LOBSANG TENZIN

30-34 84st East Elmhurst 11370 646 657 6085 (cell)/ Loungten89@gmail.com

**Objective**

To obtain a full time position as a physical education teacher

**Education City University of New York Queens College!!** Sept. 2009- Dec. 2014

• Bachelor of Arts in Exercise Science (Physical Education) • Minor in Education (Grades 7-12) • NYS AHPERD member (New York State Association for Health, Physical Education, Recreation and Dance) 2012-2013

**Physical Education teacher at La Scuola D’ Italia Guglliemo Marconi** September 1st – June30 2016

**Student Teaching Benjamin Cordozo High School,** Queens, NYSeptember 2014- November 2014

• Taught a full marking period, grades 9-12 • Responsible for creating and implementing original lessons for tennis class, football class, handball and weight training classes, grades 9-12

**P.S. 91 Elementary School,** Queens, NY

• Taught a full marking period, grades K-5 • Responsible for creating and implementing lessons to help students master locomotor skills, object manipulation skills, and visual tracking skills

**Relevant Work Experience YMCA**, Astoria, NY June 2008 - Present

**Lieutenant/ Lifeguard/ Supervisor**

• Monitor that pool rules are being followed by the lifeguards and the member, ensuring the safety of every pool user

**Swim Teacher**

• Teach a variety of classes such as Mommy and Me*,* Stroke Clinic, and Adult Advance Class

**Relevant Volunteer Work Packer Institute**, City, NY!! November 2013 - February 2013

• Assistant Swim Coach • Taught team members all four strokes (butterfly, breast, back, and freestyle) and worked one- on-one with swimmers who

needed more help with their strokes as well as defining swim strokes with more advanced swimmers

**Queens College,** Queens, NY

• Swim Instructor

• Taught Beginner and Advanced swimming classes offered by the college

• Taught Lifeguard certification classes offered by the college • Teachers Assistant

September 2010 - January 2012

May 2012 - July 2012

• Soccer and Tennis classes • Responsible for readying equipment, warming up the students, and demonstrate all the skills (e.g. backhand in

tennis or dribbling a soccer ball)

**Certifications**

• New York state certified Physical education teacher. License # 1193948171

American Red Cross Lifeguard", Certified in First Aid, CPR, AED • Certified Water Safety Instructor • Certified Lifeguard Instructor and CPR Instructor"

**Languages** Fluent in English, Hindi, Nepali, Tibetan / Conversational Spanish