1)
                # Visualize Loss history
plt.plot(epoch_count, training_loss, 'r--')
plt.plot(epoch_count, test_loss, 'b-')
plt.legend(['Training Loss', 'Test Loss'])
plt.xlabel('Epoch')
plt.ylabel('Loss')
                 plt.show();
                2.00
                                                                             --- Training Loss
                1.75
                1.50
                1.25
            § 1.00
                0.75
                0.50
                0.25
                0.00
                                                                   30
                                                          Epoch
In [11]:
                loss = model_fit.history['loss']
accuracy = model_fit.history['accuracy']
                 # Create count of the number of epochs
epoch_count = range(1, len(accuracy) + 1)
                 # Visualize loss history
                 plt.plot(epoch_count, loss, 'r--')
plt.plot(epoch_count, accuracy, 'b-')
plt.legend(['loss', 'accuracy'])
plt.xlabel('Epoch')
plt.ylabel('Accuracy')
plt.ylabel('Accuracy')
                 plt.show();
                2.00
                                                                                 --- loss
                                                                                     accuracy
                1.75
                1.50
            125
100
0.75
                0.75
                0.50
                0.25
```

30 Epoch

0.00

# Residual Neural Network (ResNet)

```
def resnet_v1(input_shape, depth, num_classes=10):
     ""ResNet Version 1 Model builder [a]
    Stacks of 2 x (3 x 3) Conv2D-BN-ReLU
    Last ReLU is after the shortcut connection.
    At the beginning of each stage, the feature map size is halved (downsampled)
    by a convolutional layer with strides=2, while the number of filters is doubled. Within each stage, the layers have the same number filters and the
    same number of filters.
    Features maps sizes:
    stage 0: 32x32, 16
    stage 1: 16x16, 32
    stage 2: 8x8, 64
    The Number of parameters
    if (depth - 2) % 6 != 0:
        raise ValueError('depth should be 6n+2 (eg 20, 32, 44 in [a])')
    # Start model definition.
    num_filters = 16
    num_res_blocks = int((depth - 2) / 6)
    inputs = Input(shape=input_shape)
       = resnet_layer(inputs=inputs)
    # Instantiate the stack of residual units
        # Instantiate the stack of residual units
    for stack in range(3):
        for res_block in range(num_res_blocks):
            strides = 1
            if stack > 0 and res_block == 0: # first layer but not first stack
               strides = 2 # downsample
            y = resnet_layer(inputs=x,
                              num_filters=num_filters,
                              strides=strides)
            y = resnet_layer(inputs=y,
                              num_filters=num_filters,
                              activation=None)
            if stack > 0 and res_block == 0: # first layer but not first stack
                # linear projection residual shortcut connection to match
                # changed dims
                x = resnet_layer(inputs=x,
                                  num_filters=num_filters,
                                  kernel_size=1,
                                  strides=strides.
                                  activation=None
                                  batch_normalization=False)
            x = keras.layers.add([x, y])
            x = Activation('relu')(x)
        num filters *= 2
    # Add classifier on top.
    # v1 does not use BN after last shortcut connection-ReLU
    x = AveragePooling2D(pool_size=(8,8))(x)
    y = Flatten()(x)
    outputs = Dense(num_classes,
activation='softmax',
                    kernel_initializer='he_normal')(y)
    # Instantiate model.
    model = Model(inputs=inputs, outputs=outputs)
    return model
# Instantiate the ResNet model
model = resnet_v1(input_shape=(512, 512, 1), depth=20, num_classes=4)
# Compile the model
model.compile(loss='categorical_crossentropy',
              optimizer='adam',
              metrics=['accuracy'])
# Fit the model using the generator
history = model.fit_generator(train_generator,
                               validation_data=validation_generator,
                               steps_per_epoch=train_generator.samples // 32,
                               validation_steps=validation_generator.samples // 32,
                               epochs=10)
```

```
In [6]: import matplotlib.pyplot as plt

# Plot training & validation accuracy values
plt.plot(history.history['accuracy'])
plt.plot(history.history['val_accuracy'])
plt.title('Model accuracy')
plt.ylabel('Accuracy')
plt.xlabel('Epoch')
plt.legend(['Train', 'Validation'], loc='upper left')
plt.show()

# Plot training & validation loss values
plt.plot(history.history['loss'])
plt.plot(history.history['val_loss'])
plt.vlabel('Hodel loss')
plt.ylabel('Loss')
plt.xlabel('Epoch')
plt.legend(['Train', 'Validation'], loc='upper left')
plt.show()
```

