

Macsteel

Toolbox

February 2024

The only falls allowed this Valentine's Month, **IS FALLING IN LOVE.**

Slips, trips and falls are among the most common hazards in the workplace. They put employees at risk of sprains, strains, cuts, bruises, fractures and other injuries.



How to prevent Slips, Trips and Falls

Good Housekeeping

- Keep the work area clean. Keep clutter away from the floor to prevent injuries
- Close cupboards, drawers and other storage items when not in use
- Keep boxes and clutter away from the walkways
- Store cables, extension cords and wires in protective covers

Adequate lighting

- Make sure there is enough lighting on walkways, stairs, ramps and exits.
- Report malfunctioning lights to the appropriate personnel
- Clean up spills as soon as you see them
- Sweep up clutter and debris regularly

Stair Safety

When climbing stairs, ensure to follow the 3 point contact rule.
Walk slowly – do not run

- Look where you are going
- Take one (1) step at a time
- Use the handrails

Stay Focused

- Always pay attention to where you are walking – be aware of your surroundings at all times
- When loading or offloading vehicles, assess the area - be alert, don't lose concentration and plan your next move carefully
- Pay attention when moving from one level to another
- Wear non-slip or waterproof footwear in slip-prone areas

We love seeing you safe.

The best gift you can give your loved ones this Valentine's Month,

IS YOU!



**Making the RIGHT choice.
Deliberately**

Why is SAFETY so important?
Your family, friends and company depend on you.