Repaso de Metropolis para Ising

El algoritmo básico:

```
for (i=0; i< N; i++)
ii = rand()\%L;
ii = rand()\%L;
s = *(red+L*ii+ji);
s1 = *(red+L*((ii-1)+L)%L)+ii); s2 = ...;
h = 2*[(-s-s)+2]+2+(-s-s)*(s1+s2+s3+s4)/4;
w = *(tabla+h);
p = myrand();
if (p < w) *(red + L*ii + jj) = -s;
```