Assessment vs. Testing Phases in the Experimental Intervention Resumption Lag (Assessment Phase) Resumption Lag (Testing Phase) 8.0 Resumption Lag Significance: t(119) = 5.17, p < 0.001Time Savings: 7.79 Seconds 7.0 6.5

Average Resumption Lag Times (Seconds)

8 Lag Times within Each Phase (Averages)