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**UNIVERSITÄT  
BERN**

**ARTORG CENTER**  
**BIOMEDICAL ENGINEERING RESEARCH**

**AI in Health and Nutrition**

## **Data Driven Diabetes Management**

### **Course Project 3: Blood glucose prediction with deep learning**

<b>Title</b>	<b>Blood glucose prediction with deep learning</b>
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## 1. Scope of the Project

Time series forecasting for blood glucose (BG) values provides valuable information for improving the insulin management for individuals suffering from type 1 diabetes (T1D). However, due to the complex human organism, accurate prediction of future glucose is a challenging task. To address those challenges, we make benefit of recent advances in deep learning (RNN, Transformer etc), especially from the field of time series forecasting. For the time step  $i$ , the network will take as input the  $k$  past BG values and is used to predict the future BG at time step  $i+n$ , where  $n$  is the prediction horizon (PH).

## 2. Data

You will be working with recorded data from 12 different individuals with T1D. The data was released in the OhioT1DM [1] dataset. You will have access to information such as continuous glucose monitoring (CGM), Blood glucose values obtained through self-monitoring by the patient (finger stick), basal insulin rate, bolus injection, the self-reported time and type of a meal, plus the patient's carbohydrate estimate for the meal and more. The measurements are provided at intervals of minutes.

## 3. Experiment

You will develop deep learning models on your choice for the BG prediction similar to [2]. You can try different models, optimize and compare the results for different prediction horizon

## 1. Report

We encourage you to include the following sections in your report:

- Introduction: This section should include a brief presentation of the project's aims, objectives, and its clinical importance. You should briefly explain your basic approach and your main conclusions. If needed add a figure.
- Related work: This section should highlight previous work related to your problem and should put your work in a broader context.
- Methods: Here you describe the method/s you implemented in detail.
- Data and Experiment setup: Data description, preprocessing. Add a table with characteristics of the data, or an example of the data available for a specific individual, before and after any pre-processing. Describe your benchmarks.
- Results: Present the results of your analyses (use graphs and/or tables). Comment on these results: are they statistically significant? Are there interesting trends?
- Discussion: Highlight how your results relate to your original question formulation. Do they support your hypothesis? Discuss limitations with your analyses and how they might motivate future research directions.

## References

- [1] Zhu, Taiyu, et al. "Edge-Based Temporal Fusion Transformer for Multi-Horizon Blood Glucose Prediction." *2023 IEEE International Symposium on Circuits and Systems (ISCAS)*. IEEE, 2023.
- [2] <http://smarthealth.cs.ohio.edu/bgip/OhioT1DM-dataset-paper.pdf>