# **Numerical Relativity Cheat Sheet**

# Equations I should remember, but I don't

## Gabriele Bozzola

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1	Conventions	
W	We denote the metric as $g_{\alpha\beta}$ .	
2	ADM Decomposition	
$\mathrm{T}$	he line element $ds^2$ is	
	$ds^{2} = g_{\alpha\beta} dx^{\alpha} dx^{\beta} = -\alpha^{2} dt^{2} + \gamma_{ij} (dx^{i} + \beta^{i} dt)(dx^{j} + \beta^{j} dt)$	(1)
	$\gamma^{a\beta} = g^{\alpha\beta} + n^{\alpha}n^{\beta}$	(2)
	$n^{\alpha} = \frac{1}{\alpha}(1, -\beta^i)$	(3)
	$n_{\alpha} = (-\alpha, 0, 0, 0)$	(4)
2.	1 Constraints	
<b>.</b> .		

Momentum constraint

$$S_i = -\gamma_{i\alpha} n_{\beta} T^{\alpha\beta} \,. \tag{5}$$

## 3 Matter and Equations of State

Let  $\rho_0$  be the rest-mass density, and  $\epsilon$  the specific internal energy density, the total mass-energy  $\rho$  measured by an observer comoving with the fluid is

$$\rho = \rho_0(1+\epsilon) = \rho_0 + \rho_0\epsilon = \rho_0 + \varepsilon_{\text{int}}, \qquad (6)$$

with  $\varepsilon_{\rm int}$  internal energy density.

The enthalpy is  $h = (1 + \epsilon + P/\rho_0)$ , or  $\rho_0 h = \rho + P$ .

The Gamma-law equation of state is  $P = (\Gamma - 1)\rho_0\epsilon$ , or  $P = (\Gamma - 1)\varepsilon_{\text{int}}$ .

#### 3.1 Velocity definitions

Let  $u^{\alpha}$  be the four-velocity of the fluid.

$$W = -n_{\alpha}u^{\alpha} \tag{7}$$

$$u^t = \frac{W}{\alpha} \,. \tag{8}$$

Stress-energy tensor of a perfect fluid

$$T^{\alpha\beta} = \rho_0 h u^{\alpha} u^{\beta} + P g^{\alpha\beta}, \tag{9}$$

#### 4 Useful identities

$$\sqrt{-g} = \alpha \sqrt{\gamma} \tag{10}$$