

## Sports

People all over the world are very fond of sports and games. The most popular outdoor winter sports are shooting, hunting, hockey and, in the countries where the weather is frosty and there is much snow-skating, skiing and tobogganing. Some people greatly enjoy figure-skating and ski-jumping.

In summer people have excellent opportunities for swimming, boating, cycling and many other sports. Among outdoor games football takes the first place; this game is played in all the countries of the world. The other games that are very popular in different countries are golf, volleyball, basketball, tennis, cricket and so on.

All the year round many people go in for boxing, gymnastics and track and field events. Thousands of young girls and women go in for calisthenics. Sport is very popular in our country.

Physical training and sports have become an essential part of most people's life. Sport doesn't only help people to become strong and healthy. It also helps them in their daily work. There are many stadiums, swimming-pools, gym-halls, sports grounds in our country.

Among indoor games the most popular are billiards, table tennis, draughts and some others, but the great international game is chess, of course. The results of chess tournaments are studied and discussed by thousands of people in different countries.

Every year sportsmen set new records in gymnastics, weight lifting, skiing, ski-jumping, skating, rowing, swimming and so on.