

Calendar @ Google [color coding]
 - gym
 - walks Feb 02, 23
 Personal: meditation
 (self) - coffee - food
 - routine - ready
 - calls - sleep
 Self (productive) - youtube/ research
 - organization
 - book - thoughts
 - friends projects CFA / DA
 Chores (self): appointments
 - Costco / Ralphs
 - laundry / groceries
 - dishes / cooking
 - Netflix
 Friends: Council
 - Council, Thoughts
 - travelling / drive
 - trips / fun / leisure
 (hangout / help)

Office: SNOW / job
 clients / mathshri
 projects / unclapp
 Udaipur
 Birrenia
 Naresh sir.
 (blue x3)
 green (x2)
 yellow (x1)
 red (x4)
 purple (x1)
 grey (x1)

Pre-Setups @ new job / new project
 • log file / personal (G-drive)
 • excel file: Scope
 • make (new) regiments
 - req. text file (lib)
 - open (jupyter notebook)
 • selenium (2 -> upto date)
 { OverTime } (chore)
 { default } (setup projects)
 - make new
 - create 'req. + test'
 - open - jupyter / cmd / bat
 Projects: P1, P2, P3
 execute (default setup)
 etc...

Assembling a Knowledge + Resources
 (04/02/2023)
 Damage + Value
 (Context) (Production)
 -> Society / family theory
 Economics / Behavioural Finance
 Economics / Psychology
 Risk Processing / Thoughts
 Neural Nets / Neurology
 Finance / Rationality
 Understanding -> process / flow
 someone / process
 x (Context)
 collect all info available
 VML
 - within a script
 - across scripts

explore
 observe -> (Process a Knowledge)
 identify -> Resources
 propose -> ask
 plan / design / maintain
 Assemble (time)
 (Damage Control)
 ability (natural interest)
 (things I excel at)
 (practice + experience) x (effort + hardwork)

(music) (affinity) replicate music
 # (natural species) (nature) (animals)
 (plants) (compared) (interaction)
 (cooking) (farming) (medicine)
 (survival) (skills)
 # (movements) (control) (end. muscles)
 (nervous)
 faster accuracy
 # (interpersonal ability) (society) (body lang.) (conversations)

(Intrapersonal ability) (self improvement)
 (motivational)
 # (Logic) (reasoning) (truth) (reason) (feel)
 # (Linguistic) (language) (context) (feeling) (articulate)
 # (Digital) (social media) (marketing)

(visual) (color) (images / vision)
 fashion graphic illustration
 # (Teaching) (simplification) (articulate) (consulting)
 # (Spiritual) (think bigger) (quest) (philosophers)

Value * Solve problems (required) + Convenience (extra)
 -> Anand Kumar reached out asking if I could help related terms (TDE) in solving their problem.
 -> Naresh Sir reached out asking for help with powerbot so he could structure out his work.
 -> Both of these people reached out because they were aware of my skills after a long time. They knew. (he can solve our problems)
 (Others) -> (Target)
 (Self Satya) -> (needs) (help) (outreach) (case problem)

-> Kenia's wife Pami reached out to solve 'Quick Book' issue cause she knew. In the end, she solved it.
 ? Give people @ Convenience a taste of how it feels like
 (self try + experience)
 (rapid assembly) @ chatGPT
 (make them feel special)
 How to make them feel smart? -> its your solution
 # (used to make my own systems) (my credit?) (Self)

Create "Systems"
 • Time (when to do what?)
 • effort (what to focus on?)
 • Attention (how to extract most?)
 • Resources / assets
 • (\$)
 • people / networks (not the goal, destiny)
 (Systems) x (Process) = journey
 • note taking (symbols, colors...)
 • Knowledge (C - collect, O - organize, D - distill, E - express)
 { meals / food / fuel }
 { Health / gym / energy }
 { Mood / mind - power }

Managing "Time I stay Interested"
 ask -> Interesting? (new?)
 Project
 learn / experience (expectation to deliver?)
 correct practice (at time taken)
 "delivery" time
 -> DELIVER
 (saying 20m) (short)
 (taking 50m) (quick)
 (25%) (long)
 factor (2-5) (lose interest)
 quit feeling (max time)
 tedious

(keep changing topics/projects) -> (so I can still be impulsive)
 Systems -> (flexible) -> time bound
 (prevention) @ proactive (past) x habits x routines
 (During) - on-spot (Present)
 (Future) (planning)
 • account for something
 • decision trees
 • simulation
 • scenarios
 Impulses @ (new)
 DO NOT COMMIT (irritant due diligence)

* (know when) to leave...
 @ communication - dip...
 @ body language - quit...
 • stop...
 • say No...
 * (know when) I am @ self awareness saturated...
 @ energy levels - topic
 @ time spent - research
 @ attentional bandwidth
 (# System)
 • Prevention -> Health
 (available) (insurance) (routine check-ups)
 (benefits)

Value
 People care about:
 • themselves / reputation
 • their money
 • their time
 • their "loved ones"

System: Car
 • Thermal / warm clothes
 - socks
 - gloves
 - caps
 - scarfs
 - blankets
 • Water
 • Food
 • Portable air / fan
 • battery @ wall socket
 • powerbanks / cables
 • chairs

System: Var Nomenclature (5th Feb, 2023)
 * Github x Scraper
 -> collect code @ text tokens
 Bad (=0) comments
 [(=1) Good]
 -> classify authors @ good style bad style
 Pass in domain specific information
 Ask summary / system @ naming Vars (nomenclature)

System: Inventory (@buying stuff)
 -> label (duplicate / similar items)
 eg -> monitors x label date of purchase @ Costco
 (return is easier)
 receipts -> @ click a photo
 -> @ phone (online accounts)
 Costco Target Ralphs

Buying -> cash
 -> card
 -> identify (transaction) shop
 -> no online receipt
 -> scraper at each shop
 Got Bank Statements -> all unique shops
 (N/A) -> receipt unavailable online

@ Buying - cash
 - gift cards
 @ Buying card - (x) (y) (z) which card
 * (cash) (gift card) (cards card) (banking) (debit / credit)
 (physical receipt) (online receipt)
 # match (transaction) x Google timeline (related photos / receipts)
 (date / details / location)

System: Flights
 • created accounts -> individual airlines (ai)
 -> airlines association (aa)
 -> [(+) x (ai); * (aa)]
 (airlines) x (switch association) (over time) (t)
 @ ask chachin
 • airline points
 • association points
 • points to be used (where)
 • current balance / exp date
 • travel credits
 (Husband + Wife) -> help can look on behalf

• online accounts
 • booking flights
 -> @ deals (links)
 -> @ deals (points) (cash)
 -> @ cash money (\$)
 • hotels
 • return / round trip

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