Server Program:

```python
import socket

HOST = 'localhost'  # Server IP address
PORT = 12345  # Server port number

def receive_file():
    with socket.socket(socket.AF_INET, socket.SOCK_STREAM) as server_socket:
        server_socket.bind((HOST, PORT))
        server_socket.listen(1)
        print('Waiting for connection...')
        client_socket, addr = server_socket.accept()
        print('Connected to:', addr)

        with open('received_file', 'wb') as file:
            while True:
                data = client_socket.recv(1024)
                if not data:
                    break
                file.write(data)

        print('File received successfully.')

receive_file()
```

Client Program:

```python
import socket

HOST = 'localhost'  # Server IP address
PORT = 12345  # Server port number
FILE_PATH = 'file_to_send.txt'  # Path of the file to be sent

def send_file():
    with socket.socket(socket.AF_INET, socket.SOCK_STREAM) as client_socket:
        client_socket.connect((HOST, PORT))

        with open(FILE_PATH, 'rb') as file:
            for data in file:
                client_socket.sendall(data)

        print('File sent successfully.')

send_file()
```