ARRAYS	Insert Run-Time	Append Run-Time
Tiny	14.166ms	32.625ms
Small	20.917ms	37.709ms
Medium	189.459ms	110.084ms
Large	7.042375ms	408.625ms
X-Large	771.565625ms	2.123042ms

The Tiny and Small scale the best. Their insert paired with their append seem to function faster than the rest of the arrays, maybe since they're smaller arrays?